

INDIAN HIMALAYA MOUNTAIN NAME TABLE

Introduction

“Indian Himalaya Mountain Name List” is a list of mountains which are higher than 5,000m and are extracted from the maps and materials following this introduction. Approx. 2500 peaks are listed and categorized in several mountain areas. Although it is not a complete list, it covers the entire region of the Indian Himalaya.

Regarding the 624 peaks marked with ○ and described in this book, such information as text page, color-photo page(G), black & white photo page(P), latitude/longitude, altitude, reference books and maps(numbered as per below), the year of the first ascent, summiteer’s nationality (organizations are written in abbreviated names) is added.

The climbing history of each peak can be referred to using “Indian Himalaya Climbing Chronology”(1600-2019/approx.4,500 teams) separately appended to this book.

“Indian Himalaya Climbing Chronology” lists such information as the year and month of ascents, mountain region, peak name, altitude, summiteers’ names, organization, team name, leader’s name, result of their expedition and references.

If you wish to use any part of this list in any form, please inform us in writing and acknowledge written sources. Please inform us of any mistakes or supplementary information you may have, if there are any.

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[References]

- 1=Mountaineering Map of the World No.1 Great Himalaya and No.2 Karakoram & Hindu Kush、「世界山岳地図集成〈ヒマラヤ編〉」、「世界山岳地図集成〈カラコルム・ヒンズークシュ編〉」学習研究社・東京・1987年、in Japanese
- 2=GSGS 1/1,000,000
- 3=AMS 1/250,000
- 4=The Time of Atlas of the World 1/4,000,000, New York, 1975
- 5=RAS 1/500,000
- 6=Britannica Atlas Index
- 7=Bartholomew Map 1/5,000,00 (India, Sri Lank and Pakistan)
- 8=World Map 1/2,000,000
- 9= ONC
- 10= Leomann Maps 1/200,000
- 11= Editions Olizane (Ladakh & Zaskar), 1/150,000
- 12= World Air Chart 1/1,000,000
- 13= SSAF Garhwal Map
- 14= M GSGS 4727 Air Chart 1/500,000
- 15= Geographical Dictionary, Hirokawa Publishing Co.・東京 , in Japanese
- 16= Maps of “IWA TO YUKI(Rock and Snow)(岩と雪)“, No. 37- 39、附録地図 , 山と溪谷社・東京 , in Japanese
- 17= HJ. 1937, p.4, Sout of Dara Map
- 18= IMF Expedition List, 1993-2015
- 19= Peaks and Passes of Garhwal Himalaya, Ja.Babicze, Poland, 1990
- 20=Himalayan Hand Book(ヒマラヤ・ハンドブック), 朝日新聞社・東京 , in Japanese
- 21=Concise World Mountain Name Dictionary(コンサイス外国山名辞典)、三省堂・東京・1984年、in Japanese
- 22=Himalaya Famous Mountain Encyclopedia(ヒマラヤ名峰事典)、平凡社、東京、1996年、
- 23= Great Peak, challenge record of 6000m peaks (神々の座、6000m 峰挑戦の記録) 日本ヒマラヤ協会・2004年、in Japanese
- 24= Great Peak, challenge record of 7000m peaks(神々の座、7000m 峰挑戦の記録)、日本ヒマラヤ協会・2004年、in Japanese
- 25= information provided by Mr. Inada(Inada List)
- 26= information provided by Mr. Sakamoto(Saka List)
- 27= information provided by Mr. Toyoshima(Toyo List)

28=information provided by Ms. Terasawa(Tera List)

29=Geographical Research, Vol.3, Exploration in the Eastern Himalaya and the River Gorge, Country of Southeastern Tibet, F.K.Word

30=Himalayan Handbook, Sircar, Calcutta(Kolkata), 1979

31=Handbook of Climbing in the Himalaya and Eastern Karakoram, Kankan Kumar Ray, New Delhi, 2009

32=A brief summary of notable expeditions in the past covered by Rimo Expeditions across the Himalaya.

(http://rimoexpeditions.com/images_home_slider/50-01Notable%20Explorations.pdf#search=%27Pan-gong+range+Expedition%27)

Note:

(1) Mountain names are listed without Col, La, Pass, Range. Unnamed peaks are shown as P.****.

(2) Latitude and longitude are shown with +-5' error attributable to referred maps. They are quoted from "World Mountain Name Dictionary" and written in degrees and minutes only(Deg. Min.)

(3) Altitude above sea level is shown in meters. If any different altitudes are quoted in other sources, they follow in a secondary set of parentheses.

(4) The letter "c" means presumed altitude with +-300m errors.

INDIAN HIMALAYA PEAK LIST

(Above 5000m peaks)

Area	Sub Area	Total No	○	△
① E.Karakoram	Siachen(SIA), Rimo & Mamostong (R&M), Saser(-SAS), Chanchemo(CC), Rongdo(RD)	364	64	19
② J ammu & Kashmir	Ladakh(LA), Rupshu (RP), Kishtwar (KI-E, KI-W), Kashmir (KA) , Pangong Range (PR) , Zaskar(-ZA)	798	115	25
③ Himachal	Chamba(CA), Lahaul (LE,LC,LW), Spiti (SP), Kinnaur (KN)	733	169	144
④ Garhwal	Eastern 1(E1)(E2), Central(C), Westen 1(W1), Western 2(W2)	435	156	17
⑤ Sikkim/Assam/ Arnachal	Sikkim, Assam, Arnachal	179	54	42
Total		2506	454	389

Note 1:(Peaks and Passes of Indian Himalaya)

Above 4000m=4141

4000-4999m=1245

5000-5999m=1383

6000-6999m=1391

7000-7999m=118

Above 8000m=4 (Main peaks in Sikkim)

Note 2:

(1) Mountain names are included except Col, La, Pass, Range. Nameless peak is shown as P.****.

(2) Latitude and Longitude are shown about +-5' error due to maps.

Picked up from The World Mountain Name Dictionary record, degrees and minutes only (Deg. Min.)

(3) Altitude from sea level is shown in meter, Depend on different heights by others source are shown in second ALT column.

(4) The letter "c" means presume height about +-300m errors.

○ Peak explained

△ Peak name only

Eastern Karakoram

Siachen

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M=三省堂, HH=Him. Handbook, First Ascent)
Apsarasas-I	○	352800	771000	7245		SIA	IMF, HH222,(HFME) ヒマ名 ,p436, (1976 Osaka Univ.Japan)
Apsarasas-II	○	352800	771100	7239	7200	SIA	IMF Unclimbed
Apsarasas-III	○	352600	771300	7236	7200	SIA	IMF Unclimbed
Apsarasas-IV	○	352600	771100	7227		SIA	
Apsarasas-V (西峰)	○	352600	771100	7187		SIA	
Apsarasas-VI (東峰)	○	352600	771100	7184		SIA	
Apsarasas (北峰)	○	352600	771100	7117		SIA	
Baltoro Kangri	△	353800	763000	7312	7274	PAK	
Bhujan (TeramSherPlateau)		352400	771200	6560		SIA	(1998 Indian H.Kapadia)
Chimamur		344500	772200	5738		SIA	
Chorten, (SE 14km of Rimo-I)		351500	772800	6075		SIA	Leom K-4
D-52, (Saltoro Range, Chulung Mts.)		350000	770800	6826		SIA	1 M327
Depak		353100	764900	7150		SIA	
Fabian's Peak		333300	761200	5850		SIA	
Gasherbrum		354300	764400	8068	8080	PAK	
Ghent(Ghaint)-I (M)	○	353100	764800	7401		SIA/PAK	IMF
Ghent(Ghaint)-II (NE)	○	353100	764800	7343		SIA/PAK	IMF
Ghent(Ghaint)-III	○	353100	764900	c7000	7100	SIA/PAK	
Hawk (Head of Ghent Gl.)		353200	765000	6754		SIA	
High Pyramid, (S of Teram Sher Gl.)		332700	771100	6990		SIA	Leom K-4
Janction Peak, (S of Teram Sher Gl.)		352800	770800	6352		SIA	Leom K-4
K-12	○	351800	770000	7469		SIA/PAK	M164,HH224, (1974 Kyoto(AACK)Japan)
K-25 (Peak-I)		345400	770800	6532		SIA	M164
Khormulung, (SE of Siachen Gl.)		344000	771000	5587		SIA	
Kyagar-I		353400	770800	6635		SIA	M129
Kyagar-II		353400	770800	6504		SIA	M129
Kyagar-III		353400	770800	6453		SIA	M129
Kyagar-IV		353400	770800	6261		SIA	M129
Laharimo,(ESE 4km of Rimo-I)		351900	772800	6070		SIA	Leom K-4
Lakshimi, (S of Teram Sher Gl.)		332900	771100	6983		SIA	Leom K-4
P5016		343240	752610	5016		SIA	1
P5023		350600	771200	5023		SIA	1
P5061		342905	753915	5061		SIA	1
P5130		302450	775310	5130		SIA	1
P5133		343055	753153	5133		SIA	1
P5145		352010	774428	5145		SIA	1
P5300		343210	752100	5300		SIA	1
P5314		352010	773125	5314		SIA	1
P5352		343132	754130	5352		SIA	1
P5367		343040	753510	5367		SIA	1
P5379		352752	773003	5379		SIA	1
P5388		353000	773045	5388		SIA	1
P5584		345905	771615	5584		SIA	1
P5598		350300	771640	5598		SIA	1
P5632		352145	774415	5632		SIA	1
P5671		302920	774910	5671		SIA	1

P5705		350028	771700	5705		SIA	1
P5716		352508	775125	5716		SIA	1
P5743		352751	774850	5743		SIA	1
P5805		352628	774910	5805		SIA	1
P5806		352530	774800	5806		SIA	1
P5812		352425	774830	5812		SIA	1
P5812		352015	773959	5812		SIA	1
P5825		352010	774058	5825		SIA	1
P5880		352430	774115	5880		SIA	1
P5949		352755	773415	5949		SIA	1
P5983		353328	773855	5983		SIA	1
P5989		352110	773903	5989		SIA	1
P5989		352500	774251	5989		SIA	1
P5996		352728	773158	5996		SIA	1
P6004		352855	774525	6004		SIA	1
P6020		352930	773956	6020		SIA	1
P6025		352650	773510	6025		SIA	1
P6025,(E of Mamostong Kangri)		353900	764500	6025		SIA	IMF
P6029		353045	774315	6029		SIA	1
P6040		352152	773716	6040		SIA	1
P6059		352531	774100	6059		SIA	1
P6068		353128	774710	6068		SIA	1
P6072		353228	773925	6072		SIA	1
P6073		352702	774410	6073		SIA	1
P6081		352645	774458	6081		SIA	1
P6084		352728	773610	6084		SIA	1
P6093		352345	773728	6093		SIA	1
P6114		345555	771505	6114		SIA	1
P6138		352210	773055	6138		SIA	1
P6161 (Peak 44)		344755	772255	6161		SIA	M428
P6166		352828	773850	6166		SIA	1
P6170		352852	774328	6170		SIA	1
P6233		353215	773215	6233		SIA	1
P6251		352728	773930	6251		SIA	1
P6252		353200	773108	6252		SIA	1
P6280		344645	772300	6280		SIA	1
P6315		344815	772430	6315		SIA	1
P6370		353015	773445	6370		SIA	1
P6374		352828	773000	6374		SIA	1
P6503 (Peak 43)		345436	771650	6503		SIA	M428
P6651 (Peak 188)(Rimo Group)		350700	773800	6651		SIA	M429 (1914 Italia)
P7130, (Apsarasas Group)		353100	770800	7130		SIA	Unclimbed
P7140, (Apsarasas Group)		353100	770800	7140		SIA	Unclimbed
P7160, E of K-12		351800	770300	7160		SIA	(1996 Yamagata Univ. Japan)
P7195, (Teram Kangri Group)		353300	770000	7195		SIA	Unclimbed
P7260, (Teram Kangri Group)		353300	770000	7260		SIA	Unclimbed
P7280, (W of Kondus)		353200	764800	7280		SIA	IMF Unclimbed
P7282,(S of K-12, Gyong Gl.)		351700	770000	7282		SIA	(1984 India)
P7410, (Teram Kangri Group)		353300	770000	7410		SIA	IMF Unclimbed
P7410, (Teram Kangri Group)		35 33 - 35 38	77 00 - 77 08	7410		SIA	IMF Unclimbed
P7785,(S of K-12, Gyong Gl.)		351700	770000	7785		SIA	(1984 India)
Padmanabh	○	352700	770900	7030		SIA	HH226, (2002 In-do-Japan(JAC))
Safina, S 6km of Rimo-I		351800	772000	5975		SIA	Leoman Map K-4
Sajum		332000	790000	6101		SIA	3 M208

Saltoro Kangri- II	○	35 2300	765100	7742		SIA/PAK	HH228, (1962 Paki- stan-Japan(AACK))
Saltoro Kangri- II,, (North 1km of Saltoro Kangri)	○	35 2400	765100	7705		SIA/PAK	IMF Unclimbed
Shelma Peak, SW of Siachen Gl.		350200	761400	6340		SIA	
Sherpi Kangri-I	○	352800	764700	7380		SIA/PAK	1976 Japan(Kobe Univ)
Sherpi Kangri-II	○	352900	764800	7303		SIA/PAK	
Shinghi Kangri-I	○	353200	765900	7202	7062	SIA/PAK	Himalaya Famous Mountain Encyclopedia(HFME)(ヒマ ラヤ名峰事典), p.433, (1976 Tohoku Univ.Japan)
Shinghi Kangri-II	○	353200	765900	6815		SIA/PAK	Unclimbed, Himalaya Dictionary. Asahi News Paper(HAD)(朝日ヒマラヤ)
Sia Kangri-I	○	353900	764500	7422		SIA	HH232, ヒマ名 p384, IMF, (1934 Deren Inter), Himalaya Dic. Asahi News Paper(朝日ヒマラヤ)
Sia Kangri-Central	○	353800	764700	7273		SIA	:
Sia Kangri-East	○	353800	764700	7325		SIA	(1934 Deren Inter).(HAD) 朝日ヒマラヤ
Sia Kangri -II	○	353800	764700	7093		SIA	Unclimbed
Sia Kangri-North	○	353800	764700	7422		SIA	(1934 Deren Inter).(HAD) 朝日ヒマラヤ
Sia Kangri-West	○	353800	764700	7315		SIA	(1934 Deren Inter).(HAD) 朝日ヒマラヤ
Siachen No.26		353300	770800	6867		SIA	M223
Siachen No.31		352700	771000	6783		SIA	M223
Siachen No.32		352700	770700	6663		SIA	M223
Siachen No.33		352400	771100	6578		SIA	M223
Siachen Tower		352500	771000	c6000		SIA	
Silver Throne		353400	764800	6900		SIA/PAK	
Soundbrar, (S 6km of Rimo-I)		351900	771900	6300		SIA	Leoman Map K-4
South Terong Peak		350500	752500	6773		SIA	1
Stakpachen		351200	770900	6805		SIA	
Tawiz		354200	765300	6400			
Tartary Peak		341500	793200	6483		SIA	3 M290
Teram Kangri-I	○	353100	770500	7464		SIA	IMF,HH233, (HFME) ヒマ名 p433-436, (1992India,Shizou- ka Univ. 1979 Hirosaki Univ.) Japan
Teram Kangri-II	○	353000	770600	7407		SIA	IMF,HH233, (HFME) ヒマ名 p433-436, (1978India,Shizou- ka Univ. 1979 Hirosaki Univ.)
Teram Kangri-III	○	353300	770300	7382		SIA	IMF,HH233,(HFME) ヒマ名 p433-436, (1979 Hirosaki Univ. Japan)
Tholambai Peak		344500	771500	5859	6862	SIA	M277
Tholambat		344500	771500	6040	5859	SIA	M358
Tholamrai		344500	771500	5859	6040	SIA	M277
Tholanbat(Tramrai)		344600	761500	5859	6040	SIA	M358
Topon Jot		330000	763000	5117		SIA	

Rimo, Mamostong

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M=三省堂, HH=Him. Handbook, First Ascent)
Aq Tashi, (SE 6m of Mamostong)		350400	774000	7016		R&M	Leoman Map K-4HH223 (1993 Indo-Japan(Hiroshi- ma AC))
Cheogam		351300	773200	6250		R&M	

Chong Kumdan-I(Chong Kumdan Kangri)	○	351300	773200	7071		R&M	HH223, (2014 India)
Chong Kumdan-II		351300	773200	7064		R&M	
Chong Kumdan-III		351300	773200	6670		R&M	
Chong Kumdan-IV		351300	773200	c6520		R&M	
Chong Kumdan-V		351300	773200	c6520		R&M	
Dunglung Khangri	○	351940	772112	6365		R&M	(2012 India)
Kichik Kumdan		351300	773200	c6640		R&M	
Kumdang Terong		351300	773200	6456		R&M	
Laknis		351300	773200	6235		R&M	
Landay		351300	773200	6170		R&M	
Mamostong Kangri-I(K -32)	○	350800	773500	7516		R&M	13 1 M530 OTP,HH215, (1984 Indo-Japan(HAJ))
Mamostong Kangri-II	○	350800	774000	7035	7016	R&M	7017, 13 20 M530 OTP, HH226,(1993 India)
Mamostong Kangri-III	○	350400	773800	7017	6767	R&M	1 M530
Nagabong Terong, (W 15km of Mamostong-I)		350800	772700	6180		R&M	Leoman Map K-4
Nyungstet		345900	771900	5595		R&M	1
P5379		322733	773000	5379		R&M	1
P5495		352810	772900	5495		R&M	1
P5736		351332	772145	5736		R&M	1
P5764		352128	773802	5764		R&M	1
P5861		350126	772640	5861		R&M	1
P5915		351645	772710	5915		R&M	1
P5918		351750	773830	5918		R&M	1
P5928		352425	773932	5928		R&M	1
P5935		352120	773300	5935		R&M	1
P5949		322745	773426	5949		R&M	1
P5959		350716	771758	5959		R&M	1
P5983		351600	772645	5983		R&M	1
P5983		323425	773959	5983		R&M	1
P5985		352110	773900	5985		R&M	1
P5996		322710	773200	5996		R&M	1
P6012		352000	772855	6012		R&M	1
P6017		351828	772520	6017		R&M	1
P6018		351506	772730	6018		R&M	1
P6019		352445	773658	6019		R&M	1
P6020		322928	773958	6020		R&M	1
P6025		322640	773510	6025		R&M	1
P6070 (Pholacha Nala Area)		351432	773430	6070		R&M	1 IMF
P6072, (W 14km of Karkoram Pass)		323225	773925	6072		R&M	1
P6080		352706	772745	6080		R&M	1
P6084		322616	773609	6084		R&M	1
P6109		351800	772532	6109		R&M	1
P6113		351628	773630	6113		R&M	1
P6120		353215	772427	6120		R&M	1
P6120, (W 6km of Hayward's Lake)		354300	773800	6120		R&M	
P6126, (SE 12km of Hayward's Lake)		353500	774400	3123		R&M	
P6133		351126	771910	6133		R&M	1
P6135		352245	773815	6135		R&M	1
P6166, (W 15km of Karkoram Pass)		322820	773845	6166		R&M	1
P6167		352129	772828	6167		R&M	1
P6174		353015	772615	6174		R&M	1
P6176		351530	774040	6176		R&M	1

P6200		352350	772959	6200		R&M	1
P6214		351635	773340	6214		R&M	1
P6220 (Haske Nala Area)		353228	772032	6220		R&M	1 IMF
P6221		342700	773959	6221		R&M	1
P6221		352128	772655	6221		R&M	1
P6227, (SWS 15km of Karakoram Pass)		352800	774000	6227		R&M	
P6230		352950	772450	6230		R&M	1
P6240		351450	773830	6240		R&M	1
P6248, (NE 6km of Hayward's Lake)		354300	774400	6248		R&M	
P6251		322728	773945	6251		R&M	1
P6255		352320	772428	6255		R&M	1
P6268		351100	772700	6268		R&M	1
P6279 (South Terong-II Area)		350828	772315	6279		R&M	1
P6283		351555	773640	6283		R&M	1
P6305		353030	772830	6305		R&M	1
P6307		353129	772200	6307		R&M	1
P6308		353110	772026	6308		R&M	1
P6309 (Parbati Area)		351400	772900	6309		R&M	1 IMF
P6317		232050	772720	6317		R&M	1
P6319		352045	772432	6319		R&M	1
P6346		351350	773130	6346	6437	R&M	1
P6355		352825	772130	6355		R&M	1
P6369		352928	772528	6369		R&M	1
P6370		352659	772310	6370		R&M	1
P6370		323020	773550	6370		R&M	1
P6374		322812	773255	6374		R&M	1
P6385		350810	772931	6385		R&M	1
P6397		351615	772350	6397		R&M	1
P6411		351310	773758	6411		R&M	1
P6437 (Peak 185)	○	354100	773000	6437		R&M	1 M429
P6440		352540	771700	6440		R&M	1
P6455		351616	771510	6455		R&M	1
P6456 (Peak 186)	○	351340	773050	6456		R&M	1 M429
P6476		351528	771750	6476		R&M	1
P6511		351355	771510	6511		R&M	1
P6529 (Peak 107)		351610	773210	6529		R&M	1 M428
P6535 (Peak 43)		353600	765000	6535		R&M	M428
P6550, (W 15km of Hayward's Lake)		354000	772900	6550		R&M	
P6552		350728	772945	6552		R&M	1
P6578		352310	771107	6578		R&M	1
P6584 (Peak 42)		345900	771700	6584		R&M	M428
P6591		352452	771415	6591		R&M	1
P6595		351728	771652	6595		R&M	1
P6600		352420	771432	6600		R&M	1
P6623		351340	773800	6623		R&M	1
P6651 (Peak 188) (Mamostong ESE 5km)	○	350700	773800	6651	6675	R&M	1 M429
P6663		352600	770700	6663		R&M	1
P6665		352815	772045	6665		R&M	1
P6718 (Peak 112)		350700	773300	6718		R&M	M428
P6739 (Peak 189)	○	350500	774000	6739	6754	R&M	M429
P6750		352250	771558	6750		R&M	1
P6750, (W 3km of Landy)		351100	774000	6750		R&M	
P6752		352355	772220	6752		R&M	1
P6773 (S Terong-I Area)	○	350950	771940	6773		R&M	1

P6773, (W 10km of Hayward's Lake)		354200	773200	6773		R&M	
P6779		352332	772220	6779		R&M	1
P6797		351755	772152	6797		R&M	1
P6800		352410	771030	6800		R&M	1
P6820		352250	771710	6820		R&M	1
P6848		352202	772255	6848		R&M	1
P6862		352230	771816	6862		R&M	1
P6864 (Peak 187) (Tangmang)	○	350800	773700	6864		R&M	M429
P6876		352150	771355	6876		R&M	1
P6879 (Peak 164)		352700	771000	6879		R&M	M429
P6882		352210	772410	6882		R&M	1
P6934, (E 15km of Landy)		351100	775100	6934		R&M	
P7004 (Peak 110)		351100	773230	7004		R&M	1 M428
P7071 (Peak 111)		351040	773510	7071		R&M	1 M428
P7169 (Peak 48) (Rimo Group)		352100	772300	7169		R&M	1 M428
P7232 (Peak 49) (Rimo Group)		352100	772200	7232		R&M	1 M428
P6651(Peak 188), (E 5km of Mamostong-I)		350700	773800	6651		R&M	M429
P7400(Peak 51)		352000	772200	7400		R&M	1
Rimo-I	○	352000	772200	7385		R&M	98 IMF,HH227, (1988 Indo-Japan(HAJ))
Rimo-II	○	352000	772200	7373		R&M	20,IMF,HH227, (1989 Indo-UK)
Rimo-III		352000	772200	7233		R&M	20,IMF,HH228, (1985 Indo-UK)
Rimo-IV		352000	772200	7169		R&M	20,IMF,HH228, (1984 India)
Safina, (S of Rimo Group)		351900	772100	5975		R&M	
Shyok Group		342000	781000	6523		R&M	3 M249
South Terong-I, (S 15m of Rimo Group)	○	350800	772300	6773		R&M	1 M206
South Terong-II	○	351000	771900	6279		R&M	1 M206
Stos	○	351300	773200	6005		R&M	
Tiggur		344000	774000	5909		R&M	1 M329

Saser, Chanchenmo, Rongdo

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M= 三省堂, HH=Him. Handbook, First Ascent)
Amitabha, (Head of Rongdo Togpo)		42651.52	775820	6360	6335	RD	6415,A(2014 Canada)
Apo liu peak, Nubra valley		344000	785800	6020		SAS	Information from Ladakh Eco Tour and Track
Argan Kangri-I, (Head of Rongdo Togpo)	△	343800	775800	6789		SAS	HH222, (2003 India)
Argan Kangri-II, (Head of Rongdo Togpo)	△	344400	775800	6360		SAS	
Balden Lhamo / Rongdo III		342903	78301	6165		RD	Unclimbed
Balden Lhamo West Summit		342857	780213	6000	6090	RD	(2012 Canada)
Buk Buk (P6289), Nubra, Spangchenmo Head	○	343200	775300	6289		SAS	(2005 Indo-UK)
Chamba / Rongdo II		343024	780117	6160	6170	RD	6225, (2012 Canada)
Chamshen, (Saser Kangri Group)	○	345300	774800	7017		SAS	(2013 Indo-UK)
Charasa, (N 2km of Panchi- mik village)		343800	773100	5142		SAS	1 M310
Charbagh, NWN 7km of Neya Yamit village	△	343100	781900	6170		CC	

Charok Kangri		342919	775948	6122	6145	RD	(2013 India)
Chathung Thung, E 14m of Aq Tashi		350300	774100	5645		SAS	Leoman Map K-4
Chu Skeyes Kangri		343302	775832	6053	6035	RD	(2013 India)
Dada, NW 10km of Tagtsalu village	△	342400	784200	6380		CC	F52 ￼ 6000m approx. 25 peaks
Fatha, NE 6km of Rongdo village		342868	775057	6110	6195	RD	Unclimbed
Gazgazi / Lungkhor Kangri		343259	775735	6150	6160	RD	6235, (2012 Canada)
Gjungma Kangri(P6287), (Nubra, Spangchenmo Head)	○	343300	775500	6287		SAS	(2005 Indo-UK)
Island Peak		342830	780348	6225		RD	Unclimbed
Karpo Kangri	△	343400	785500	6540		SAS	
Kholi Peak		344900	774200	6401		SAS	M196
Khyung Kangri, NE 16km of Rongdo village		343248	775915	6090	6183	RD	6190, (2013 India)
Langpoche		343210	775818	5968	5950	RD	(2013 India)
Lashi Peak, NW 15km of SK-1		353800	773800	6263		SAS	Leoman Map K-4
Lokhzung(E 6km of Aq Tashi)		350400	774000	6090		SAS	Leoman Map K-4
Look Out Peak, W 5km of Saser Kangri-2	△	344900	774500	6142	6252	SAS	1 M592 OTP
Lugzl Pombo, (Nubra, N of Pangong Tso)	△	340600	781700	6414		CC	Nubra
Lungmochey Kangri, (Head of Rongdo Togpo)		332400	775700	6080		SAS	(2014 USA)
Manlung, (Chan Chenmo, Shyok River)	○	341000	783700	6386		CC	M535
Mariushri / Nga Kangri, (Head of Rongdo Togpo)		343324	780136	6120	6167	RD	6165, (2014 ,Canada)
Meme, (Tilti Tokpa Head)	△	343800	785200	6560		SAS	
Nanga Sago		341500	774000	5776		SAS	
Ngapo Kangri / Rongdo I		343057	780037	6310	6350	RD	(2012 Canada)
Nya Kangri, NE 6km Tirit village	△	343600	774200	6520		SAS	
Odgsal I		342730	780230	6140	6234	RD	6210, (2013 India)
Odgsal II		342723	780156	6028	5985	RD	(2013 India)
Odgsal III		342649	780233	6080		RD	Unclimbed
P6064, (W 2km of Rongdo IV)		342922	775907	6064	6130	RD	Unclimbed
P6124		350828	774040	6124		SAS	1
P6210, (Saser Kangri Area)		351520	772720	6210		SAS	1 IMF
P6210, (E of Saser Kangri-1)		353900	764500	6210		SAS	IMF
P6382		353955	774528	6382		SAS	1
P6387		350500	774055	6387		SAS	1
P6470		353900	774610	6470		SAS	1
P6488		345300	774515	6488		SAS	1
P6535 (Karpo Kangri C), Nubra, Spangchenmo Head	△	343400	775400	6535		SAS	(2005 Indo-UK)
P6538		355457	775235	6538		SAS	1
P6643		345325	774128	6643		SAS	1
P6661, (NE 3km of SK-1)		345300	774845	6661		SAS	F46 Saser Kangri Area ￼ 6000m approx. 20 peaks
P6661, (NE 8km of SK-1)		345600	774900	6661		SAS	1
P6675		350650	773750	6675		SAS	1
P6681 (Peak 28), (ENE 15km of K-1, Saltan Chusik Gl.))		345400	775600	6681		SAS	M427
P6685		353650	775225	6685		SAS	1
P6700		354545	775131	6700		SAS	1
P6746 (Peak 115)		350300	773900	6746		SAS	1 M428

P6750		355110	775404	6750		SAS	1
P6753, (W 10km of SK-1)		354932	775228	6753		SAS	1
P6754		350430	774045	6754		SAS	1
P6780		354330	775310	6780		SAS	1
P7017		350450	773810	7017	6767	SAS	1 M428
Panamik Peak		344700	764200	6303		CC	1 M405
Peak X2		343436	775914	6160	6203	RD	Unclimbed
Peak X3, (Head of Rongdo Togpo)		332400	775700	c6000		RD	(2015 UK)
Petze Kangri, Nubra	○	340600	781800	6130		CC	
Phokto Scheyok/Black Pyramid/X3		343187.3	780049.2	6240	6235	RD	6230,(2018 UK & German)
Plateau Peak , (Saser Kangri Group)		345200	774400	7287		SAS	(2013 India)
Pumdu, (N 10km of Marsimik La)		341300	784100	6190		CC	
Pumo Kangri, Near SK-II		344800	774800	6250		SAS	AAJ2012, IM,47,p.138, (2011 Indo-USA)
Punangma (Phunangma), Near Argang Kangri		343500	775000	5186	6788 L5776	SAS	3 M466
Rangston Gyathok / Phurdukpo Kangri I /Kunchang Kangri		340376	780439	6720	6801	RD	6770, (2018 UK & German)
Rassa Kangri, Nubra V, Rassa Gl.	○	344000	774900	6250		SAS	(2014 India, HC)
Rdung Ring-North(P6082) Nubra, Spangchenmo Head	○	343400	775200	6082		SAS	(2005 Indo-UK)
Rongdo IV		342860	780037	6190	6240	Dongdo	Unclimbed
Sa'i Lhamo		343134.2	77583.7	5960	6030	RD	6015, (2013 India)
Sakang Peak(Sakhang)	○	344700	764700	6943		SAS	M207, (1956 India)
Saser Kangri-I (K22) (Peak 29)	○	345200	774500	7612	7692, 7672	SAS	M208 IMF, HH229, (1973 India)
Saser Kangri-II(East) (K24) (Peak 31)(Shukpa)	○	344800	774800	7518		SAS	(2011 Indo-USA)
Saser Kangri-II(West) (K24) (Peak 31)(Shukpa)	○	344800	774800	7518	7265 7513	SAS	M209 VP, HH231, (1985 Indo-Japan HAJ)
Saser Kangri-III (K23)(Peak 30)	○	344900	774700	7495		SAS	M209 VP, (1985 India, ITBP)
Saser Kangri-IV (Cloud Peak,P.48)	○	345200	774400	7310	7415	SAS	(1987 Indo-UK)
Saser Kangri-V	○	345000	774300	7300	6640	SAS	
Saser Ling, Near SK-II		344800	774800	6100		SAS	AAJ2012, IM,47,p.138, (2011 Indo-USA)
Satti Kangri		343019	775200	6400	6655	RD	Unclimbed
Stagar		340100	775000	5050		SAS	
Stegasaurus, Near SK-II		344800	774800	6660		SAS	AAJ2012, IM,47,p.138, (2011 Indo-USA)
Stindok Peak		344000	774300	6096		SAS	M261
Stongstet Peak, SW 18km of Mamostong Kangri-I		350400	771900	6013		SAS	Leoman Map K-4
Suchetego		343900	763500	5392		SAS	3 M259
Tara / Sagtogpa Kangri, (Head of Rongdo Togpo)		343213	780144	6248	6305	RD	(2014 Canada)
Teltop, (NW 3km of Khardung La)		342400	773200	6185	6002	SAS	(2014 UK)
Thongsa Ri(P5899), (Nubra, Spangchenmo Head)	○	343300	775200	5889		SAS	(2005 Indo-UK)
Thonsa Ri, (Nubra Valley, Spanchemo branch)		343300	785200	5899		SAS	(2005 Indo-USA)
Tiggur	○	344000	774000	5909		SAS	M329
Tsok Kangri, Near SK-II		344800	774800	6585		SAS	AAJ2012, IM,47,p.138, (2011 Indo-USA)

Tughmo Zarpo	○	345200	774900	6598		SAS	M326
Tusuhm Kangri, Nubra V, Rassa Gl..	○	343900	775100	6219		SAS	(2014 India, HC)
Wusak		345200	763500	5965		SAS	M54
Yamadaka		344000	774700	6218		SAS	
Yonchap Kangri		342404	775248	6050	6110	RD	Unclimbed

Jammu & Kashmir

Ladakh

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M= 三省堂, HH=Him. Handbook, First Ascent)
Alchi, (SE 10km of Alchi Gompa)	△	341000	761600	4450		LA-NW	
Ajangliung	○	342900	771600	5760	6062	LA-NW	3 M9
Alam	○	340100	770400	5699		LA-NW	1 M19
Amoni		344000	755800	5287		LA	3 M18
Angtung		340500	781800	6000		LA	3
Argi		337700	780300	5316		LA	M22
Arzu	○	340800	774700	5687		LA-NE	1 M22
Beigoh East		340600	754700	5547		LA	88 M486
Beigoh West		340600	754500	5608		LA	88 M486
Bhote R,Polzanpium Tokpo,Syok River		342910	771900	6151		LA	(2012 Jagged Globe Exp. UK)
Biachuthusa		342200	762300	5104		LA	3
Biwi Giri	△	331400	772100	5630		LASW	
Bobang		340300	754200	5364	5971	LA	M507 IMF OP
Brilpah		341600	754800	5346		LA	88 M475
Bring	△	330700	771900	5697		LASW	3 M475
Brok		343200	763500	5201		LA	6 M480
Cha		331800	770600	5809	5811	LA	3 M306
Chagalung		330100	790500	5958		LA	M321
Chamkang		342500	791500	6130		LA	3 M310
Changlung		325000	790500	6038		LA	8 M312
Charasa		343800	773100	5142		LA	M310
Charasa, N 9km of Hundar in Nubra Valley		343700	773100	5150		LA	Leoman-N Zansakr
Chaupura		335600	774700	5000		LA	1 M307
Chemedomo		341000	754300	5500		LA	98 M303
Cheringo		333100	770300	5782	5753	LA	3 M303
Chilam, (W 10km of Sasakul village)	△	335800	780400	5949		LA-S	
Cho Kirzo		331300	771300	5000		LA	3
Chokul		333300	781500	6587		LA	M318
Chosirok		331600	765900	5829		LA	M319
Chosti	△	340100	772300	5600		LA-NW	M318
Chuchil(Chuchle)		333800	780700	5281		LA-S	3
Chulung Group		355500	771000	6826		LA	3
Chumathang		333300	781500	6187		LA	99 M315
Cimamur, 11km NW of Hundar in Nubra Valley		350000	772000	5790		LA	Leoman-N Zansakr
Clek	△	331400	772800	5649		LA-SW	
Cumberland		332300	765000	5227		LA	IMF
Chumik		331200	785500	5995			M315
Daha Ri , Palzanpium Tokpo, Syok River ,SW of Hundat Village		342910	771900	6150		LA	(2012 Jagged Globe Exp. UK)
Dawa Peak , Palzanpium Tokpo, Syok River,SW of Hundat Village		342500	772000	5890		LA	(1990 Dawa Sherpa,India)

Don Sari		341000	754900	5000		LA	98 M364
Dontal		340600	755000	5760		LA	98 M364
Doratama, (N of Zanskar, NNW of Kargil)		345500	760100	5270		LA	M357
Dzo Jongo (East)	△	334300	773500	6280		LA-NE	(2010 Indian)
Dzo Jongo (West)(OPNo.53) Leh-Nimaling-BaseCamp, 52-G-10	△	334300	773400	6265		LA-NE	(2010 Indian)
Furba		342000	754800	5303		LA	88 M477
Gangrale		325000	784000	6190		LA	3 M114
Gap Kangri, South of Rekheru	○	334800	781300	6109		LA	(2012 Ryusuke Expeditio, 平岡竜石、平岡朋子、白井和美、栗本俊和 Japan4 + NZ4)
Gaplu (Gablu) (S 6km of Suttak Tso)	○	332900	781200	6163	6160	LA	20 M101
Gapor		334200	773800	6150		LA	Olizane Map
Geshi, Polzanpium Tokpo, Syok River		342350	772210	5500		LA	(2012 Rimo and Jagged Globe, UK)
Giamchu	○	333300	774000	6080	6088	LA-SW	3 M125
Giarugo		332200	770000	5584		LA	3 M125
Gongma	○	334500	781100	6138		LA-S	(2012 Ryusuke Expeditio, 平岡竜石、平岡朋子、白井和美、栗本俊和 Japan4 + NZ4)
Grusgan Peak		340900	754000	5578		LA	88 M153
Gulap Kangri	○	335700	772900	5620	5800	LA-NE	5900 , M145 IMFOP
Gyap Kangri, (SW 10km of Ch-hibra)	△	334900	781500	6109		LA-S	(2012 Ryusuke Expeditio, 平岡竜石、平岡朋子、白井和美、栗本俊和 Japan4 + NZ4)
Hanu		341700	771500	6000		LA	3
Harong West,(S 6km of Chilam village)	○	335700	781100	5715		LA-S	(Harong East in Pangong Range)
Himis(Hemis)		335500	773900	5706		LA-NE	1 M450
Ibsti Kangri (OPNo.54, see P6340))	○	334200	773300	6340		LA-NE	(2010 India)
Ichu(Icho), (SE 6km of Hyamn-ya Gompa)	○	334400	780500	5770	5975	LA-S	5300 3 M39
Icy Peak		340300	754200	5425		LA	88 M2
Ilachigo		344000	780700	5958		LA	M41
Iunkar		343700	761400	5373		LA	3 M35
Jarakhesh		341800	754800	5090		LA	88 M21
Jena		331800	773500	5867		LA	3 M224
Jungdung Kangri, Between Samgyal-S & Dawa, Polzanpium Tokpo, Syok River		342500	772100	6060		LA	Leoman-N Zansakr (2013 UK)
K-25 (Peak 1)		345400	770900	6523		LA	
Kamdar		330800	781700	5280		LA	M102
Kang Kangri		335500	773500	6100		LA	M113
Kang Yisay-III	△	334000	773630	6280		LA	Olizane Map
Kang Yisay-IV	△	334000	773630	6130		LA	Olizane Map
Kang Yisay-II	△	322300	764900	6100		LA	HH213, Olizane Map(1982 Nanzan Univ.Japan)
Kang Yisey-I, (Kaiji)(S), (OP No.51)	○	334500	773300	6401	6121	LA-SW	6400, M124, Climbed many times, 1970 MAHOROBA, Nagano attempt. 1971 Aug. UK ascent. 1981 Nanzan Univ. ascent. 1982 India ascent, 1982 Irish, . 1988 JAC TOAI Ascent, 2011 India

Kangri, Leh-Nimaling-Base Camp, 52-G-09		340000	772800	5508		LA	IMF OP
Kangsalmathung , Palzanpium Tokpo, Syok River		342900	771900	5770		LA	(2007 Jagged Globe Exp., UK)
Kangyarrag(Kangyassay S) (OP No.50)(1km n of Kang Yisey-l), Leh-Shang-Sumdo-Base Camp, 52-G-09		334509	773307	6210		LA-SW	
Kantaka	△	335900	772700	6120		LA	
Kapni		335000	775600	5092		LA	3 M100
Karma		341600	754400	5364		LA	88 M111
Karpolakpa		341600	754700	5730		LA	88 M111
Karpolakpa Rock		341700	754700	5242		LA	M111
Karposhama Peak		341800	754400	5639	6395	LA	88 M110
Kepsang (Kapsang)		341100	791200	6103		LA	3 99 M170
Kesar, (NW 15km of Mahe Check Post)		332500	781800	6001	6004	LA	M167
Ketpah		340100	754400	5456		LA	88 M169
Kharpa		324600	780900	6234		LA	M110
Khlangpu		335100	765000	5163		LA	M107
Kholi Peak		344900	774200	6401		LA	M196
Khormulung		344000	771000	5587		LA	3 M198
Khyam-1(OP No.66) (S of lbsti Kangri), Leh-Gya-Base Camp, 52-G-10	○	333011	773919	6101		LA-SW	104 Open Peak Ladakh (No.66), IM, No.49, 2013, pp.25(2013 Statistical Inst. India)
Khyam-2 (OP No.67)(S of lbsti Kangri), Leh-Gya-Base Camp, 52-G-10	○	333124	773952	6100		LA-SW	104 Open Peak Ladakh (No.67), IM, No.49, 2013, pp.25(2013 Statistical Inst. India)
Kimne		332500	780700	5535		LA	3 M129
Kopni	△	334800	774800	5703		LA-NE	
Krowa Peak-North		340800	754500	5578		LA	88 M386
Krowa Peak-South		340700	754500	5639		LA	M206
Lachilunglango		330600	773800	5064		LA	3 M572
Largab, (N 12km of Suttak Tso)		334200	781500	6050		LA-S	
Lashi		345600	774000	6263		LA	3 M570
Lasirmou, (W 11km of Kardung La)		341600	772900	5570		LA-NE	
Longelichi		330800	774000	5866		LA	3 M609
Machai Peak		341700	754700	5980		LA	M520
Mahadev		333300	781500	6322		LA	M529
Mahe (7km NW of Mahe Check Post)		331800	782700	5453		LA	3 M530
Manan, (W 22km of Alchi Gompa)	○	341700	765200	5280		LA-NW	1 M529
Mani Kangri, Palzanpium Tokpo, Syok River, SW 10km Hundat village		342910	771900	5742		LA	Leoman-N Zansakr(2008 Jagged Globe Exp.UK)
Manikso	○	340200	772200	5272	5275	LA-NW	M529
Marpola		340800	754300	5242		LA	88 M533
Masho Kangri		335900	762400	5367		LA	IMF
Masho W		335500	773500	5950		LA	M524
Matap		341200	754600	5280		LA	98 M520
Miru		334000	775200	5963		LA	3
Modena		334500	761400	5710	5557	LA	3 M551
Modu		331300	784900	5900		LA	M551
Nakpogoding		331000	781600	5340		LA	M366
Nakpohkhap		341700	754300	5425		LA	88 M366
Nakpola		341800	754400	5547		LA	88 M366
Namlas, (S 40km of Alchi Gompa)	△	305400	761200	4886		LA-NW	

Namling		334400	773500	6402		LA-NE	
Nanga Sago (NNW 10km of Leh)		341400	774000	5000	5776	LA	M369
Nangma		335100	770300	5544	5593	LA-NW	3 M371
Nangpoga		323000	784800	5982		LA-E	3 M375
Nechung		331800	783700	6100			
Neigoh		342100	754600	5181		LA	88 M365
Nichung		331600	780400	6087		LA	M376
Nindam		342300	763800	5498		LA	1 M379
Nis, (SW 6km of Suttak Tso)		333000	781000	5500		LA	
Niyarimo		340700	755100	5500		LA	98 M377
Nlashigo		344000	780700	5969		LA-S	3 M41
P5038		342055	775130	5038		LA	1
P5191		341955	775720	5191		LA	1
P5417		335105	775345	5417		LA	1
P5476		335700	765655	5476		LA-NW	1
P5500		335810	755910	5500		LA-NW	1
P5530		341500	755000	5530		LA	M434 (1982 Kanagawa Univ. Japan)
P5553		341615	775440	5553		LA	1
P5640 (Lasi Peak)		335940	772940	5640		LA	1
P5657		342230	773310	5657		LA	1
P5691		340700	780000	5691		LA	1
P5700, near Sahib Chasa from Thanglasgo Valley(W of Telthep(6002m))		342350	772500	5700		LA	009 (Jagged Globe Exp.(Trekking Agent), UK)
P5750		334400	762000	5750		LA	M436 (1982 Italy)
P5758		341055	770055	5758		LA	1
P5790 (Siku Kangri)		335855	772900	5790		LA	1
P5888, (S 4km of Gongma La)		334200	781200	5888		LA-S	(2012 Ryusuke Expeditio, 平岡竜石、平岡朋子、白井和美、栗本俊和 Japan4 + NZ4)
P6000 (OP No.58), Leh-Nimaling-BaseCamp, 52-G-10	△	334243	773505	6000		LA-SW	
P6000, (SE 5km of Tangtse P.)		345800	781800	c6000		PA/LS	
P6000, (S 13km of Chihibra village)		334800	781900	c6000		LA-S	
P6000, (S 20km of Chihibra village)		334200	781400	c6000		LA-S	
P6020		342300	773510	6020		LA	1
P6020, (NE 10km of Kurgaon Gompa)		342400	775600	6020		LA-NE	
P6025 (OP No.62), Leh-Nimaling-Base Camp, , 52-G-10		334023	773450	6025		LA-SW	
P6030 (OP No.64),Leh-Gya-Base Camp, , 52-G-10		333731	773544	6030		LA-SW	
P6040 (OP No.63),Leh-Nimaling-BaseCamp, 52-G-10	△	333843	773500	6040		LA-SW	
P6090-1 (OP No.52),Leh-Nimaling-Base Camp, 52-G-10	△	334419	773454	6090		LA-SW	
P6090-II (OP No.56),Leh-Nimaling-Base Camp, 52-G-10		332444	773218	6090		LA-SW	
P6100, (N 2km of Suttak Tso)	△	333500	781400	6100		LA-S	
P6100, (SE 7km of Tangtse P.)		345600	781900	c6000		PA/LS	
P6118, (NE 10km of Kurgaon Gompa)		342400	775600	6118		LA-NE	
P6120 (Kantaka)		335900	772730	6120		LA	1
P6120 (OP No.65),Leh-Gya-Base Camp, 52-G-10	△	333636	773554	6120		LA-SW	

P6120, (SE 12km of Kurgaon Gompa)		341200	775400	6442		LA-NE	
P6125 (OP No.49),Leh-Stok-Base Camp, 52-G-05		335912	772631	6121		LA-SW-N	
P6126 (OPNo.72),Leh-Niaphu-Dange-Base Camp, 52-K-03		332030	780724	6126		LA-SW-E	
P6150 (10km NE of Gaplu),Nior Nis Village -Nia Phu		333400	781900	6150		LA	
P6150 (Parchakanvi)		340100	772730	6150		LA	
P6163 (OP No.70),Leh-Nia-phu-Dange-Base Camp, 52-K-03		332921		6163		LA-SW-E	
P6170 (OP No.61), Leh-Nimaling-Base Camp, 52-G-10	△	334024	773249	6170		LA-SW	
P6172 (NE 5km of Gaplu)		333300	781700	6150		LA	
P6190 (OPNo.59), Leh-Nimaling-Base Camp, 52-G-10	△	334223	773413	6190		LA-SW	
P6200, (N 3km of Suttak Tso)		333500	781400	6200		LA-S	
P6225 (OP No.57),Leh-Nimaling-Base Camp, 52-G-10	△	334208	773529	6225		LA-SW	
P6230 (OP No.60), Leh-Nimaling-Base Camp, 52-G-10		334215	773245	6230		LA-SW	
P6230 (Yan)		335400	773400	6230		LA	1 IMF OP
P6246 (S 3km of Rudung Ring)		343100	775200	6246		LA-NE	
P6254, (N 27km of Alchi Gompa)		342800	771700	6254		LA-NW	
P6257, (NE of Telthep,Khalsar Dog)		342900	773500	6257		LA-NE	
P6280 (OP No.55),Leh-Nimaling-Base Camp, 52-G-10	△	334331	773303	6280		LA-SW	
P6300, (S 6km of Chihibra village)		334900	781600	c6300		LA-S	
P6308, (S 6km of Chihibra village)		334900	781600	6308		LA-S	
P6340 (OP No.54)(See Ibsiti Kangri),Leh-Nimaling-Base Camp, 52-G-10		334304	773340	6340		LA-SW	(2010 Indo-USA)
P6349		342725	775730	6349		LA	1
P6422, (North 37km of Kurgon Gompa)		343800	775800	6422		LA-NE	
P6442, SE 12km of Kurgaon Gompa, On Pangong Range		341400	775900	6442		LA-NE	
P6494, (N 34km of Kurgon Gompa)		343400	774500	6742		LA-NE	
P6608, (N 30km of Kurgon Gompa)		343000	775200	6608		LA-NE	
P6638, (N 30km of Kurgon Gompa)		343100	775200	6638		LA-NE	
P6742, (N 35km of Kurgon Gompa)		343700	775200	6742		LA-NE	
P6788, (N 35km of Kurgon Gompa)		343700	775500	6788		LA-NE	
Pachespha (Pachuspa)	○	335500	775700	5961	5940	LA-NE	5962
Padme Hum Peak		332600	764900	5000		LA	
Palam, (SE 20km of Alchi Gompa)	○	340400	771900	5367	6020	LA-NW	M410
Pamsel		341200	752100	5787		LA	98 M409
Papriago		332600	765100	5194	5190	LA	M409

Parcha Kangri	○	340100	772700	5597	5900	LA-NE	5508,6065, 1 M414 IMF, HH216, (1982 India)
Parilungbi (Parilungbi)		322800	781100	6186	6166	LA	3 M413 IMF
Peak 2, Nubra Valey, Upper of Snianto Tokpo (Sanimo Sumdo), S 10km of Hundat		341900	772450	5717		LA	(2008 Bureau of Street and Environmental Services (BSES) India)
Peak 3, Nubra Valey, Upper of Palzanpium Tokpo, SW 12km of Hundat		342900	771900	5890		LA	(2008 Bureau of Street and Environmental Services (BSES) India)
Pera (NE 2km of Tso Moriri)		330200	781900	5252		LA	M492
Phanka (20km W of Chushul)		333500	783000	6138	6100	LA	M419
Phonka Kangri	○	333400	783200	6120			
Photoksar (Photaksar), S 30km of Alchi Gompa (OP No.6), Leh-Wanla-Photoksar-Base Bamp, 52-B-16	○	340142	764748	6080		LA-NW	5687, M461
Pointed Peak		340300	754000	5486		LA	88 M500
Purangma, (North 28km of Kurgon Gompa)		343400	765100	5776		LA-NE	
Raindong, (Chini NNE168km of Hanle)		324900	785600	5036		LA	93, M567
Rekesha		341700	754200	5616		LA	88 M596
Reponi Malla Ri-I		334400	773800	6050		LA	Olizane Map
Reponi Malla Ri-II		334400	773700	6030		LA	Olizane Map
Retsheriah		340400	754500	5181		LA	88 M596
Riging, (ESE 6km of Chhibra)	○	335100	781800	6170		LA-S	
Rudung Ring		343400	775100	6082		LA-NE	
Rukheru-P1	○	335300	781000	c6025	6501	LA-S	3 M591
Rukheru-P2	○	335300	781000	c6025		LA-S	3 M591
Rukheru-P3	○	335300	781000	6050	6060	LA-S	3 M591
Ruko		332100	775100	5830		LA-SW	
Rukochen		332100	775100	5838		LA	M591
Sabu (Sobu)		340800	774000	4982		LA-NE	M212
Sahib Chasa (Thanglasgo Valley)(NW of Telthep)Also first ascent P5700, Nubra Valley, near Hundat(Hundar)		342350	772500	6078		LA	(2008 Jagged Globe UK)
Sai Needle		341000	754200	5242		LA	88 M204
Sajum		332000	790000	6101		LA	M208
Samgyal-N , Palzanpium Tokpo, Syok River ,S of Hundat village.		342600	772100	5810		LA	(1990 Samgyal Sherpa India).
Samgyal-S , Palzanpium Tokpo, Syok River ,S of Hundat village.		342530	772105	6020		LA	(1990 Samgyal Sherpa India).
Samkang		342500	790500	6186		LA	3 M212
Sango Chumik		330000	784700	c5600			M218
Sasakul		335500	781000	5630		LA-S	3 M207
Shaili Kangri, (N 10km of Alchi Gompa)		342300	770700	5499	5500	LA-NW	1 M236
Shaldor		334300	773900	5780		LA	Olizane Map
Shangruti		344500	762400	5343		LA	3 M243
Shingrugo		332800	765700	5240	5247	LA	3 M254
Shukule		325900	782800	6138	6110	LA	3
Shunika		345100	761800	5495		LA	M246
Shunpa	△	330800	771900	5704		LA-SW	3 M248
Sidomba		325500	784000	5778		LA	3 M230
Singh Kangri, Palzanpium Tokpo, Syok River ,S of Hundat village.		342350	772210	5900		LA	(2011 Jagged Globe Exp. , UK)

Sobu, E 8km of Leh		340800	774000	4982		LA-NE	M212
Soh		341700	754500	5242		LA	88 M276
Somau		343000	760200	5168		LA-NE	3 M277
SP 10		340200	755500	6044		LA	M72
Spangpochigo		342700	765300	5738	5280	LA-NW	3 M264
Spangting		341100	770400	5653	5655	LA-NW	1 M264
Spanpuk	○	343400	772300	6184	6175	LA-NW	3 M264
Stagar, (NE 12km of Karu)		340100	775100	5050		LA-NE	
Stiang		331600	770600	5385	5386	LA	3 M260
Stok Kangri, (Stak Kanglacha)	○	335800	772800	6316	6030	LA-NE	5579 6123, M261, HH216,(1951 Swiss)
Stok Sal		340900	754800	5546		LA	98 M262
Stomba		335900	765100	5925		LA	M262
Stundok Peak		344000	774300	6096		LA	1 M261
Suchetego		343900	763500	5392		LA	M259
Suitanlango		332700	770000	5793		LA	3 M256
Sukkur Kangri		340000	772500	5900		LA	
Susklang		335000	765700	5257		LA	1 M208
Taga Laung, (NNE 4km of, Taga Lung La)		333100	774700	5495		LA	3 M288
Tagar		340100	775600	5053		LA	M288
Tahpoh		341500	754400	5639		LA	88 M293
Taktonakpo		324000	784700	5331	5332	LA-SW-E	3 M289
Tanak Peak		345900	755600	5998	5992	LA	5948, M291 IMF OP
Tangyar		340800	775200	5982	5983	LA-NE	1 M297
Tanki, (NE 6km of Likche Village)		335000	780300	6028		LA-S	3 M297
Taote		332900	773500	6129		LA	
Tartary Peak		341500	793200	6483		LA	M290
Tasken		334300	773600	5840		LA	Olizane Map
Tsokar		333000	780200	5809		LA-S	Olizane Map
Tuang, (Upper of Hanle)		322600	785800	5640		LA	M345
Tughmo Zarpo		345200	774900	6598	6630	LA	3 M326 P
Tugla		344300	780000	5310	5316	LA-S	
Tungiam		333600	781000	c5500		LA-S	
Uchemosom(S 33km of Daeas)		340800	754700	5486		LA	88 M55
Ukharphu		334300	770100	5488	5485	LA	
White Peak(S 35km of Daeas)		340600	754800	5608		LA	88 M513
Wusak(N 85km of Leh, Nubra Valley)		345200	763500	5965		LA	1 M54
Yan (Kangri) (Matho Kangri)	○	332600	764000	6230	6090	LA	HH215, (1992 UK)
Yangchan Kangri, Polzanpium Tokpo, Syok River		341900	772450	5710	5670	LA	Leoman-N Zansakr(2007 Jagged Globe Exp. UK)
Yellow Tower		340700	754400	5425		LA	88 M36
Zanak Po, (SE 210km of Leh)		323600	785000	5917		LA	M210
Zanak Po, (SE 215km of Leh)		322900	785000	6294		LA	M210
Zara-I (OP No.68),Leh-Rum-tse-Taglangla-Zara-Base,- Camp, 52-G-11		332927	773757	6130		LA-SW	
Zara-II (OP No.69), Leh-Rum-tse-Taglangla-Zara-BaseCamp, 52-G-11		332834	773807	6000		LA-SW	
Zleck (SW 10km of Marang La)	△	331100	771800	5649		LA	M267
Zoboshisha(SE 120km from Leh)		331100	782100	5082		LA	M277
Zongchenmo(SE 200km from Leh)		324300	784700	6410		LA	M279
Golap, Nearby Leh (?)		342500	773000	6050		LA	Information from Ladakh Eco Tour and Track

Kanglacha, Nearby Teltop 南 (?)		342500	773000	6128		LA	Information from Ladakh Eco Tour and Track
Kangyatse, Nearby Mahe (?)		332200	782600	6400		LA	Information from Ladakh Eco Tour and Track
Mani Kangri ,Nubra valley (?)		344000	785800	5750		LA	Information from Ladakh Eco Tour and Track
Tsomo peak ,Kanji village, Spong Nala (?)		340800	764200	5950		LA	Information from Ladakh Eco Tour and Track
Yaksig		331900	784600	6100			
Zozingo peak ,Nearby Leh (?)		342500	793000	6130		LA	Information from Ladakh Eco Tour and Track

Rupshu

PEAK NAME	Page	LAT(□' ")	LON(□' ")	ALT(m)	ALT2(m)	AREA	REF:M= 三省堂, HH=Him. Handbook(First Asc.Y & C)
Argi, (SE 7km of Hyamna Gompa)		333700	780300	5310		RP-W/ LD-S	3 M22
Bapi,(WNW 80km of Mahe on Border		332500	785500	6300		RP-E	M406
Chakula(N 10km of Mahe)	△	322400	782700	6529		RP-E	
Chalung(Kula)	○	330800	782700	6546	6138	RP-E	6138, (1979 JAC-TO-KAI,Japan)
Chhamser Kangri	○	325900	782600	6623		RP-W	HH21, (1995 India)
Chuche		333600	780600	5281		RP-W	
Chumathang	△	332500	782000	6082		RP-W	3 M315
Chumik	△	331200	785500	5995	5600	RP-W	M315
Gaplu, SW 30km of Mahe	△	332900	781300	6163		RP-W	
Gursak(N 1km of Chomo Chonkar Lake)	△	331600	781500	6056		RP-C	RP-N M153
Handling, (S 40km of Kyun Tso)		324700	784000	6215		RP-E-S	M423
Karpa		324600	780900	6234		RP-W -S	
Kesar(NW 20km of Mahe)	△	332500	781800	6001	6004	RP-W	3 M167
Kiang		324400	782800	5802		RP-W -S	
Kidmang	△	332300	781500	5217		RP-W	3 M127
Kimne	△	332500	780700	5535		RP-W	M.129
Lapgo	○	330500	782600	6405		RP-W	
Lato(SE 1km of Thugje)	△	331900	780900	5880		RP-W	
Loige(S 10km Nyoma)		330500	784200	5400	5200	RP-E	3
Lungser Kangri	○	325800	772500	6666		RP-W	(1995 India (Harish))
Mahe	△	331800	782700	5453		RP-W	M530
Mata(Mentok-I)	○	325300	781200	6277	6340	RP-W	20 M520,HH214, (1996 Yamagata Univ, Japan)
Mentok-II	○	325200	781300	6172		RP-W	HH214,(1984 India)
Nakpogoding		331000	781600	5340		RP-W	3 M336
Nechung,, N 10km of Nyoma		331800	784000	6100		RP-E	
Nis, (NW 30km of Mahe)		332900	781000	5500		RP-W	
Omo Shey	△	330500	782600	6237		RP-E	
P6000 (OP No.96), Leh-Tsokar-Nuruchan-Gyama-Base Camp	△	330415	780700	6000		RP-C	
P6005 (OP No.91), Leh-Tsokar-Nuruchan-Rajunkaru-Base Camp, 52-K-04	△	331216	781042	6005		RP-C	
P6012 (OP No.86), Leh-Tsokar-Nuruchan-Base Camp,52-K-04	△	331357	780757	6012		RP-C	
P6020 (OP No101), Leh-Tsokar-Nuruchan-Gyama-Base Camp, Leh-Chumathang-Korzok-Base Camp, 52-K-04	△	330838	781148	6020		RP-C	
P6029 (OP No.73), Leh-Nia-phu-Dange-BaseCamp,52-K-03	△	332016	780921	6029		RP-C	

P6030 (OP No.90)(Zalung Ri) Leh-Tsokar-Nuruchan-Rajunkaru-BaseCamp, 52-K-04	△	331134	781027	6030		RP-C	(2015 Tochigi(Kumekawa), Japan)
P6035 (OP No.97),Leh-Tsokar-Nuruchan-Gyama-Base Camp Leh-Chumathang-Korzok-Base Camp,52-K-04	△	330330	780942	6035		RP-C	
P6045 (OP No.71),Leh-Niaphu-Dange-BaseCamp, 52-K-03	△	332113	780313	6045		RP-C	
P6045 (OP No.82),Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331821	781436	6045		RP-C	
P6050 (OP No.83), Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331712	781421	6050		RP-C	
P6060 (OP No.94), Leh-Tsokar-Gyama-Base Camp, 52-K-04	△	330409	780542	6060		RP-C	
P6069 (OP No.84)Leh-Niaphu-Dange-Base Camp, 52-K-04	△	331412	780101	6069		RP-C	
P6069 (OP No.85),Leh-Tsokar-Nakpogozing-Base Camp, 52-K-04	△	330546	780011	6069		RP-C	
P6080 (OP No.95),Leh-Tsokar-Gyama-BaseCamp, 52-K-04	△	330331	780621	6080		RP-C	
P6090 (OP No.81), Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331803	781324	6090		RP-C	
P6094 (OP No.103), Leh-Tsokar-Nuruchan-Gyama-Base Camp, Leh-Chumathang-Korzok-Base Camp, 52-K-04	△	330945	781219	6094		RP-C	
P6100 (OP No.104)(Kiagar Ri),Leh-Tsokar-Nuruchan-Gyama-BaseCamp	△	330726	781300	6100		RP-C	(2012 India)
P6100 (OP No.93), Leh-Tsokar-Gyama-Base Camp, 52-K-04	△	330046	780436	6100		RP-C	
P6105 (OP No.98), Leh-Tsokar-Nuruchan-Gyama-Base Camp, Leh-Chumathang-Korzok-Base Camp, 52-K-04	△	330241	780915	6105		RP-C	
P6130 (OP No.102)(Kundama Ri),Leh-Tsokar-Nuruchan-Gyama-Base Camp,Leh-Chumathang-Korzok-Base Camp 52-K-04	△	330935	781215	6130		RP-C	(2012 India)
P6135 (OP No.88), Leh-Tsokar-Nuruchan-Base Camp 52-K-04	△	331127	780830	6135		RP-C	
P6148 (OP No.74),Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331945	780627	6148		RP-C	
P6150 (OP No.87),Leh-Tsokar-Nuruchan-Base Camp 52-K-04	△	331154	780717	6150		RP-C	
P6205 (OP No.79), Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331737	781244	6205		RP-C	
P6205 (OP No.89),Leh-Tsokar-Nuruchan-Rajunkaru-Base Camp, 52-K-04	△	331053	780948	6205		RP-C	
P6230 (OP No.75),Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331922	780932	6230		RP-C	
P6250(E17km of Chumar, near border)		324100	784800	6250		RP-E-S	1987 ITBP First Ascent(?),
P6260 (OP No.80),Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331654	781255	6280		RP-C	
P6280 (OP No.77),Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331849	781103	6280		RP-C	

P6290 (OP No.92), Leh-Tsokar-Nuruchan-Rajunkaru-Base Camp, 52-K-04	△	331216	781042	6290		RP-C	
P6335 (OP No.76),Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331949	781048	6335		RP-C	
P6355 (OP No.100)(Spangnak Ri),Leh-Tsokar-Nuruchan-Gyama-BaseCamp Leh-Chumathang-Korzok-BaseCamp, 52-K-04	△	330728	781028	6355		RP-C	(2014 by UK , Goffin, Keith) 104 Open Peak Ladakh, Rupsh Valley(No.100)
P6360 (Chomo Ri)(W 1km of Chomo Chchmar Lake)	△	331500	781500	6360		RP-C	(2014 Japan, Tochigi (Kumekawa)), The same name in Arnachal
P6380 (OP No.99), Leh-Tsokar-Nuruchan-Gyama-BaseCamp Leh-Chumathang-Korzok-Base Camp, 52-K-04	△	330818	781028	6380	6365	RP-C	(2012 India)
P6385 (OP No.78),Leh-Niaphu-Dange-Base Camp, 52-K-03	△	331824	781155	6385	6358	RP-C	
P6410, (E 14km of Chumar, near border)		324200	784400	6410	6428	RP-E-S	ITBP First Ascent(?),
Panka, (W12km Chushul)		333200	783100	6100		RP-E	
Pera		331200	781900	5252		RP-W	3 M492
Pologongka	○	331900	781200	6635	6632	RP-W	
Puga		322000	781500	5626	5622	RP-W	M.462
Raingdong,(S of Hanle River)		325100	785500	5036		RP-E	M567
Ribil , (S 10km of Mahe)	△	331000	782900	6076		RP-E	M687
Sango Chumik		330300	784700	5600	6000	RP-E	3 M218
Sara Shuwa	○	330000	781000	6236	6238	RP-W	(1995, Ashikaga Univ. Japan)
Sarjom		325200	784000	5765		RP-E	
Shukle, (E 30km of Tso Moriri)	△	325900	782800	6110	6128	RP-W	M.245
Taktonakpo (E 20km of Chumar, near border)		323900	785200	5332		RP-E-S	
Thugje	○	332000	780600	6148		RP-W,C	(1998 Chukyo AC, Japan)
Traktagol	△	330500	775900	5950		RP-W	RP-N M153
Tsokar		333000	780500	5809		RP-W/ LD-S	3 M326
Tuang	△	322600	785800	5640		RP-E	93 M345
Tugia		334300	780000	5925		RP-W-N	3 M347
Tumting		323800	782800	5919		RP-W-S	M350
Tungiam	△	333600	781100	c5500		RP-W	
Yaksir, S 25km Spanggur Tso		331900	784800	6100		RP-E	
Zabar Zung, E 10km of Kyun Tso	△	325500	784200	5778		RP-E	

Kishtwar

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2(m)	AREA	REF:M= 三省堂 , HH=Him. Handbook(First Asc.Y & C)
Agyasol (Arjuna)	○	332200	762100	6200		KI-E	13 M5
Arjuna, Kiar Nala	○	332600	761100	6230	6250	KI-W	
Barnaj -I	○	333500	762300	6250	6100	KI-W	1 M415 IMF
Barnaj -II (North)	○	333400	762300	6290		KI-W	1 M415 IMF
Barnaj -II(Central)	○	333300	762200	6170		KI-W	1 M415
Barnaj -II(South)	○	333300	762200	6150		KI-W	1 M415
Bhiar Malra		325400	762400	5296		KI	3 M424
Blade, (South 6km of Brammah)		32800	760200	5650		KI	
Bologna		334000	761800	6110	5860	KI	M512
Brammah (N 4)		330600	760300	6108		KI-W	1 M471

Brammah -I (N 5)	○	333000	760100	6416	6250	KI-W	1,HH218, M471 IMF, (1973 UK-Indo)
Brammah-II (N 3)(Vishnu)	○	332700	760800	6425	6458	KI-W	1 M471, (1975 Sapporo, Japan)
Brammah-III		332100	760800	5980		KI-W	
Brammah's Wife		333000	760100	5279	5405	KI	M472 IMF
Bujan Peak		332500	762600	5600		KI-E	
Cathedral, (Upper part of Kiar Valey)		333800	760900	5635	5370	KI	1 M129 IMF
Centinel Peak	○	331800	763500	5900		KI-E	
Cerro Kishtwar	○	332100	763200	6220	6200 6328	KI-E, KI-W	IMF, (2011 Swiss), David Lama(Austria), Stephan Siegrist, Denis Burdet, Rob Frost(USA), BMC Report internet
Chapra, (North of Chshot village)		332800	760500	5600		KI	1 M310 IMF
Charcha Peak		334200	770300	6065		KI	IMF
Chering Peak		333000	760800	6107	6000	KI	IMF
Chiling-I	○	333200	762600	6353	6100 6000	KI-E	M323, (1980 UK)
Chiling-II	△	333200	762600	6349		KI-E	
Chomochior	○	332200	763200	6320	6322	KI-E	
Corner (Peak)	△	331401	762200	5600		KI-E, W	
Crooked Finher		332900	760600	5630		KI	1 M153 IMF
Damrot		331000	762000	6171		KI	M294
Dandagporum	○	331800	763000	6200	6100	KI-E	
Dreikant		333300	761200	5890		KI	1 M357 IMF
Dunuid, (South 10km of Bramhha-1)		333100	760800	5980		KI	
Eckpfeiler		332900	760600	5685	5710	KI	1 M72 IMF
Eiger	○	333400	760400	6000	5659	KI-W	5730, 1 M1 IMF
Flat Top (Shiva)	○	332800	760500	6100	6142	KI-W	1 M471
Flavia		334000	761600	5810		KI	1980 Italy
Gharol	○	333000	760800	6000		KI	IMF
Gupta Peak	○	331300	763500	6000		KI	
Gur		333500	755000	5710		KI	IMF
Hagshu (Janam Peak), (East Kishtwar, OP No.24)	○	333000	760800	6515		KI	IMF, (2010 UK)Mick Fowler/Paul Ramsden, BMC Report internet
Hana's Men	△	333000	763000	6191		KI	
Haptal(Hattal)	○	332200	763500	6220	6620	KI	1 M400 IMF
Hudarwas		335100	755400	5277		KI	3 M464
Kalidahar Spires	○	333500	755000	5835		KI	IMF
Khoga Dost, (Hagshu Nala)	○	332500	763000	5650		KI	
Kishtwar Kialas	○	332400	763500	6451		KI	
Kishtwar Shivling	○	332500	762700	6040		KI	
Lashal		333500	762100	6135		KI	M570,(1980 France)
Laul (Agyasol West)		352000	761900	6000	6100	KI	1 M568
Lhalung (Drung Drung Gl. Area)		334000	762000	6500		KI	IMF
Maguedonne(Mugclonne)		333400	762100	5750		KI	
Mardi Phabrang	○	331700	761800	6032	600	KI	IMF
Modena		334500	761400	5710		KI	M551,1980 Italy
N 8 (Cheiong Labho)		334200	760600	6392		KI	1 M73 IMF
Namtse Peak		334100	770000	5600		KI	IMF
Needle Peak		333200	762100	5950		KI	M377
P5051		332430	760510	5051		KI	1
P5064		332155	760857	5064		KI	1
P5090		343600	761300	5090		KI	1
P5135		333755	760410	5135		KI	1
P5153		332955	760600	5153		KI	1

P5180		333710	760558	5180		KI	1
P5186		332628	755955	5186		KI	1
P5190		342855	761400	5190		KI	1
P5216		332400	760125	5216		KI	1
P5255		334130	760705	5255		KI	1 M432, (1969 UK)
P5259		342905	761110	5259		KI	1
P5260		342755	762100	5260		KI	1
P5269		342815	761055	5269		KI	1
P5279		333040	760105	5279		KI	1
P5285		333400	760940	5285		KI	1
P5320		332431	760840	5320		KI	1
P5320		343140	761050	5320		KI	1
P5340		334040	760205	5340		KI	1 M432 IMF, (1970 UK Ladies)
P5370		333755	760850	5370		KI	1
P5394		344140	761558	5394		KI	1
P5415 (Bhazum Nala)		333600	761000	5415		KI	IMF
P5455		343731	761240	5455		KI	1
P5460		333110	760859	5460		KI	1
P5540		343425	761231	5540		KI	1
P5557		334436	761455	5557		KI	1
P5560		334258	760808	5560		KI	1
P5560		342340	761028	5560		KI	1
P5562		334259	761559	5562		KI	1
P5594 (Kiar Nala Area)		334025	755910	5594		KI	1 IMF
P5600		333625	760358	5600		KI	1 M435, (1969 UK)
P5605		334125	760310	5605		KI	1 M435 IMF, (1970 UK Ladies)
P5615		333428	761025	5615		KI	1
P5616		343435	761020	5616		KI	1
P5630		333325	760926	5630		KI	1
P5640 (Barnaj Nala Area)		343230	761805	5640		KI	1 IMF
P5645		333610	760830	5645		KI	1
P5670		343645	761400	5670		KI	1
P5675		333440	755820	5675		KI	1
P5695		333450	760050	5695		KI	1
P5700, (SW 7km of Barna- ji-II-S)	△	332800	761600	5700		KI-W	
P5710 (Barnaj Nala Area)		342915	761805	5710		KI	1 IMF
P5729 (Kishtwar Area)		333500	755000	5729		KI	IMF
P5730, (West 5km of Barna- ji-II-S)	△	333200	761600	5730		KI-W	
P5763		344241	761910	5763		KI	1
P5790		334330	761010	5790		KI	1
P5798		332625	760905	5798		KI	1
P5800 (SE 5km of Barnaji-I)	△	343328	762159	5800		KI	1
P5807		334700	761755	5807		KI	1
P5817 (Kar Nala Area)		334015	760100	5817		KI	1 IMF
P5830 (Nanth Nala)		334500	760500	5830		KI	IMF
P5834		334658	761105	5834		KI	1
P5860		344028	761810	5860		KI	1
P5861		332532	760225	5861		KI	1
P5865		332745	760858	5865		KI	1
P5892		334230	761559	5892		KI	1
P5900 (Barbaj Nala Area)		332530	760728	5900		KI	1 IMF
P5900, (North 2km of Barnaji-I)	△	333500	761600	5900		KI-W	
P5900, (NW 3km of Barnaji-I)	△	333500	761800	5900		KI-W	
P5900, SE 3km of Tupendo-II)	△	331600	762500	5900		KI-E	

P5920		344102	761840	5920		KI	1
P5921 (Kiar Nalla)		334010	760005	5921		KI	1 IMF
P5930		333255	760955	5930		KI	1
P5936		334800	761812	5936		KI	1
P5950 (Barnaj Nala Area)		343120	762058	5950		KI	1 IMF
P5950 (Nanth Nala)		334500	760500	5950		KI	IMF
P5960		343931	761810	5960		KI	1
P5962		334800	761455	5962		KI	1
P6000 (Haske Nala Area)		344010	761555	6000		KI	1 IMF
P6000(S 2km of Apare)	△	331600	762900	6000		KI	
P6000(W 4km of Apare)	△	333400	761500	6000		KI	
P6000, (Puita) (Barnaj Nala Area)		333510	761955	6000		KI	1 IMF
P6000, (SW 3km Bramah-II)		332200	760800	6000		KI-W	
P6000, (WS 5km Agyasol)		331600	761900	6000		KI-W	
P6002, (SW 2km of Buramah-II)		332630	760800	6002		KI	1
P6013 (Johannes Paulo-II) (Head of Kijai Nala)		332445	760710	6013		KI	1 M438, (1979 Poland)
P6013 (Poland Kishtwar)(East 2km of Eiger)		333400	760600	6013		KI	1 M438, (1979 Poland)
P6026		335545	761510	6026		KI	1
P6040 (South of Muni La)		333000	760800	6040		KI	IMF
P6045		334200	760330	6045		KI	1
P6052		334645	761725	6052		KI	1
P6062		341941	761710	6062		KI	1
P6085		334558	761155	6085		KI	1
P6093		343841	761756	6093		KI	1
P6100		334255	760630	6100		KI	1
P6116		334500	761500	6116		KI	1
P6139 (Keiji Nala Area)		333500	760900	6139		KI	IMF
P6200		334202	760428	6200		KI	1
P6225		343810	761710	6225		KI	1
P6250 (Keiji Nala Area)		333500	760900	6250		KI	IMF
P6271		322200	774400	6271		KI	(1977 Irland)
P6280, (NE 4km Hana's Men)	△	333600	762900	6280		KI-E	
P6300		343559	761540	6300		KI	1
P6415		333440	760750	6415		KI	1
P6520		333600	760700	6520		KI	1
P6560		334000	761700	6560		KI	M438-439, (1979 Konan Univ. Japan)
Paburigo		332600	765100	5190	5191	KI	1 M407
Problems, (6km of Brammha-I)		32800	760200	5650		KI	
Puga		332000	781500	5622		KI	3 M462
Pyramid		334500	761500	5930	6116	KI	M451
Rhni Sikhhar		322200	764000	6000		KI	
Rohini Sikhhar	○	301800	763600	6000		KI-E	
Shibshpahar (East part of Kishitwar)		332200	762700	6040		KI	M234
Sickle Moon (N 6)	○	333600	760800	6574	6547	KI-W	20 IMF,HH219, (1975 India)
Spear	○	331800	762000	6000		KI-W	
Tibetsi		333600	761000	5600		KI	IMF, (1976 Japan,Inst. Mt.Equipment, 登山用 具研)
Token		323200	761800	5130		KI	M352
Tupndo-I(Druid)	△	331500	762300	5700		KI-E	(2015,Swiss E-Pillar climbed)
Tupndo-II	○	332700	762300	5600		KI-E	
Umashi Peak	○	332500	763400	6020		KI-E	

Kashmir

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2(m)	AREA	REF:M= 三省堂, HH=Him. Handbook(First Asc.Y & C)
Sarbal, (ENE 20km of Srinagar)	△	341100	745900	4041		KA	M216
Bazdam	△	340800	772400	4666		KA-E	
Amarnath	△	381200	752900	5007		KA-E	
Gujal Hut, (East 20km of Haramukh)	△	342200	750400	5085		KA-W	
Buttress Peak	△	340800	751900	5117		KA-E	1 M401
Beraz	△	342200	753800	5450		KA-E	1 M492
Sheshnag, (NE 20km of Pahalgam)	○	341000	742600	4717		KA-E	M227
Haramukhu-West	○	342400	745100	4800		KA	M410
Thajiwas, (West 5km of Sonnamarg)	○	341500	751600	4856		KA-E	M290 (1971 Japan(HAJ))
Roof Peak, (Near Kolahoi Main)	○	341000	751900	4952		KA-E	M593, (1935 UK(J.Hant))
Haramukh-Middle	○	342400	745300	5029		KA	M411
Kolahoi-South (Bur Dalau)	○	330800	752000	5110		KA-E	
Kunyerhyen, (30km of Amaenat)	○	340300	743000	5136	5138	KA-E	1 M160
Haramukh (East)	○	342500	745300	5143	5148	KA	5142, 4 M410 IMF
Kolahoi (Gwashibrar) (Cashbrair)	○	341000	751900	5425		KA-E	M195
Apharwat, (Near Pakistan border)		340200	742500	4143		KA	M11, (1974 HAJ(Okii))
P6356, (East 20km of Amarnat)		341100	564100	4356		KA	
Tattakuti, (In Haramukhu Mts)		342500	745300	4742		KA	
Sunset Peak, (In Haramukhu Mts.)		342500	745300	4745		KA	
Greater Thajiwas, (West 5km of Sonnamarg)		341600	751400	4860		KA	M290, (1971 HAJ(Okii))
Station Peak		342400	745200	4876		KA	M261, (1657 UK)
Gangabal Peak		342500	745100	5000		KA	M112
P5012		342900	753402	5012		KA	1
Vishnu, (South 3km Vishan Sar)		341700	750500	5085		KA	
Haramukh-North		342500	745200	5100		KA	M411
Kinari Darkush Chish		342600	751900	5210		KA-E	
P5305		342255	752430	5305		KA	1
P5310		341955	753755	5310		KA	1
P5437		342010	752710	5437		KA	1
Nichhang		333600	762000	5444		KA	IMF
Shunika, (NNE 38km of Kargil)		345100	761800	5495		KA	3 M246

Pangong

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2(m)	AREA	REF:M= 三省堂, HH=Him. Handbook(First Asc.Y & C)
Bapi(Banu), (South 13km of Spanggur Lake)		335200	785500	6215	6300	PA	
Barma Kangri	○	334200	783300	6580		PA	(2010 Japan (Chukyo AC))
Chilam		335600	780500	5949		PA	3
Chumik		331200	785500	5995		PA	3 M315
Handling		324700	784000	6215		PA	20 M423
Harong, (East)(Pangong Range)	○	335500	782000	6210	6209	PA	3 M419 (Harong West in Ladakh)
Jata		324500	794000	5000		PA	7
Kakstet (Kangri)	○	334100	783400	6461	6442	PA	M92
Kamdar		330800	781700	5280		PA	3 M102
Kangju Kangri (Thinguru)	○	334200	783100	6725	6724	PA	
Kharpa		324600	780900	6234		PA	20 M110
Maan	○	334850	782750	6342		PA	(2007 JAC(Ishikawa),- Japan)

Mari-West (Knocuk Tsoo)	○	334800	782800	6560		PA	(2004 India)
Mari-East	○	334800	782750	6585		PA	(2011 Japan(Tochigi))
Meruk	○	333600	783000	c6215		PA	
Modu		331300	784900	5900	5920	PA	3 M551
Nechung		331600	784000	6037		PA	3 M376
P5044, (S 12km of Spanggur Lake)		332800	785200	5044		PA	
P5072, (NE 18km of Kakstet)		334900	783600	5072	5073	PA	
P5122, (NW 7km of Kangju Kangri)		334600	782600	5122		PA	
P5209, (West 2km of Spanggur Lake)		333200	784200	5209		PA	
P5244, (NW 5km of Harong), Harong Area		335700	781900	5244		PA	
P5291, (N 2km of Imur Camp), Harong Area		335600	782300	5291		PA	
P5327, (N 6km of Harong), Harong Area		335800	782100	5327		PA	
P5414, (S of Imur Camp), Harong Area		335600	782300	5414		PA	
P5438, (NE 21km of Kakstet)		334700	784500	5438	5488	PA	
P5508, (ESE 23km of Kakstet)		333300	784200	5508	5388	PA	
P5510, (N 5km of Spanggur Lake)		333800	785200	5510		PA	
P5578, (SW 3km of Spanggur Lake)		332900	784800	5578		PA	
P5650, (NW 3km of Spanggur Lake)		333900	784600	5650		PA	
P5683, (N 5km of Spanggur Lake)		333600	785900	5683		PA	
P5684, (ESE 22km of Kakstet)		333300	784200	5684	5650	PA	
P5688, (ENE 22km of Kakstet)		334600	784800	5688	5682	PA	
P5692, (N of Bapi on Border)		332700	785900	5629		PA	
P5774, (W 12km of P6565), Harong Area		334900	782300	5774		PA	
P5799, (N 5km of Spanggur Lake)		333700	785400	5799		PA	
P6000, (SE 5km of Tangtse) .		345800	781800	c6000		PA/LS	
P6000 (Cockscom), (S 1km of Mari West)	△	334800	782700	c6000		PA	
P6009, (E 10km of Pangong Tso, on Border)		355800	784400	6009		PA	
P6021, (E 10km of Pangong Tso, on Border)		334700	785300	6021		PA	
P6045, (N 3km of Spanggur Lake)		333500	785300	6045		PA	
P6081, (NE 27km of Kakstet)		335700	784200	6081		PA	
P6083, (N 2km of Bapi)		332700	785500	6083		PA	
P6094, (E 10km of Pangong Tso, on Border)		334800	785200	6094		PA	
P6096, (E 10km of Pangong Tso, on Border)		335700	784600	6096		PA	
P6100, (SE 7km of Tangtse Peak)		345600	781900	c6100		PA/LS	
P6134, (S of Kakstet, Shikti Lungpa South)	△	334200	783500	6143		PA	(1995 Pre Everest, India)
P6151, (NNE 25km of Kakstet), Pangong Range Central area	△	335200	784000	6151	6181	PA	
P6171, (N of Bapi on Border)		332800	785800	6171		PA	
P6190, (S 6km of Kakstet)		334900	783500	6165		PA	
P6206, (S of Bapi, on Bor- der),S Area of Spanggur Lake		332400	785500	6209		PA	
P6278, (E 10km of Pangong Tso on Border)		335100	785000	6278		PA	

P6309, (Near P6585),Harong Area		335200	630900	6309		PA	
P6341, (Near P6585),Harong Area		335100	782600	6341		PA	
P6375, (NNE 23km of Kakstet), Pangong Range Central area	△	335200	784390	6375		PA	
P6442, (N of Spmpana, Most N of Pangong Range),Harong Area		330900	775900	6442		PA	
P6486, (NW 5km of Kangju Kangri)		334500	783000	6486		PA	
P6580, (E 2km of Kasktet)		334100	784000	6580		PA	(1983 Army India)
P6585, (NW 8km of Kangju Kangri)		334800	782900	6858		PA	
P6715, (NE 24km of Kakstet), NE Area of Pangong Tso		334900	784700	6175	6263	PA	
Pangong Kangri		335000	784200	6150	6170	PA	
Rezani-I, (W 3km of Bapi), Southern Area of Spanggur Lake		332500	785100	5361		PA	
Rezani-II, (W 3km of Bapi),- Southern Area of Spanggur Lake		332500	785100	5291		PA	
Sajum, (S 22km of Spanggur Lake on Border)		332000	785300	6102	6101	PA	
Spangmik	○	345300	782300	c6240		PA	
Tangtse	△	340000	781500	6010	6096	PA/LS	3 M299
Zanak Po, (Same name peak)		322900	785000	6294		PA	20 3 M210
Zanak Po (Zanakpo),(Same name peak)		323100	785000	5917		PA	20 3 M210
Zleck		331100	771800	5649		PA	3 M267
Zoboshisha		331100	782100	5082		PA	3 M277

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PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2(m)	AREA	REF:M= 三省堂 , HH=Him. Handbook(First Asc.Y & C)
Barmal Peak(W 3km of Nun)	△	340300	755800	5813		Z-N	Map No-9
Biachuthusa(ESE 25km of Kargil)	△	343100	762500	c5000		Z-N	
Bien Guapa(W 3km of Senhtik Village)	○	340600	754400	5972		Z-N	M425, 1980 Kanagawa Univ Attempt
Chosirok(R36), S 5km of Reru	○	331600	765900	5829	5830	Z-R	3 M319
D41, Head of Barmal Gl.(W of Nun)		340200	755800	5813		Z-N	Map No-9
D42, Head of Sentic Gl..(W of Nun)		340100	760700	5237		Z-N	Map No-9
Delusion, Head of DD Gl.	○	334400	761300	6560		Z-N	Map No-9 (1977 UK)
Doda(upper part of Drung Darung Gl.)	○	333800	761800	6550		Z	1 M353, (Japan Toyo Univ)
Giorgio, (S of Ringdong Gompa)	○	340200	762900	6535		Z-N	Map No-9 (2005 Italia)
Ismingchand(S 25km of Kargil)	△	342100	760900	5492		Z-N	Map No-9
Khlangpu, E 65km of Nun		335100	765000	5163		Z	3 M107
Kun(Mer)	○	340200	760400	7077		Z-N	HH219, 1913 Italy)
Lalung-I(OP No11), (S 10km of Z8)(S 30km of Ringdom Gompa)		334535	761413	6243		Z	
Lalung-II(OP No12), (S 10km of Z8)(S 30km of Ringdom Gompa)		334700	761202	6175		Z	
Lalung-III(OP No13), (S 10km of Z8)(S 30km of Ringdom Gompa)		334522	761200	6120		Z	

Lingsarmo (Pinnacle Peak)(OP No1),(Gulmatonga village S 5km)	○	340221	760452	6995 6930		Z-N	Map No-9
Naktul		342900	771200	5562		Z-N	Map No-9
Nga Tsoey Kangri East (Near (L13) (Twin with West peak.), Lenak Nala	○	330619	770009	6060		Z-L	(2012 Kyoto Univ. 京都大 AC, Japan)
Nga Tsoey Kangri West, (L13) (Twin with East peak.),Lenak Nala	○	330619	770009	6080		Z-L	(2012 Kyoto Univ. 京都大 AC, Japan)
Nun(Ser)	○	340200	760200	7135	7143	Z-N	HH219, (1953 Inter(Italy USA))
P5204, NE 8km of Ichu		341900	761700	5204		Z-N	Map No-9
P5492		341840	760930	5492		Z-N	1
P5516		342200	752550	5516		Z-N	1
P5571, W 10km of Sanka	△	341600	755200	5571		Z-N	Map No-9
P5610, W 30km of Kargil	△	343600	775100	5610		Z-N	Map No-9
P5704(T17)	△	331900	776500	5704		Z-N	Map(No.9-2/9-1)
P5716, E 15km of Ichu	△	341600	762100	5716		Z-N	Map No-9
P5730(H20),Haptal Tokpa Area	△	332500	763800	5730		Z-H	Map(No9-1)
P5740(H14),Haptal Tokpa Area	△	332400	764300	5740		Z-H	Maps No.9-1
P5774(T14)		332300	764800	5774		Z	Maps No.9-2
P5775(H13),Haptal Tokpa Area		332600	764100	5775		Z	Maps No.9-1
P5800(Karpo Tibba) (N of P6110 (R20)) Nateo Nala		332900	765200	5800		Z	Japan Worker's M.Fed. Saku Section, Masters(労山マスタース・佐久)
P5802, (Durung Drang GI Area)	○	334700	761800	5802		Z	
P5817(R29)	△	330100	765600	5817		Z-R	Maps No.9-3
P5825		334600	761700	5825		Z	
P5825(R19)Reru Valley Area		330900	765200	5825		Z	Maps No.9-3
P5825, (Near Z-VIII)	○	332300	764800	5774		Z	
P5829(R5)Reru Valley Area	△	331500	765300	5829		Z-R	Maps No.9-3/9-2
P5831(R12)Reru Valley Area	△	331400	765300	5831		Z-R	Maps No.9-3/9-2
P5840(G25),Giabul Nala Area	△	325900	770700	5840		Z-N	Maps No.9-4
P5840(H16),Haptal Tokpa Area	△	332200	764300	5840		Z-H	Maps No.9-1
P5845(H17),Haptal Tokpa Area	△	332800	764200	5845		Z-H	Maps No.9-1
P5850(G23),Giabul Nala Area	△	325800	770000	5850		Z-N	Maps No.9-4
P5860(H15),Haptal Tokpa Area	△	332300	764200	5860		Z-H	Maps No.9-1
P5862(R27)Reru Valley Area	△	331200	765700	5862		Z-R	Maps No.9-4/9-3
P5865(G21),Giabul Nala Area	△	330200	770600	5865		Z-N	Maps No.9-4
P5878(H21),Haptal Tokpa Area	△	332600	763800	5878		Z-H	Maps No.9-1
P5890,Reru Valley Area	○	331000	764900	5890		Z	
P5900 (E of Urasila,N of Mani La)		332500	763300	5900		Z	IMF
P5908(T11)Temasa Nala Area	△	332100	764900	5908		Z-T	Maps No.9-3/9-2/9-1
P5910(H11),Haptal Tokpa Area	△	332700	763900	5910		Z-H	Maps No.9-3/9-2
P5916(Kusyabla=Monk)	△	330200	764700	5916		Z-T	Maps No.9-2, (2015 Aug. UK(D.Buckle))
P5925		335805	765202	5925		Z	1
P5930(L17),Lenak Nala Giabul Nala Area	△	330600	770500	5930		Z-T	Maps No.9-3
P5934		340855	760632	5934		Z	1 IMF
P5935(G19),Giabul Nala Area	○	330100	770400	5935		Z-L	Maps No.9-4
P5935(T2)Temasa Nala Area	△	331600	764900	5935		Z-T	Maps No.9-3/9-2
P5935(T3)Temasa Nala Area	△	331600	764300	5935		Z-T	Maps No.9-2
P5945(H9),Haptal Tokpa Area	△	332800	764100	5945		Z-H	Maps No.9-1
P5947(R2),Reru Valley Area	△	331800	765300	5947		Z-R	Maps No.9-3/9-2
P5947(Temple), Temasa Nala	△	332100	764700	5947		Z-T	Maps No.9-2, (2015 UK(D.Buckle))
P5957(R10),Temasa Nala	△	331900	774800	5957		Z-R	Maps No.9-3
P5957(T10)Temasa Nala Area	△	331900	764700	5957		Z-R	Maps No.9-2

P5962(R31), Katkar Nala	△	330700	765700	5962		Z-R	Maps No.9-3/9-4
P5970	△	340600	754320	5970		Z	1
P5970(SE 5km of G22),Nimkha Tokpo upper, Gibal Nala branch	△	325600	770500	5750		Z-L	(2012 Scotland)
P5972(R8)Reru Valley Area	△	331400	765000	5972		Z-R	Maps No.9-3/9-2
P5974(H18),Haptal Tokpa Area	△	332200	763900	5974		Z-H	Maps No.9-3/9-2
P5975(G3),Lenak Nala · Giabul Nala Area	△	330400	770000	5975		Z-L	Maps No.9-4
P5994(R28), Katkar Nala	△	330600	765900	5994		Z-R	
P5995(T6)Temasa Nala Area	△	331500	764500	5995		Z-T	Maps No.9-2
P6000 (OP No20)(Named Rucho) (S 6km of Doda),Leh-Kargil-Ringdom-PensiLa-Base Camp, 52-C-06	○	333847	762411	6000		Z	2017 Japan, Yamanoi & Furuya(山野井、古谷)
P6005(OP No47), L15(6070m), Leh-Kargil-Ringdom-Padum-Teta-Base Camp, 52-C-04	△	330035	770308	6005		Z-L	
P6007(R34)Reru Valley Area	△	330700	765800	6007		Z-R	Maps No.9-3/9-4
P6008(R24)Reru Valley Area	△	330700	765300	6008		Z-R	Maps No.9-3
P6010(H10),Haptal Tokpa Area	△	332800	764000	6010		Z-H	Maps No.9-1
P6010(H19),Haptal Tokpa Area	△	332300	763800	6010		Z-H	Maps No.9-1
P6014(G11),Giabul Nala Area	△	330000	765900	6014		Z-L	Maps No.9-4
P6015(G31),Giabul Nala Area	△	325700	770900	6015		Z-L	Maps No.9-4
P6018(OP No.34),Leh-Kargil-Rigdom-Padum-Pare-Base Camp, 52-C-01		334547	770411	6018		Z	
P6020(L8), (OP No40)Lenak Nala · Giabul Nala Area, Leh-Kargil-Ringdom-Padum-Teta-Base-Camp, 52-C-04	△	330900	770200	6020		Z-L	Maps No.9-4, (2017 JAC Students, Japan)
P6022(T7)(OP No.33)Temasa Nala Area, Leh-Kargil-Ringdom-Padum-Base Camp		331900	764600	6022		Z-T	Maps No.9-2
P6028(T12)(OP No.31)Temasa Nala Area,Leh-Kargil-Ringdom-Padum-Base Camp, 52-C-15		332300	765200	6028		Z-R	Maps No.9-2
P6034(OP No.36),Leh-Wanla-Photoksar-Neyrak-Base Camp, 52-G-01		334725	770301	6034		Z	
P6035(OP No19),Leh-Kargil-Ringdom-PensiLa-Base-Camp, 52-C-06		334200	781818	6035		Z	
P6035(OP No25),Leh-Kargil-Ringdom-Chibra-Base Camp, 52-C-06		333135	762847	6035		Z	
P6036(R3), Reru Valley Area	△	331700	765300	6036		Z-R	Maps No.9-2/9-3
P6042(H3),Haptal Tokpa Area	△	332700	764200	6042		Z-H	Maps No.9-1
P6045(OP No43)(L11),Lenak Nala · -Giabul Nala Area, Leh-Kargil-Ringdom-Padum-Teta-Base Camp, 52-G-04	△	330649	770214	6045		Z-R	Maps No.9-4/9-3, L11
P6048(OP No14),Leh-Kargil-Ringdom-PensiLa-Base-Camp, 52-C-05		334756	761517	6048		Z	104 Open Peak Zanskar(No.14)
P6050(Go Cook), Reru Nalla	△	341500?	765400?	6050		Z-R	HJ Vol.68 (2014 Swiss)
P6054(R32),Lenak Nala · -Giabul Nala Area		330600	765800	6054		Z-R	Maps No.9-3

P6060 (G20)(OP No48),(Named Sonam Ri)Giabul,Leh-Kargil-Ringdom-Padum-Teta-Base Camp, 52-G-04 Nala	△	330035	770513	6060		Z-L	Maps No.9-4, (2014 Swiss)
P6067 (OP No18), Leh-Kargil-Ringdom-PensiLa-Base Camp, 52-G-05		334606	761540	6070		Z	
P6070 (L15)(Named Gyalmo Kangri),Lenak Nala · Giabul Nala Area	△	330400	770200	6070		Z-R	Maps No.9-3, (2014 Gakushuin Univ, Japan) HIMALAYA No.471
P6070(Tomg's Miduk Ri)Reru Nalla		341500?	765400?	6070		Z-R	HJ Vol.68, (2014 Swiss)
P6071(R1)Reru Valley Area	△	331000	675400	6071		Z-R	Maps No.9-3/9-2
P6075 (OP No37),Leh-Kargil-Ringdom-Zangla-Sumdo-Base Camp, 52-G-02		333831	771233	6075		Z	
P6078(G14),Giabul Nala Area	△	330000	770100	6078		Z-L	Maps No.9-4
P6080 (L13) (OP No44) (Nga Tsoey Kangri E) ,Lenak Nala · Giabul Nala Area	△	330600	770000	6080		Z-L	Maps No.9-3/9-4, JAC Alpine Nwes, Vol.14, 2013,pp.82-90, (2012 Kyoto Univ. 京都大登録, Japan)
P6080(OP No22), Kugisha Chu, Leh-Kargil-Ringdom-Chibra-Base Camp, 52-C-06	△	333719	781256	6080		Z-L	Maps No.9-4
P6080(R4)Reru Valley Area		331600	765300	6080		Z-R	Maps No.9-3/9-2
P6080, Giabul Nala Area		325800	771300	6080		Z	
P6085(H2),Haptal Tokpa Area	△	332800	764300	6085		Z-H	
P6101(R10)Reru Valley Area	△	331400	765200	6101		Z-R	Maps No.9-3/9-2
P6107(T9)(OP No32), Temasa Nala, Leh-Kargil-Ringdom-Padum-Base Camp, 52-C-15	△	332004	764701	6107		Z-T	Maps No.9-1/9-2
P6110(R20)Reru Valley Area	△	330800	761100	6110		Z-R	Maps No.9-3
P6111(R18),Nateo Nala	△	331100	765100	6111		Z-R	Maps No.9-3, Japan Worker's M.F.,Saku Section(労山マスタース · 佐久)
P6115(G22),Giabul Nala Area	△	325900	770400	6115		Z-L	Maps No.9-4
P6120(OP No38),Leh-Kargil-Ringdom-Zangla-Sumdo-Base Camp, 52-G-02		334048	770906	6120		Z	
P6125(Goat Peak),Bagrac Nala Area	△	325700	770500	6125		Z-L	Maps No.9-4
P6125(OP No21),Leh-Kargil-Ringdom-Chibra-Base Camp, 52-C-06		333751	761256	6125		Z	
P6125,(S 2km of G24)Giabul Nala Area	△	325500	770900	6125		Z	
P6126(OP No35),Leh-Kargil-Ringdom-Padum-Rare-Base Camp, 52-G-01		330150	770102	6126		Z	
P6128(R25)Reru Valley Area	○	330800	770200	6128		Z-R	Maps No.9-3
P6128(R33),Lenak Nala · - Giabul Nala Area	○	330600	770400	6128		Z-R Z-L	Maps No.9-4
P6140(L9),(OP No41)Lenak Nala · Giabul Nala Area	○	330800	770300	6140		Z-R	Maps No.9-4
P6148 OP No.4), Leh-Kargil-Parkachik-Gulmatong-Base Camp, 52-B-04		340249	760208	6148		Z	
P6148(R35)(Katkar Kangri), Katkar Nala		350600	765900	6148		Z-R	Maps No.9-4/9-3, (2012 Greek)

P6150 (Between G18 & G22), Nimkha Tokpo upper, Gibal Nala branch		323255	770400	6150		Z	(2012 Scotland)
P6150(OP No39), Leh-Kargil-Ringdom-Zangla-Sumdo-Base Camp, 52-G-02		333945	771035	6150		Z	
P6150(R9)Reru Valley Area		331700	765100	6150		Z-R	Maps No.9-2
P6150, Giabul Nala Area		325900	770400	6150		Z-L	
P6157(T20),(OP No26)Gompe Tokpa Area		332502	764849	6157		Z-T	Maps No.9-2/9-1
P6158(R26)Reru Valley Area	○	330900	765500	6158		Z-R	Maps No.9-3/9-4
P6162(T19),(OP No27)Gompe Tokpa Area	○	332400	764800	6162		Z-T	Maps No.9-2/9-1
P6165(L10),(Thukpa Kangri), Lenak Nala - Giabul Nala Area		330700	770200	6165		Z-R	Maps No.9-3/9-4, (2012 JAC Students, Japan)
P6170(Red Apple),Raru(Reru) Nailla		341500?	765400?	6170		ZA-E	HJ Vol.68 (Swiss)
P6177(R6)Reru Valley Area		331400	765000	6177		Z-R	Maps No.9-3/9-2
P6180(L14),(OP No46)Lenak Nala - Giabul Nala Area	○	330400	770100	6180		Z-R	Maps No.9-3
P6184(T18),(OP No28)Gompa Tokpo Area	○	332300	764700	6184		Z-H	Maps No.9-1
P6193(H8), Satachen Tokpo Head	○	332800	764300	6198	6193	Z-H	Maps No.9-1
P6197(OP No15), Leh-Kargil-Ringdom-PensiLa-Base Camp, 52-C-05		334704	781546	6197		Z	
P6240(OP No23), Leh-Kargil-Ringdom-Chibra-Base-Camp, 52-C-06		333504	782218	6240		Z	
P6274(OP No16), Leh-Kargil-Ringdom-PensiLa-Base Camp, 52-C-05		334904	761546	6274		Z	
P6276(Lama Jirsa Kangri)(R7), Teteleh Valley in Reru Valley Area(Near R6=6177)		331500	765200	6726		Z	Maps No.9-3, (2011 Imperial Collage, UK)
P6278(H5), Satachen Tokpo Head	○	332800	762800	6278		Z-H	Maps No.9-1
P6294(T4), Temasa Nala Area	○	331500	764700	6294		Z-T	Maps No.9-2
P6431(OP No29), Leh-Kargil-Ringdom-Padum-Base Camp, 52-C-15		332309	784847	6431		Z	
P6431(T16)(Karpo Kangri) Khapang Tokpa Area		332300	764800	6431		Z-T	Maps No.9-1/9-2, (2016 Rumania)
P6436(T13)(OP No30), Temasa Nala Area	○	332200	764700	6436		Z-R	Maps No.9-1/9-2/9-3
P6485(OP No17), Leh-Kargil-Ringdom-PensiLa-Base Camp, 52-C-05		334524	762021	6485		Z	
Phtoksar(No.6), Leh-Wanla-Phtoksa-BC, 52-B-16		340142	764748	6080			
Pidmu		334200	765100	5098		Z	
Pinnacle Peak		340200	760500	6995		Z-N	
Rahamo,(Z10-North)		333900	760700	6000		Z	(1984 Dokkyo Univ. Japan)
Ramjyak,NE 3km of Zanskar Sumdo		325200	770800	6318		Z	(2002 India)
Rigiari(SE 22km of Kargil)		332400	761600	4891		Z-N	
Rinamphu, N 15km of Padam		333700	765200	5813		Z	1
Rungofarka(OP No.2),Leh-Kargil-Parkachik-Base Camp, 52-B-04		340205	760334	6395		Z	

Shafat-1(OP No.5), Leh-Kargil-Parkachik-Gulmatong-BaseCamp, 52-B-04		340040	760507	6800		Z	
Shafat-III(OP No8),Leh-Kargil-Parkachik-Gulmatong-Base Camp, 52-C-01		335616	750822	6155		Z	
Shafat-II(OP No7), Leh-Kargil-Parkachik-Gulmatong-Base Camp, 52-C-01		335638	760643	6302		Z	
Skilma Kangri,Lenak Nala/ Katkar Nala Area	△	330800	770200	5970		Z-L	Maps No.9-4, (2009 UK)
Takpachandeigo, NEN 15km of Padam		333600	765600	5130	5135	Z	5163, 1 M289
Techafarka(OP No3), Leh-Kargil-Parkachik-Base Camp, 52-B-04		340201	760835	6495		Z	
View Point Peak ,DD Gl.	○	334400	761500	5557		Z	
White Needle	○	340000	760200	6600		Z-N	HH221,(1934 UK)
Z- III (Cimaltalia)	○	334400	761900	6270		Z-N	1 M270 IMF OP
Z- VIII	○	334700	760600	6050		Z	1 M271 IMF OP
Z-I	○	335800	760700	6181	6155	Z-N	20 1 M270 OP
Z-II	○	334700	760600	6175	6152	Z-N	1 M270 IMF OP, (1977 Italy)
Zim, (SW 3km of Sani Gompa)	△	332900	764600	5286		Z-H	Maps No.9-1, 3 M234

Himachal

Chamba

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M= 三省堂, HH=Him. Handbook, First Ascent)
Baihali Jot (Bahuguna Peak)	○	325100	763500	6279	6281	CA	1 99, HH183,(1969 Indo-UK)
Baihali Jot North	○	325300	763200	6290	6286	CA	20 M390 IMF
Baihali Jot South	○	324800	763000	6294	6283	CA	99 IMF
Baleli Jot., E of Shiva		330500	764100	5604		CA	LM
Bara Kanda (Snow Cone)		323200	764100	5857		CA	99 M410
Bui Ka, Jot E of Shiva		330400	764000	c5300		CA	LM
Butcher's Peak, 18km N of Gangstang		325500	765500	5400		CA	M465
Chettan Peak	○	325100	765800	6109		CA	
Chhabaru, S of Balhai Jot		322900	773000	5806		CA	LM
Chokas Rang 1km S of Kaillash		322400	764000	5650		CA	99 M318
Dagai Jot, ENE of Menthosa	○	325700	764600	5923		CA	
Dhara Goh, NE of Sanakden Jot		323600	764800	5396		CA	LM
Dumgol, ES of Udaipur		322100	763200	5994		CA	LM
Duphao Jot		325100	763600	6100	6099	CA	1 M349 IMF, HH188, (1969 India)
Duphao Jot-N		325200	763700	6286		CA	20
Gangstang (Cima Italia)	○	324500	765700	6162	6163	CA	20 99 M113, HH189, (1945 Italy)
Gordhar Jot (Pass), S of Menthosa		325100	774000	6058		CA	LM
Grechu Jot		323200	765200	5429		CA	99 M156
Gumashbehi, S of Gangstang		324200	765800	5383		CA	LM
Gurkha Parbat		325000	773500	5690		CA	LM
Jatoban Jot (Jatoban Jot)(S Baihari Jot)		324000	763000	6294		CA	99 M238
Jongpar Got, Right B Miyar Gl.		330500	764700	5755		CA	LM

Kailas (Kailash)(Manimahesh Peak)	○	322400	763900	5656		CA	M89
Kholubar Goh		324100	775800	5829		CA	LM
King's Peak, 9km N of Gangstang		325100	765800	6066		CA	99 M135
Kuja Ka Tilla (Kujaka Tilla) 25km of Shiva		332000	763500	5450		CA	99 37
Kulma Jot, SW of Menthosa		325800	763700	5438		CA	LM
Kulu Peak		322300	770500	5500		CA	1 M154
Laluni Jot (Pass), S of Sanakden Jot		322600	765300	5973		CA	1 M579 IMF
Laluni-I, S of Sanakden Jot		322500	765600	6032		CA	LM
Laluni-II, S of Sanakden Jot		322600	765600	6028		CA	LM
Laterun., 8km S of Bara Bangahal village		321000	764500	5087		CA	37
Malkulu Jot, SE of Menthosa		325200	773600	6058		CA	LH
Manimahesh Pk.(Kailash)		322500	764000	5656		CA	LH
Menthosa	○	325500	764300	6443		CA	20 M549 IMF,HH197, (1970 UK)
Menthosa-South		325400	764300	6300		CA	1 M549
Naingar Choti	○	324400	765300	6094		CA	
Miyar Nala Head	○	330700	765200	6546		CA	99 M539
Mund Jot.. E of Shiva		330600	764200	5134		CA	LM
Murala. NE of Tent P.		323500	764200	5730		CA	LM
Nagru, S of Shiva		330300	763300	c5100		CA	LM
North Peak, WSW 5km of Gangstang		324400	765400	5981	5226 5198	CA	5198, 1 99 M387
P5007		322536	764733	5007		CA	1
P5012		324127	762815	5012		CA	1
P5031		324510	762355	5031		CA	1
P5062		330020	762155	5062		CA	1
P5071		324650	765715	5071		CA	1
P5094		330930	762625	5094		CA	1
P5124		325158	764328	5124		CA	1
P5130		325650	762510	5130		CA	1
P5180		331100	762510	5180		CA	1
P5191		324535	765505	5191		CA	1
P5238		324915	762255	5238		CA	1
P5244		331058	763440	5244		CA	1
P5265		324355	764728	5265		CA	1
P5271		330858	763345	5271		CA	1
P5298		325410	762310	5298		CA	1
P5303		323955	763750	5303		CA	1
P5329		325830	762050	5329		CA	1
P5357		323852	762555	5357		CA	1
P5406		324559	765800	5406		CA	1
P5414		330710	763500	5414		CA	1
P5432		323240	765130	5432		CA	1
P5434		324925	765731	5434		CA	1
P5441		324415	764637	5441		CA	1
P5488		330010	763145	5488		CA	1
P5497		324829	765900	5497		CA	1
P5505		324650	765830	5505		CA	1
P5518		324840	762850	5518		CA	1
P5575		323028	764920	5575		CA	1
P5584		325135	765455	5584		CA	1
P5681		330410	763410	5681		CA	1
P5686		324030	762656	5686		CA	1

P5700		324925	763405	5700		CA	1
P5710		324928	765940	5710		CA	1
P5715		331045	762635	5715		CA	1
P5730		323559	764250	5730		CA	1
P5753		324828	763010	5753		CA	1
P5760		324850	763155	5760		CA	1
P5789		324802	764810	5789		CA	1
P5804		324355	765655	5804		CA	1
P5807		324825	763040	5807		CA	1
P5835		325928	765250	5835		CA	1
P5850		324205	765332	5850		CA	1
P5908		324950	765955	5908		CA	1
P5947		324315	765800	5947		CA	1
P5956		325859	764555	5956		CA	1
P5994		324052	763200	5994		CA	1
P6068		331000	763910	6068		CA	1
P6096		330958	763655	6096		CA	1
P6200		325715	765900	6200		CA	1
P6244		323958	760632	6244		CA	1
P6294		324856	763240	6294		CA	1
P6300		325430	764215	6300		CA	1
P6546		325600	764300	6546		CA	1, (1976 Shizuoka AC, Japan)
Peanut Peak, NNW 10km of Gangstang		325100	765500	5556		CA	99 M448
Poonam (E 2km of Menthosa)	△	325500	764200	c5700		CA	
Sanakdeng Jot	○	323100	765200	6045		CA	1 M210 IMF
Sattu da par, N of Naingar Choti		622500	765500	5650		CA	LM
Scorpion Peak, N 10km of Gangstan		325200	765800	5912		CA	99 M258
Shibshankar (Shib Sharjar)	○	330700	763600	6020	6011	CA	6095
Shiling, S of Phbrang		324200	765000	c5000		CA	LM
Shikar Beh	○	321600	770300	6200		CA	M236
Shiga-I	○	324500	764600	5840		CA	M227
Shiga-II	○	324400	764700	5800		CA	M227
Shingoti Got, E of Menthosa		325500	764800	5648		CA	LM
Shiva	○	330500	763400	6142	6000	CA	20 M224 IMF, HH201, (1988 Japan)
Siri Parbat		324600	760900	5800		CA	1 M252
Snow Cone CheroI	○	323400	763800	5857		CA	99 M263, (1970 UK)
Snow Dome		325000	765700	5425		CA	M263, (1978 UK)
Sophia Peak, 29km NW 29km of Manali	○	322300	770200	5934		CA	M277
Tent Peak North	○	323600	764200	6020		CA	1
Tent Peak South	○	323500	764200	6113		CA	20 IMF
Tindrusi		323500	774200	6004		CA	LM
Tingloti, S of Lujal Nala		330900	763100	5025		CA	LM
Toperi Jot, NW 15km of Menthosa		330300	764000	5117		CA	3
White Dome, NWN 7km of Menthosa		325600	764600	5890	C	CA	99 M513
White Fang,, 8km of Menthosa		325600	764700	5827	C	CA	99 M513

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Alias Jot, NE Sanakdn Jot		323400	764800	5799		LE	1 M20 IMF
Aliratni Tibba (Dharmtula)	○	320500	772800	5470		LW	1 99 M21 IMF

Angdu Ri		321200	763400	5930		LC	99 M30
Asti Par		320900	734000	5699		LC	99
Bara Ungli		320500	762900	5365		LE	99 M410
Baskinag (Basunag)		315700	773200	5239		LE	1
Beas Rikhi		322300	771500	5631		LC	1 M485
Behali Jot		322500	763400	6298		LC	IMF
Bhu -II, Near Bara Sigri Gl.(?)		321200	773400	6096		LC	99 M459, (1972 India (Banaras Hindu Univ)
Bhu-I, Near Kulti Nala (?)		321200	773400	6096		LC	99 M459, (1972 India (Banaras Hindu Univ.)
Biwi Giri		330500	771700	5639		LC	99 M424
Black		320500	774100	6000		LE	1
Castle (South of Chandra River)		322200	774700	5731		LC	IMF
Cathedral Peak (Cathedral)	○	320700	774000	6248	6100	LE	6380, 20 1 M129
CB 10 (CB=Chandra Bhaga, Tara Pahar)	○	322700	773000	6227	6226	LC/LW	6228, 1 M231 IMF, HH184, (1984 India)
CB 11	○	322300	773000	6044		LC	1 M231 IMF,HH184, (1995 India)
CB 12 (Baldor)	○	322000	773400	6248		LC/LE	1 M231 IMF,HH184, (1993 India)
CB 13 (Dakshin Pahar)	○	322100	773400	6264	6268	LC/LE	6265, 1 99 M231, HH184, (1992India)
CB 13a (Baldor Peak)	○	322200	773500	6240	6100	LC	6187, 1 99 M231, HH185, (2014 UK Ladies Team)
CB 14	○	322300	773500	6078	6079	LC/LE	1 M231 IMF,HH186, (1991India)
CB 16		322000	773600	5822	5823	LC	1 M231 IMF
CB 17		322100	773200	6000	D	LC	1 M231 IMF
CB 18		322100	773100	5980		LC	1 M231 IMF
CB 19		322200	773100	5800	D	LC	1 M232 IMF
CB 20	△	322300	773200	5898		LC	1 M232 IMF
CB 21		322500	773200	5700	D	LC	1 M232 IMF
CB 22		322500	773400	5700		LC	1 M232 IMF
CB 23		322400	773100	5700	D	LC	1 M232 IMF
CB 24		322300	772900	5700	D	LC	1 M232 IMF
CB 25		322300	772800	5700	D	LC	1 M232 IMF
CB 26	△	322400	772700	5808		LC	1 M232 IMF
CB 27		322400	772700	5800	D	LC	1 M232 IMF
CB 28		322400	772800	5800	D	LC	1 M232 IMF
CB 29		322500	772700	5800	D	LC	1 M232 IMF
CB 30		322600	773000	5800	D	LC	1 M232 IMF
CB 31	○	322600	772900	6096		LC	1 M232 IMF
CB 32		322600	772800	5639		LC	1 M232 IMF
CB 33 (Minar)	○	322900	773000	6172	6075	LC	1 M538
CB 33a		322900	773000	6000	6172	LC	1
CB 34 (Pagoda)	△	322900	773100	5913		LC	1 M232 IMF
CB 35		323000	773100	5800		LC	1 M232 IMF
CB 36		322900	772700	5791		LC	1 M232 IMF
CB 36a		322900	772800	5800		LC	1
CB 37		322800	772700	5800		LC	1 M232 IMF
CB 38		322400	772600	5800		LC	1 M232 IMF
CB 39		322400	772500	5900		LC	1 M232 IMF
CB 40	△	322500	772500	5900		LC	1 M232 IMF
CB 41		322500	772400	5900		LC	1 M232 IMF
CB 42 (Ashagiri)	○	322600	772400	6096	6097	LC	1 M232 IMF
CB 42a		322600	772400	6000		LC	1
CB 43		322700	772500	5900		LC	1 M232 IMF
CB 44		322700	772500	5938		LC	1 M232 IMF

CB 45		322800	772500	5900		LC	1 M233 IMF
CB 46 (Akela Qila)	○	322800	772500	5944		LC	1 M233 IMF, HH186, (1989 India)
CB 47		322900	772500	5900		LC	1 M233 IMF
CB 48 (Tambu)		322900	772400	5996		LC	1 99 M233
CB 49 (Tila Ka Lahr)	○	323000	772400	5964		LC	1
CB 49a (Jori)		323900	772400	5900		LC	M233 IMF
CB 50		323100	772500	6096		LC	1 M233 IMF
CB 51		323100	772600	5900		LC	1 M233 IMF
CB 52		323100	772700	5943		LC	1 M233 IMF
CB 53 (Sharmili)	○	323300	772800	6096		LC/CE	1 99 M233, HH186, (1980 Japan (Gunnma Teacher's AC))
CB 54 (Sujaya)	○	323300	772800	6096	6097	LC	1 M233 IMF
CB 55		323300	772900	5800	6000	LC	1 M233 IMF
CB 56		323200	772900	5800		LC	1 M233 IMF
CB 57 (Tapugiri)	○	323300	773000	5791		LC	1 M233 IMF
CB 9	○	323400	772900	6108		LC	1 M231 IMF, HH182
CB7 (KR 6)	△	323800	772500	6187		LC	1 M165 IMF
Central Peak	○	321500	774000	6285		LE	20 M275 IMF, HH198, (1992 India)
Chapter House		320800	773900	6100		LE	99 M310
Chatiru		322100	772600	5433		LC	1 M308
Chemma	○	321700	774100	6105		SP	(2011 Japan, JAC-Tokai)
Chettan Peak (N 9km of Gangstang)	○	324800	765300	6109		LC	M302
Chota Shigri-1	○	331300	773100	5334	5239	LE	93 99 M319
Chota Shigri-2	○	321300	773000	5200		LE	99 M319
Chota Shigri-3 (Ring Mo)	○	321200	773000	5334		LE	99 M320
Chota Shigri-4	○	321200	772900	5100		LE	99
Chota Shigri-5	○	321200	772900	5000		LE	99
Choti Ungli		320400	772800	5182		LC	99 M320
Colle Laluni		322600	765500	6030		LE	M198
Consolation Peak		321000	772500	5227	5661	LE	1 M202 IMF
Convex Peak		331100	774400	5500		LE	99
Corner Peak		320700	774300	6050		LE	1 M192 IMF
Dangmachan		322000	780300	5151		LC	99
Dea		314100	775500	5620		LE	1 M327
Deo Tibba	○	321200	772300	6001		LE	16 M336 IMF, HH203, (1952 UK)
Devachen	○	321300	763200	6187	6200	LE	99 M335 IMF, HH205, (1977 UK)
Dibibokri Pyramid	○	320400	774600	6408	6109	LE	20 M331 IMF
Disevton Peak		321200	763400	6201		LC	99
Dome		320700	773800	6096		LE	36 M355
Dru		320500	774300	6500		LE	1
Dugli		322800	771500	5480		LC	99 M347
Fluted Peak	○	322000	774600	6159	6157	LE	1 M474 IMF
Forked Peak-II		273400	881340	6100		LE	99
Friendship	○	322500	770700	5289		LC	99 M480 IMF
Gairete Ka Tibba		321100	764700	5300		LE	3
Ganmo		322600	774800	5149		LC	1 M124
Gepang Gho-I	○	322900	771300	6053	6113	LW	IMF
Gephang (Gepang)(Geypon Gho-II)		322900	771300	5870	5852	LH	M169
Geypon Goh -II(Gephang)	○	322900	771300	5870	5852	LW	1 99 M169
Ghata Kanda		313700	774700	5500		LC	39
Gilehri Pakroin(Bariungl), Tos Nala Right bank		320600	772800	c5250		LC	(2013 Italy)

Gokinchar		322500	771000	5156		LC	1 M187
Gunther's Peak	○	321200	774700	6309	6370	LE	6340 6187, 20 M115
Gupt Parbat	○	322800	770300	6159		LW	1 M142
Gushu Pishu		314300	774600	5674	5652	LE	5707, 1 99 M140
Halt Dome (S of Chandra River)		322200	774700	5883		LC	IMF
Hanuman Tibba (Solang Weisshorn)	○	322300	770400	5928		LW	1 99 M405
Hanuman-2		321900	770300	5516		LC	1 M405 IMF
Hanuman-3		321900	770200	5400		LC	1 M405
Hanuman-4		321900	770100	5261	5500	LC	1 99 M405
Hanuman-5		321800	770100	5000		LC	99 M405
Hanuman-6		321800	770100	5480		LC	99 M405
Hanuman-7		321800	770100	5682		LC	99 M405
Hanuman-8		321800	770100	5044		LC	99 M405
Hung Go		321700	773200	5639		LC	99 M459
Ice Sail		320300	774000	6000		LE	1 M2
Indar Kila		321500	772300	6040		LC	99 M42
Indrasan	○	321300	772400	6221		LW	20 M43 IMF
Institute		322800	771500	5633		LC	99 M42
Jagatsukh Peak		320900	772300	5229		LC	99 M236
Jagla Shikar		312700	775100	5000		LC	39
Jerdi		320900	774100	5340		LC	99 M226
Jori		322800	772400	5800		LC	99 M250
Kamelang		320600	781700	5902		LC	1 M103
Kangira, Dhaula Dhar Range		322900	760600	5639		LC	1930 UK
Khating		324100	774800	6093		LC	1 M97
Koa Rong Group (KR Mountains)		324000	772000	6340	6341	LC	1 M172
Kokshane		314500	774800	5780		LE	1
KR-1 (KR=Koa Rong)(Punthotho)	○	324000	771900	6157		LC	1 M165 IMF,HH191, (1939 UK)
KR-2	○	324100	772000	6187		LC	1 M165 IMF,HH192, (1993 Moravia)
KR-3	○	324000	772100	6157		LC	1 M165 IMF,HH192, (1993 UK)
KR-4	○	324000	772300	6340		LC	1 M165 IMF,HH192, (1993 UK)
KR-5	○	323900	772400	6257	6258	LC	1 M165 IMF,HH192, (1993 Japan)
KR-6 (CB-7)	○	323800	772500	6187		LC	1 M165 IMF
KR-7	○	323700	772500	6096	6098	LC/LW	1 M165 IMF
KR-8 (VIII)	○	323600	772500	6156		LC	
Kulu Eiger	○	315400	774300	5646		LE	11 M152
Kulu Makalu (Lal Qila)(Kulu)	○	320600	774100	6349		LE	1 99 M154
Kulu Pumori	○	320800	774300	6553		LE	20 M154 IMF, HH193,(1994 UK)
Ladakhi	○	322400	770600	5342	5349	LE	1 M571 IMF
Lalana	○	321500	773200	6265	6136	LE	1 99 M578,HH194, (1970 India)
Lindu Dingkarmo-2		322000	774800	5620		LC	99 M590
Lion	○	321400	774200	6126	6124	LH	6164, 20 1 M566,HH194,(1961 UK)
M 1 (M=Milang, Schnee Glocke) (Snow Drop)(Snow Bell)	○	323700	772300	5769	5669	LC	5730, 1 M74 IMF
M 2		323600	772400	5852		LC	1 M74 IMF
M 3	△	323500	772600	5791		LC	1 M74 IMF
M 5(Savage)	○	323300	772500	6370	6402	LC	1 M75 IMF,HH196
M 6 (Taragiri)(Lyskamm)	○	323200	772500	6401	6180	LC	6279 6341, 20 99 1 M75,HH197,(1964 India-France)

M 7 (Richmond)	○	323200	772400	6340		LC	1 M75 IMF,HH197, (1939 UK-Austria)
M 8 (Cheiong Labho)(Janam)	△	323100	772300	6055	6097	LC	1 M75 IMF
M 9		323200	772200	5639		LC	1 M75 IMF
M10	△	323400	772200	5850		LC	1 M75 IMF
Mahura Top	○	321700	772600	5226		LC	1 M530
Main Thang		320000	765000	5640		LC	99
Malana Tower		321200	772700	5578		LC	99 M531
Malaviya and Lau		321000	774600	6401		LC	99 M531
Manali Peak	○	322500	770600	5669		LW	1 M529 IMF
Manikaren Spires		320500	772600	5181		LC	99
Miyar Nala Head	○	330700	765200	6546		LC	
Morning Peak		320700	773700	5366		LC	99 M551
Mukerbeh (Makar Beh)	○	322500	770500	6069		LW	M517
Mulkila (CB 8)(Sanagar)(M4)	○	323300	772500	6517	6519	LC	1 99, M545, HH196, (1939 UK-Austria)
Muri Tibba, E of Shiva		321800	765900	5261		LE	99
Nainghar Chota (Nainghar Choti)	○	324400	765300	6094		LH	1 IMF M365
Nalgit		320500	773200	5547		LC	99
Namgyal (Peak)		320800	774300	5770		LC	99 M368
Needle Dome		320800	774300	5945		LC	99 M377
Norbu Peak		321200	772300	5226	5198	LC	99 IMF
Obelisk		320400	762700	5243		LC	99 M83
P5004		314500	775600	5004		LE	1
P5064		320645	772910	5064		LE	1
P5073		324330	771245	5073		LC	1
P5084		320732	772732	5084		LE	1
P5085		323610	772955	5085		LC	1
P5090		322428	771228	5090		LC	1
P5092		322950	771155	5092		LC	1
P5148		322255	774858	5148		LC	1
P5164		321355	770232	5164		LC	1
P5182		323302	771730	5182		LC	1
P5193		322540	774430	5193		LC	1
P5239		322600	775200	5239		LC	1
P5245		314410	774228	5245		LE	1
P5250		322400	770600	5250		LE	1 M423
P5255		321605	770005	5255		LC	1
P5259		321840	772028	5259		LC	1
P5261		315545	773855	5261		LE	1
P5265		321600	773200	5265		LE	1 M423
P5270		322600	772205	5270		LC	1
P5283		324930	771920	5283		LC	1
P5287		324102	772732	5287		LC	1
P5303		321858	770430	5303		LC	1 M432
P5318		314715	775715	5318		LE	1
P5328		322920	761655	5328		LC	1
P5331		322150	770210	5331		LC	1
P5334		323240	771759	5334		LC	1
P5334		315400	774810	5334		LE	1
P5334		321250	772945	5334		LE	1
P5334		320659	775627	5334		LE	1
P5335		315455	774112	5335		LE	1
P5337		321228	772605	5337		LE	1
P5345		322225	770340	5345		LC	1
P5347		314232	774250	5347		LE	1
P5374		322100	774410	5374		LC	1
P5394		320800	773755	5394		LE	1

P5395		321055	772215	5395		LE	1
P5397		321950	770530	5397		LC	1
P5400, E of Minali		322900	773100	5400		LC	M433, (1982 Japan Kawasaki)
P5414		315100	775010	5414		LE	1
P5419		314756	775055	5419		LE	1
P5427		315232	773500	5427		LE	1
P5430		315410	773512	5430		LE	1
P5433		322028	772555	5433		LC	1
P5444		321945	772856	5444		LC	1
P5447		320855	774105	5447		LE	1
P5479		320800	773600	5479		LE	1
P5487		322425	774128	5487		LC	1
P5513		322500	775950	5513		LC	1
P5527		322158	772555	5527		LC	1
P5547(Sissu Nalah, S of Darcha)		323302	771728	5547		LC	1 IMF 17
P5555		324328	772600	5555		LC	1
P5560(Sissu Nalah, S of Darcha)		322920	771815	5560	5582	LC	1 IMF 18
P5564		323950	773010	5564		LC	1
P5570		315145	773630	5570		LE	1
P5579		322510	774328	5579		LC	1
P5580		315910	773800	5580		LE	1
P5585 (CB Area)		322840	772928	5585		LC	1 IMF
P5596		315052	774605	5596		LE	1
P5597		324445	772500	5597		LC	1
P5608		321100	774210	5608		LE	1
P5615		324325	771740	5615		LC	1
P5615 (Kao Rong Area)		321300	772400	5615		LC	IMF
P5629 (S of Chandra River)		322200	774700	5629		LC	IMF
P5639		322310	774156	5639		LC	1
P5639		320850	775415	5639		LE	1
P5640, W of Cathedval		320600	773500	5640		LE	M435, (1967 Shizuoka Univ, Japan)
P5642		320128	773500	5642		LE	1 M435
P5645 (Bara Shigri Area)		321636	773203	5645		LE	1 IMF
P5648		324620	772205	5648		LC	1
P5655 (Bara Shigri Area)		321530	773315	5655		LE	1 IMF
P5663		320310	773758	5663		LE	1
P5666		315400	774015	5666		LE	1
P5669		314800	774430	5669		LE	1
P5669		320815	775458	5669		LE	1
P5670		322250	774215	5670		LC	1
P5695		320028	773810	5695		LE	1
P5697		321700	772910	5697		LC	1
P5701		314800	774555	5701		LE	1
P5707		315445	773630	5707		LE	1
P5710		322710	770540	5710		LE	M436
P5724		322640	775955	5724		LC	1
P5730 (Mulkila, East of Darcha)		323230	772040	5730		LC	1 IMF
P5730 (S of Chenab River)		315902	774455	5730		LE	1 IMF
P5735		315755	774105	5735		LE	1
P5741		315612	774628	5741		LE	1
P5769 (Sissu Nallah, S of Darcha)		323359	771155	5769		LC	1 IMF 19
P5771		324645	774605	5771		LC	1
P5775		324625	772802	5775		LC	1
P5782		322200	774315	5782		LC	1
P5791		321627	774158	5791		LC	1

P5791 (Bara Shigri Area)		321159	774105	5791		LE	1 M437 IMF, (1980 India)
P5791 (S of Chandra River)		322200	774700	5791		LC	IMF
P5792		324605	773200	5792		LC	1
P5792 (Bara Shigri Area)		321732	773910	5792		LC	1 IMF 20
P5794 (South of Chandra River)		322200	774700	5794		LC	IMF
P5806		315100	774010	5806		LE	1
P5807		315500	774710	5807		LE	1
P5814		315500	773815	5814		LE	1
P5817		321332	774100	5817		LE	1
P5821		320855	773810	5821		LE	1
P5823		314755	774602	5823		LE	1
P5829		324825	771258	5829		LC	1
P5836		320450	773829	5836		LE	1
P5837 (Bara Shigri Area)		321740	773845	5837		LC	1 IMF
P5841		315230	773910	5841		LE	1
P5850		315750	774710	5850		LE	1
P5852 (Sissu Nallah,S of Darcha)		322930	771445	5852		LC	1 IMF
P5853		314732	774628	5853		LE	1
P5858		321228	774028	5858		LE	1
P5882		320759	774059	5882		LE	1
P5883 (Bbetween on the ridge CB12&CB19)		321855	774700	5883		LC	1 M437,(1983 Shizuok MF, Japan)
P5884 (South of Chandra River)		322200	774700	5884		LC	IMF
P5900		324158	773402	5900		LC	1
P5909		322850	774632	5909		LC	1
P5913		322100	774830	5913		LC	1
P5913		321028	774412	5913		LE	1
P5914		322058	774730	5914		LC	1
P5922		322228	774412	5922		LC	1
P5943		322028	774745	5943	6036	LC	1
P5943 (Bara Shigri Area)		320925	773805	5943		LE	1 IMF
P5946		322115	774855	5946		LC	1
P5953 (SE of White Sail)		321200	773402	5953		LE	1 M437 IMF
P5962		322250	774410	5962		LC	1
P5968		321825	774659	5968		LC	1
P5973		324745	775215	5973		LC	1
P5974		320840	773840	5974		LE	1
P5977 (South of Chandra River)		322200	774700	5977		LC	IMF
P5988		315250	775142	5988		LE	1
P6000 (Bara Shigri Area)		315525	775130	6000		LE	1 IMF
P6005 (KR-7 Area)		321300	772400	6005		LC	IMF
P6006		322450	774750	6006		LC	1
P6006 (Menthosa Area)		324215	765800	6006		CA	1 IMF
P6010		320850	775732	6010		LE	1
P6011 (South of Chanab River)		321000	774400	6011		LC	IMF
P6012		322928	774912	6012		LC	1
P6018 (Lunghr(?))		323530	774932	6018		LC	1
P6020 (South of Chenab River)		322045	774615	6020		LC	1 IMF
P6021, NW Lion 2km	○	321500	774100	6021	1998 India	LE	M438
P6023		322210	774950	6023		LC	1
P6025		322226	774255	6025		LC	1
P6035 (Joanli Area)		321025	773815	6035		LE	1 IMF
P6050 (NE of Bara Shigri Gl.)		324200	774800	6050	6309	LE	IMF
P6053		322230	775040	6053		LC	1
P6058		323145	775510	6058		LC	1

P6065		321628	774210	6065		LE	1
P6065 (Central Peak Area)		321530	774155	6065		LC	1 IMF
P6070 (Menthosa Area)		323850	765650	6070		CA	1 IMF
P6085		324650	775330	6085		LC	1
P6088		323259	774655	6088		LC	1
P6092		323300	774200	6092		LC	1
P6096 (Central Peak Area)		321630	774250	6096		LC	1 IMF
P6096 (Sattu)		322040	774505	6096		LC	1
P6099		323405	773301	6099		LC	1
P6099		322145	774925	6099		LC	1
P6100 (South of Chandra River)		320800	773800	6100		LC	IMF
P6109		322332	774420	6109		LC	1
P6109(Near Phabrang)		324950	765829	6109		CA	1
P6113 (Kenlung(?))(Sissu Nallah,S of Darcha)		323450	771330	6113		LC	1
P6113 (Kenlung)	○	324930	772530	6113		LC	1, (2000 India)
P6126		320150	774955	6126		LE	1
P6126 (Kimo)		322315	774852	6126		LC	1
P6128		315005	774305	6128		LE	1
P6148 (N of KR Mts.)		323000	712500	6384		LE	1, (2001 Kumagaya, Japan)
P6151		323255	775555	6151		LC	1
P6157		323700	775845	6157		LC	1
P6163 (South of Chandra River)		320600	774200	6163		LC	IMF
P6164		314710	774700	6164		LE	1
P6170 (S of Chandra River)		322200	774700	6170		LC	IMF
P6172		321650	774825	6172		LE	1 IMF
P6187 (Bara Shigri Area)		321501	774755	6187		LE	1 IMF
P6201		322320	774418	6201		LC	1
P6217		321010	774510	6217		LE	1
P6222		315955	774728	6222		LE	1
P6222 (Losar), S of Chandra River	○	322300	774405	6222		LC	1
P6225 (S of Chandra River)	○	320800	773800	6225		LC	IMF
P6243		315900	774805	6243		LE	1
P6248		320345	774950	6248		LE	1
P6250 (S of Chandra River)		320600	774200	6250		LC	IMF
P6260		314725	775312	6260		LE	1
P6271		322135	774350	6271		LC	1 M438
P6279		321428	775200	6279		LE	1
P6283 (Gyndi, Sptit Area)		321200	774955	6283		LE	1 IMF
P6294		320910	774510	6294		LE	1
P6309		321225	774728	6309		LE	1
P6309 (Bara Shigri Area)		320550	774602	6309		LE	1 IMF
P6404		323550	773855	6404	6113	LC	1
P6507		320158	774730	6507		LE	1
P6553(S of Chandra River)	○	320130	774810	6553		LE	1
P6648		301800	795200	6648		LE	AAJ M436
Paptula		320700	772800	5334		LC	99 M407
Papusura (Fabsor)	○	321300	773200	6453	6451	LE	20 M407,M456, IMF,HH208,(1967 UK)
Parvati Peak	○	320400	774400	6632	6633	LE	:6277, 1M416
Parvati South		315100	774200	5805		LE	1 M416
Peak A, Parvati R. Upper, s of Kulu Eiger 5km		315200	774400	5974		LE	1
Phabrang (North) (Phabrang -V)	○	324700	764800	6172		LE	20 IMF,HH199, (1972Japan(Shiga AC))
Phabrang South	○	324700	764800	6140		LE	1,HH199,(1984 India)
Pinnacle		321400	773200	5029		LC	1 M448 IMF

Poonam	○	325500	764500	5700		LE	(1973 JAC Student)
Priya Darshini Peak		322400	770600	6000		LC	99 M474
Priyadarshni		322500	770200	6000		LC	IMF
Prow		320800	723400	5558		LC	99 M469
Pyramid Peak		315100	774500	6034		LE	1 M451
Ram Chukar (Ram Chukor)		320600	772900	5264		LE	1 M577
Ramjak, S of Shingo La		325100	771200	6318		LW	HH200, (1998 India)
Ratang Dru	○	320700	775800	5898		LC	99, (1956 UK)
Ratang Nulla Head	○	321100	774800	6309		SP	20 M572,(1956 UK)
Ratang Nulla North		321200	775100	6311		SP	20 M572
Ratang Tower		321200	775400	6312		SP	20 M572
Ridge Peak		314900	774300	5792		LE	1
Ringmo. E 9km of Indrasan		321600	772900	5334		LE	M590
Rizing		321200	773400	5874		LC	99
Robert's Peak		320700	773600	5867		LC	99 M606
Rock Point		320000	773000	5600		LC	36
Rocky Challenge		320800	774300	5640		LC	99
Rubal Kang (Ang Dhuri)	○	320600	774000	6187	6150	LE	6877, 20 1 M592, HH209, (1952 South America)
Sandakaent, (S of Chandra River)		322200	774700	6040		LC	IMF
Sarchu		324900	773300	5742		LC	1 M215
Satellite Peak		321300	773300	6096		LC	99 M210
Savage		323300	772500	6370		LC	99
Schnee Glocke (Milang 1)		323700	772300	5769		LC	1
Sentinel Peak head of Tos Gl.		321400	773200	5701	5700	LC	99 M274 IMF
Shakkar Kang		320400	774000	6050		LE	1 M236
Shangrila		315000	774500	5953		LC	99 M243
Shigri Parbat	○	324200	774800	6645	6526	LE	IMF,HH200, (1961 UK)
Shigrila		321100	773500	6247		LC	99 M227 IMF
Shilatakar		322600	774200	5256	6270	LC	1 99 M251
Shitidhar		322400	770700	5924	5250	LW	1 M230 IMF
Shudo Phar		320700	773300	5488		LC	99 M246
Snow Corn (Cone)(Upper part of Bara Sigri Gl.)	○	321200	774800	6225	6303	CB/LE	99 M263 IM-F,HH202,(1982 India)
Snow Dome		320900	773600	5947	5425	LE	1 99 M263
Snow Peak, (NE 3km Same name P)		314700	774500	5640		LE	1 99 M263
Snow Peak, (SW 3km Same name P)		314900	774400	5638		LE	1 99 M263
Sonnwendspitz		333700	761300	5800		LC	99
South Kanzam		322300	774200	5562		LC	1 M206
South Malana Peak		320400	772800	5429		LE	1 M206
Spire		320400	773200	5500		LE	99
Srilata (Kulti Pass Area)		322900	771300	5547		LC	IMF
Steph's (Peak), (S of Chandra River)		322200	774700	5884		LC	IMF
T-I (T=Telah Nullah)	○	324200	771600	5669		LC	1 IMF M327
T-II	△	324100	771900	6035		LC	1 IMF M327
Tagne	△	323500	774100	6111		LE	
Tara Par		320800	773300	5932		LC	99 M294
Thambu, (Kulti Pass Area)		322900	771300	5791		LC	IMF
The Keep, (S of Chandra River)		322200	774700	5548		LC	IMF
Tiger Tooth	○	321100	773500	6149	5947	LE	6249, 1 M280 IMF
Tila Ka Lahar		322600	772800	5964		LC	IMF
Tos Tichu Himlal		320500	773200	5639		LC	99 M353
Umnak (P6104)		323725	714210	6104		LC	
Urmi		323000	773000	5700		LC	99 M58

West Horns		320200	773700	5600		LE	1 M50
White		320500	774100	5950		LE	1 M512
White Sail (Dharmsula)	○	321200	773400	6446	6455	LE	6445, 20 99 M513, HH206,(1941 UK)
Wives Peak		330500	771700	5639		LC	99
Yunam, N 7km of Baralacha La	○	324900	772400	6111		LC	(2005 India)
Ynaum, (Upper Karcha Nala, From Bharatpur Bus Stand)		321800	774500	6118		LC	(2015 India)

Spiti

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M= 三省堂, HH=Him. Handbook, First Ascent)
Ache	○	321700	774100	6066		SP	(2009 JAC-Tokai)
Blade		321000	773600	5800		SP	99
Chau Chau Kang Nilda-I (CCKN-I)	○	321800	781000	6303		SP	M136 IMF
Chau Chau Kang Nilda-II (CCKN-II) (Guan Nelda South)	○	321800	781000	6303		SP	20 M135 IMF
Cheama, (Gya Group)	○	322900	782800	6230		SP	LM Sheet-6
Chongran, (S 5km of CCKN)	△	321500	780900	4985		SP	LM Sheet-6
Dangmachan	○	321900	780300	5157	5153	SP	1 M365
Dawa Kangri, (E of Kunzam La,near P.6222)	○	322100	774200	6140		SP	(2000 Tokyo RIKU Univ. Japan)
Dhhun, (S 5km of Parl Lungbi)	○	321700	781100	6200		SP	LM Sheet-6
Dhingringmo, (SW 15km of CCKN)		321900	780300	4845		SP	LM Sheet-6
Dongrimo	○	322200	774900	6160		SP	
Drisa, (Gya Group)	○	323100	782500	6275		SP	LM Sheet-6
Fluted Peak	○	320100	774400	6451	5500	SP	1 M474
Fluted, (W of Spiti Area)	○	332200	774500	6122		SP	Terasawa List 2015 ?, HH174,(1958 UK)
Gelling	○	322800	781600	6100		SP	LM Sheet-6
Guan Nelda-North (I)		321900	781000	6803	6303	SP	M136-137, HH176, (1939 UK)
Guan Nelda-South (II)		321800	781000	6157	6035	SP	M136,HH178,1 (1933 India)
Gugairang		312000	784700	5748		SP	93 M139
Gya	○	323200	782400	6794		SP	LM Sheet-6
Gya Sumpa, (Gya Group)	○	323400	782400	6480		SP	LM Sheet-6
Gyadung	△	332800	781500	6160		SP	
Gya-East	○	323100	782600	6680		SP	LM Sheet-6, HH179, (1998 India)
Gyagar	○	321400	782300	6400		SP	LM Sheet-6, HH178, (1989 India)
Gyah	△	324200	774800	6162		SP	IMF
Gya-North	○	323400	782400	6520		SP	LM Sheet-6
Hersang, (S 28km of CCKN)	○	320200	781200	5275		SP	1 M492
Kailas (Shivalinga)(Kailash)	△	314200	782100	5486	6050	SP	93 M89
Kamelang, (SES 21km of CCKN)	△	320500	780600	5902		SP	LM Sheet-6
Kanamo(Kanikma)	○	322100	780400	5963	6096	SP	20 M98
Kand Mahadev		314000	773900	5167		SP	1 M121
Kangla Tarbo-1	○	320800	775000	6315		SP	(2000 Irland)
Kangla Tarbo-2	○	320300	774600	6120		SP	(1996 India)
Kangla Tarbo-I	○	320300	774900	6315		SP	Terasawa List 2015, HH180,(2003 India)
Kangla Tarbo-II	○	320300	774600	6120		SP	Terasawa List 2015, HH181,(1977 Irish)
Kapusa(Kapsa)		320300	783500	4630	5000	SP	1
Karcha Parbat		322000	774500	6270		SP	Terasawa List 2015

Karcha Parbat (S of Chanab Riv)		321000	774400	6270		SP	IMF
Khating, (Rungar River Middle)		324100	774800	6093		SP	M97
Khhang Shiling, (Khamengar valley, South of Ratangi)	○	320900	775200	6360		SP	HJ. Vol.64 (2004 India)
Khhang Shilling	○	320500	774600	6360		SP	
Kmatang, (E 10km of Lingti village)	△	320500	781900	5902		SP	LM Sheet-6
Kuanglungba, (S 26km of CCKN)	△	302400	780900	5313	5225	SP	LM Sheet-6
Kungrotu Dhar, (12km of Deol village)		321000	763100	5000		SP	37
Kuwa, (SW 6km of CCKN)		321500	781400	5913		SP	LM Sheet-6
Labrang, (E 4km of Shilla)	○	322000	781600	5900		SP	LM Sheet-6
Lagbhor Che		322100	774400	5980		SP	
Lagma (Lungma), (N 5km of Tabo Town)	○	320900	782600	5761		SP	LM Sheet-6
Lama Kyent	○	321900	781100	6040		SP	LM Sheet-6
Larimo	○	322300	774800	5995		SP	
Lhakhang	○	321600	781200	6250		SP	
Lindu Dingkarmo-II, (Chandra ri. Kudu Valley Head)		322500	775000	5620		SP	M590
Loushar	○	322100	774800	6040		SP	
Monto, (NWN 35km of Gya)	○	323900	780300	6230		SP	LM Sheet-6
Namkha Ding		322300	782600	5665		SP	LM Sheet-6
Nanulka, (W 4km of Lingti Village, South 20km of CCKN)	△	320800	780800	5397	5444	SP	1 M380
Nun Themga	○	322200	774900	6024		SP	
P5050, (On the India & Tibet border)		300700	783700	5050		SP	LM Sheet-6
P5050, (S 3km of Monto)	△	333900	780200	5050		SP	LM Sheet-6
P5250, (SW 6km of Monto)	△	333700	780700	c5250		SP	LM Sheet-6
P5307, (E of Monto)	△	333900	781800	5307		SP	LM Sheet-6
P5410, (E 20km of Monto)		333900	781500	5410		SP	LM Sheet-6
P5488, (W 3km of Tumuting)	△	333900	782400	5488		SP	LM Sheet-6
P5615, (On the India & Tibet border)		333500	782900	5615		SP	LM Sheet-6
P5680, (W of Parang La)		322700	780300	5680		SP	LM Sheet-6
P5700, (W of Parang La)	△	322900	780100	5700		SP	LM Sheet-6
P5714, (E of Monto)	△	333500	782300	5714		SP	LM Sheet-6
P5730, (ESE 21km of Monto)	△	333600	781600	5730		SP	LM Sheet-6
P5785, (E of Monto)		333400	782000	5785		SP	LM Sheet-6
P5882, (E of Monto)	△	333700	782600	5882		SP	LM Sheet-6
P5895, (SE 10km of CCKN)	△	301100	781400	5895		SP	LM Sheet-6
P5900, (SW 9km of Monto)		333600	780600	5900		SP	LM Sheet-6
P5910, (On the India & Tibet border)		333500	782700	5910		SP	LM Sheet-6
P5950, (E 14km of Monto)		323900	781100	5950		SP	LM Sheet-6
P5962, (On the India & Tibet border)	△	321000	783100	5962		SP	LM Sheet-6
P6030, (On the India & Tibet border)	△	322300	783100	c6030		SP	LM Sheet-6
P6080, (E of Parang La)		322600	780800	6080		SP	byT.Suzuki
P6110, (SE 12km of CCKN)	△	321300	781500	6110		SP	
P6160, (E of Parang La)	△	322600	780800	6160		SP	byT.Suzuki
P6160, (W of Parang La)		322500	780600	6160		SP	LM Sheet-6
P6181, (W of Parang La)	△	322500	780500	6181		SP	LM Sheet-6
P6228, (Pkashi Raml Gl.)		322600	780900	6228		SP	
P6228, (S 7km of Khasa Gompa)	○	322700	780800	6228		SP	LM Sheet-6

P6240, (Pare Chu Right Bank)		324000	781500	6240		SP	
P6256, (On the India & Tibet border)		301800	782900	6256		SP	byT.Suzuki
P6265, (NW Face)		322600	780800	6265		SP	byT.Suzuki
P6300, (On the India & Tibet border)	△	321500	782900	6300		SP	LM Sheet-6
P6300, (On the India & Tibet border)		321600	782900	c6300		SP	LM Sheet-6
P6308, (South 6km of Khasa Gompa)	△	322800	780700	6308		SP	LM Sheet-6
P6310 (SW of Spiti Area)		324200	774800	6310		SP	IMF
P6320, (On the India & Tibet border)	△	321400	782700	c6320		SP	LM Sheet-6
P6365, (Pare Chu Right Bank)		324000	781500	6365		SP	
P6400, (On the India & Tibet border)	△	321800	782900	6400		SP	LM Sheet-6
P6721, (Near Karcha Parbat)		322000	774500	6721		SP	M438, (1977 Irland)
Pangdom	○	320600	782900	5070		SP	M423
Parlungbi, (Head of Ligti Nala)	○	322500	781000	6184	6166	SP	M413
Parkyokula, (On the India & Tibet border)	△	323100	782900	6527		SP	LM Sheet-6
Poh, (S 6km of Tabo Town)	○	320200	782300	5757		SP	1 M497
Pyagski	○	321400	774200	6090		SP	(2014 JAC-Tokai, Japan)
Ramabang	○	315700	775300	6135		SP	HJ Vol.64, (2008 Iris)
Ramabang(P6135m), (Debsa Nala Head)		320000	764800	6135		SP	2008,India,HJ. Vol.64
Ratang Nulla Head		321100	774800	6309		SP	M572
Ratang Nulla-North		321200	775100	6311		SP	M572
Runse	○	321500	781900	6175		SP	LM Sheet-6
Sarchu, (WNW 11km Balalacha La)		324900	773300	5742		SP	M215
Shilla (Silla)	○	322300	781300	6132	6096	SP	6133:6111, 93 M251 IMF,HH182,(1996 India)
Shipki, (Leo Pargial ridge)		315500	784500	6608		SP	M233
Sibu, (N 5km of Tabo Town)	○	320900	782400	5700		SP	LM Sheet-6
Singe Kang, (Right bank of Spiti River)		315600	782700	5950		SP	M254
Sisbang (Shijabang), NW 5km of Tabo Town	○	320900	781100	5843		SP	LM Sheet-6
South Kanzam		322300	774200	5562		SP	M206
Star Peak, (Leo Pargial ridge)		315500	784300	6461		SP	M259
Tangmor Ding (Tanmortina)	○	322300	782500	6232		SP	LM Sheet-6
Tanlangkari, (S 25km of CCKN)	△	320400	781000	5225	5313	SP	LM Sheet-6
Themso, (N 20km of Kinnaul Kailash)		314300	782600	5092		SP	M340
Thugiriga, (Between Satleji Ri. & Spiti Ri)		314400	783400	5081		SP	M347
Tinga (Thanga)		313500	783200	5008		SP	M334
Tongmor, (NE 7km of Tabo Town)	△	320800	782800	5901		SP	LM Sheet-6
Tserip, (SW 1km of CCKN)		321800	781100	5974		SP	LM Sheet-6
Tumting, (N 11km of Gya)	△	323800	782800	5921		SP	LM Sheet-6
Undung Kangri, (NWN 11km of Gya)	○	323200	781900	6643		SP	LM Sheet-6 (1999 JAC-Tokai, Japan)
Zado		323000	790000	5486		SP	94
Zumto, (S 2km of CCKN)		321600	780900	5750		SP	LM Sheet-6

Kinnaur

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M=三省堂, HH=Him. Handbook, First Ascent)
Amar Parbat		315700	782300	6031	6431	KN	93 M17
Bisa Rang (Beshrang), (Near, in Tirung Gad near Kalpa village)		313400	783400	6120		KN	Kyoto Taniguchi Photo
Brangomoche, (W 12km of Ropa village)	△	314700	781900	5625		KN	
Chokas Rang, (NE 1km of Kinnaur Kailash)	△	313200	782200	5650		KN	LM Sheet-6
Chor Nlti, (Near head of Yaling Lungpa, North 1km of Lama Gompa)		315800	783100	5275		KN	LM Sheet-6
Daboling, (SE 7km of Kinnaur Kailash)	△	312600	782400	6180		KN	LM Sheet-6
Dudera, (On Kinnaur & Gangotri Road)		310700	784100	5303		KN	M328
Gangchha, (Head of Hojis Gad)	○	314100	784500	6030	6063	KN	LM Sheet-6
Gangchhua, (S 25km of Leo Pargial)	△	313900	783800	6063		KN	
Gangchua, (S 20km of Leo Pargial)	○	314200	784300	6288	6279	KN	6063 6248, 1 M120, HH168,1(974 India)
Ghyangrang, (W 7km of Ropa village)	△	314600	782200	5250		KN	
Gramang Bal, (E 10km of Alpa village)	○	313200	783200	6248		KN	Tearsawa List
Harnam Chhang	△	315300	782700	6610		KN	LM Sheet-6
Jestang Rang, (NW 5km of Kinnaur Kailash)	△	313300	782000	4423		KN	
Jorkanden	○	313000	782200	6473		KN	LM Sheet-6,HH169, (1974 India)
Khripichi, (NW 6km of Leo Pargial)	△	315600	784000	5380		KN	LM Sheet-6
Khnej	○	322800	78600	5200		KN	Tearsawa List
Kinnaur Kailas (Shivalinga)	○	312900	782000	6050	6473	KN	6757 6816, 1 M128, M89
Kunda, (SE 10km of Charang village)		312300	783600	5248		KN	LM Sheet-6
Lakhma (Lakshma)	△	315200	784100	5439		KN	1 93 M569
Lenchich, (W 12km of Gangchha)	△	314000	783400	5372		KN	Sheet-6,M599
Leo Pargil-I (Lakhma North)	○	315400	784500	6791	6770	KN	20 M595, HH170, (1933 UK)
Leo Pargil-II (South) (Lakhma South)	○	315400	784500	6770		KN	LM Sheet-6, HH171,(1952 Austria)
Mangiang, (W 8km of Ropa village)	△	314600	782000	5240		KN	
Mangla, (SE 10km of Charang village)	△	312300	783800	5885		KN	LM Sheet-6
Manirang (Mani Kang)	○	315700	782100	6593	6200	KN	Sheet-6, M539
Manirang-South	○	315600	781900	5888		KN	LM Sheet-6,HH171, (1982 India)
Ningmarl, (NW 6km of Leo Pargial)	△	315700	784100	6173		KN	LM Sheet-6
Ninjerrya (Ninjeri) , (North 5km of Leo Pargial)	△	315000	785000	6648	6644	KN	M379
P5685, (E 8km of Charang Village)		313400	783400	5685		KN	Terasawa Photo
P5686, (SW 2km of Rangrik Rang)		311900	783700	5686		KN	
P5712, (Shaone valley head, East 5km of Shinka La)	○	311700	782300	5712		KN	Terasawa List

P5850, (N 2km of Rangrik Rang)	△	312300	783700	5850		KN	
P5877, (Near P5685)		313400	783400	5877		KN	Terasawa Photo
P5888, (S of Chenab River)		315840	782556	5888		KN	1 M437 IMF
P6014, (SE 3km of Gangchhua)	△	313800	784000	6014		KN	
P6032, (SW 4km of Phawara-rang)	△	312400	782800	6032		KN	
P6038, (E 10km of Nako village, nea border)		315000	791900	6038		KN	IMF-Virgin Peak
P6044, (E 10km of Nako village, nea border)		315000	791700	6044		KN	IMF-Virgin Peak
P6091, (SE 5km Manirang)		315700	782500	6091		KN	
P6132, (Armasong Nala head)	○	311500	784600	6132		KN	Terasawa List
P6148, (E 10km of Nako village, nea border)		315000	791600	6148		KN	IMF-Virgin Peak
P6154, (Armasong Nala head)	○	311500	784600	6154		KN	Terasawa List
P6223, (NW 2 km of Manirang)	△	315900	782200	6223		KN	
P6248, (NW 2km of Sesar Rang)		313500	783100	6248		KN	
P6428, (E 7km of Thargi llage)		313500	783200	6428		KN	
P6447, (W 3km of Rangrik Rang)		312200	783500	6447		KN	
P6465, Saser Rang area)		313400	783400	6465		KN	Terasawa Photo
P6484, (Right bank of Chango Tokpo, S 10km of Sumdo)	○	311700	784200	6484		KN	Terasawa List
Pamachung	△	315500	782500	5686		KN	LM Sheet-6
Parmati , (ENE 13km of Kinnaur Kailash)	△	322800	782900	5625		KN	LM Sheet-6
Phawararang, (ENE 14km of Kinnaur Kailash)	○	312600	782900	6349		KN	LM Sheet-6,HH172, (1979 India)
Raldang,(Pinnacl), SW 7km of Kinnaur Kailash	○	312800	781800	5499		KN	LM Sheet-6
Rangrik Rang, (SE 10km of Charang village)	○	322300	783800	6553	5850	KN	LM Sheet-6,HH173, (1974 India)
Reo Purgil	○	315300	784400	6816		KN	Terasawa List
Saragrado, (SW 7km of Leo Pargia)		315400	784100	5200		KN	LM Sheet-6
Saro(Sairo), (SE 14km of Kinnaur Kailash)	○	312500	782500	6080		KN	LM Sheet-6
Schshala	○	322400	782300	c4700		KN	Terasawa List
Seser Rang, (E 11km of Alpa village)	○	313400	783300	6248	6095	KN	Kyoto Taniguchi Photo,HH174, (1994 India)
Shagchan Rang, (E 12km of Alpa village)	△	313300	783400	6209		KN	Kyoto Taniguchi Photo
Shakutang Rang, (SE 13km of Alpa village)	△	313200	783500	5930		KN	LM Sheet-6
Shipki	△	314600	784500	5794	6608	KN	1 3 M233
Shri Parbat		314900	791800	6175		KN	IMF-Virgin Peak
Singekang, (Singe Kang), (E 8km of Manirang)	○	315800	782800	6031	5950	KN	6000, Sheet-6 M245
Spondang		315600	781800	5836		KN	LM Sheet-6
Star Peak	△	315500	784300	6461		KN	93 M259
Talamrang, (Right bank of Lipak Lungpa)		315400	782800	6000		KN	LM Sheet-6
Taryugsa, (N 4km of Puh village)	△	314900	783600	5058		KN	LM Sheet-6
Thugiriga	△	314400	784200	5081		KN	93
Tinga (Thanga)	△	315300	783200	5008		KN	93 M334
Tum Tum, (E 3km of Talarang)	△	315400	783100	5186		KN	LM Sheet-6

Himachal

Garhwal E1

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M= 三省堂, HH=Him. Handbook, First Ascent)
Baroltoli, (SW 2km of Thalkot)	○	301300	774800	5275		E1	M419
Bamba Dhura(Bomba)(Barfu)		302624	801711	6342	6300	E1	6334, 1 AAJ M423, H-H48, (1977 India)
Bamchu	○	302656	800125	6303		E1	1 AAJ M409
Banchu		304800	801100	5438		E1	
Bankatia, E 2km of Malatori		301500	800800	5630		E1	M419
Bati, S 8km Mangraon		302600	800500	5858		E1	1 M401
Bauljuri, W 5km of Malatori	○	302000	794800	5922		E1	IMF-OP M392
Bethartoli Himal-North	○	302237	794705	6352		E1	1 AAJ M486, HH95, (1979 Italy (1960 Yugoslavia ?))
Bethartoli Himal-South	○	302204	794739	6318		E1	AAJ M486, HH75, (1956 Indo-German)
Bhanoti	○	300200	795300	5645		E1	1 M406 IMF-OP
Changabang	○	302959	795537	6864	6866	E1	1 MF-OP AAJ M311, HH82, 1974 Indo-UK
Changuch	○	301742	800228	6322		E1	1 MF-OP AAJ M311
Chepar Choti		301300	800200	5252		E1	1 M302
Chhalab	○	303549	800239	6160		E1	1 AAJ M310
Choudhura		304000	800000	6512		E1	IMF
D-I		302900	795100	6014		E1	1 M327
D-II		303100	795500	6191		E1	1 M327
Dangthal	○	301336	800600	6050		E1	1 AAJ M298
Darcho		304243	801228	6145		E1	93 AAJ M295
Deo Damula	○	302942	800116	6620	6635	E1	1 AAJ M336, (1936 UK)
Devi Mukut	△	301800	795700	6648		E1	M335, HH88, (1979 Japan (Akita AC))
Devistan-I	○	302002	795250	6678		E1	M335, HH89, (1961 India)
Devistan-II	○	302057	795300	6529		E1	20 AAJ M335, HH81, (1964 India)
Devistan-III	○	302300	795200	5977		E1	1 M335, HH89
Devitoli	○	301718	795111	6788	6780	E1	1 AAJ M335, HH89, (1974 India)
Dunagiri	○	303157	795002	7066		E1	14 AAJ M428, HH90, (1939 Swiss)
Dunga Dhura		303200	801100	5636		E1	1 M351
Durga Kot		301300	795000	5816		E1	93 M350 IMF
Gangpani		353500	801000	5051		E1	M122
Gauranga Parbat		305300	794200	6096	6198	E1	M181, HH96, (1963 India)
Gauri Parbat (Chamoli area)		304300	794200	6728		E1	IMF
Ghatamemin		304300	801400	5426		E1	93
Ghathmila Dhura (Ghatamemin)		304300	801400	5700		E1	93
Gilding		301500	801800	5029		E1	1 M142
Halsyun		301100	802400	5105		E1	1 M414
Hanuman	○	302846	795002	6075		E1	1 AAJ M405
Hardeol (Tirsuli South)	○	303421	800048	7151		E1	20 1 AAJ IMF, HH52, (1939 Poland)
Hoti		304900	795400	5861		E1	1 M506
Ikualari		304218	800540	6059		E1	AAJ
Jandi		303600	801200	5974	5611	E1	1 M243
Jandi, Nanda Gondu W 2km		303700	801200	5974		E1	M243
Janhuhut, (Near Uttarkashi)		304000	800000	6807		E1	IMF
Jaoni, (Milam Gl. Area)		303100	800300	5938		E1	M236
Kailash Bamak		301700	802300	6587		E1	IMF

Kalaband Dhura		302543	801537	6105		E1	AAJ
Kalanka	○	303100	795636	6931		E1	1 AAJ M106(1975 Japan KAMIICHI AC)
Kharbasia		305200	794900	5733		E1	1
Kholi (Peak)	○	303542	800450	6114		E1	1 AAJ M196
Kildam Choti		301500	801500	5163		E1	1 M133
Kuchela Dhura	○	301800	800500	6294		E1	1 M141 IMF, (2013, IMF & Sport Section Joint Team)
Lachar We		301700	802300	6290		E1	IMF
Lalla We		302911	801830	6123		E1	1 AAJ M578
Lamchir		301400	800200	5662		E1	1 M577
Lampak-South (I)	○	302729	795639	6325		E1	1 AAJ M582, HH54,(1969 India)
Lampak-North (II)	○	303831	795557	6181		E1	1 AAJ M582, HH52
Laspa Dhura(Lepsa Dhura)		301400	800500	5913		E1	1 M571 IMF-OP Gangotri
Lassar		303331	801594	6129		E1	1 AAJ M572
Latu Dhura(Laspa Dhura), (NW of Nanda Devi)	○	302500	801000	6392		E1	
Lehur		303900	801100	5882		E1	1 M595
Lohar Deo		302812	800300	6245		E1	1 AAJ M606
Maiktoli	○	301614	795228	6803		E1	1 MF-OP AAJ M515,HH54, (1934 UK)
Mangraon (Mangram)		302836	800048	6568		E1	1 AAJ
Mapa Dhura		302200	800800	5206		E1	1 M529
Murigthuni	○	301728	794949	6855		E1	1 MF-OP AAJ M544, HH135, (1958 India)
Ngalaphu, (S 3km of Nanda Kot)		301428	802604	6410		E1	AAJ
Nagni Dhura		301300	802000	5032		E1	1 M366
Nanda Devi (Main)(West)	○	302232	795822	7816	7817	E1	1 AAJ M372, HH139, (1936 UK-USA)
Nanda Devi-East	○	302158	795930	7434	7434	E1	7437,74224 MF-OP AAJ M374, (1942 Poland)
Nanda Devi Khal La. (Longstaff's)		302100	800000	5910		E1	1 M372
Nanda Ghunti	○	302056	794309	6309	6390	E1	1 MF-OP AAJ M372, HH140, (1947 Swiss)
Nanda Gond	○	303327	800751	6315		E1	1 AAJ M372
Nanda Khani	○	301544	800430	6029	6023	E1	1 AAJ M327
Nanda Khat	○	301807	795849	6611	6545 6650	E1	6650, 1 MF-OP AAJ M372, (1961 India)
Nanda Kot	○	301651	800416	6861	6851	E1	16 IMF-OP AAJ M372,HH57, (1936 Japan(Rikkyo Univ.))
Nanda Lapak		302200	800300	5782		E1	1 M374
Nanda Pal	○	303129	800850	6306		E1	1 AAJ M374
Nanda Bahanar	○	301557	800356	6236	6350	E1	1 AAJ M374, HH58, (1987 India)
Nitar Thaur	△	303153	800742	6236		E1	1 AAJ M376
P6392, (N 5km of Nanda Devi)		302500	800000	6392		E1	
P6533, (E 1km of Kalanka)		303100	795750	6533		E1	
P6547, (North 1km of Kalanka)		303059	795756	6547		E1	AAJ
P6648, (NNE 3km Devtoli)		301800	795200	6648		E1	M439
P6504, NW 5km of Trisul-M		341900	775800	6504		E1	
P6635, (W 5km of Trisul-Main)		341800	795900	6635		E1	
P6538, (NW 3km of Manda Khat)		301800	795600	6538		E1	
P6596, (W 5km of Manda Khat)		301600	795500	6596		E1	

Pachu Dhura, (NE 6km of Nanda Devi)		302500	800000	5002		E1	M399
Panwali Dowar (Panwali Doar)	○	301720	795722	6663		E1	IMF-OP AAJ M423
Phulaga Parbat	△	304000	794600	5773		E1	
Purbi Dunagiri, (NE 3km Kallanka)	△	303200	795500	6489		E1	M471,HH143, (1988 India)
Rairambha, (Pittoragar area)		301500	802212	6539	6537	E1	HH61, (1972 India)
Rambha Kot	○	304300	800100	5221	5227	E1	3 M582
Ratpati, (SE 16km of Nanda Khat)		301100	801100	5102		E1	1
Rimla We		301800	802300	6200		E1	IMF
Rishi Kot	○	302728	795422	6236	6400	E1	1 AAJ M584
Rishi Pahar	○	303158	795959	6992		E1	1 AAJ M584, (1975 Japan, HAJ)
Ronti		302210	794313	6063	6306	E1	1IMF-OP AAJ M609, HH145,1955German
Saf Minal	○	303200	795800	6911		E1	1 M212,(1975 Japan,HAJ)
Sakram		302600	800208	6254		E1	1 AAJ M207
Shalang Dhura		301600	800800	5678		E1	M241
Shalla Dhura		301800	801100	5264		E1	1 M241
Shangas		302900	800900	5931		E1	1 M242
Tamkhau, (W 8km of Nanda Kot)		301700	800900	5218		E1	M293
Tent		302000	794800	5961		E1	IMF
Tharkot	○	301402	794950	6099		E1	1 IMF-OP AAJ M295,HH63, (1944 UK)
Tihutia		301700	801800	5252		E1	M331
Tirsuli-East (Main)	○	304259	800122	7074	7014	E1	1 AAJ M342, HH65, (1966 India)
Tirsuli-West	○	304245	800014	7035		E1	20 AAJ M342, H66 (,2001India)
Topi Dhura		303327	801236	6099		E1	1 AAJ M354
Tribhuj, SW 4km of Trisul-1		301600	794300	5055		E1	1 M359
Trisul -I (Trisul-Main)	○	301846	794138	7120		E1	16 AAJ M358 IMF-OP, HH165,(1907 UK)
Trisul -II	○	301737	794636	6690		E1	20 AAJ M359 IMF-OP, HH167, (1960 Yugoslavia)
Trisul-III	○	301600	794600	6008		E1	1 IMF-OP,HH166 M359
Uja Tirche (Urja)	○	303900	800100	6202	6204	E1	20 AAJ M54, HH66, (1950 UK)
Uja Tirche-North		303900	800100	5724		E1	93

Garwhal E2

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M= 三省堂, HH=Him. Handbook, First Ascent)
Baba Kaillas		302400	804000	6191		E2	
Burphu Dhura	○	302624	801711	6145	6334	E2	1 AAJ M416,HH49, (2000 India)
Chaudhara	○	301658	802339	6510		E2	1 AAJ M306,HH50, (1973 India)
Cheepaidang (Kari River, N 15km of Kuthi village)	○	301500	803900	6220		E2	(2014 UK, Moran)
Brammah Parbat, (N 5km of Cheepaidang)		301620	803902	c6000		E2	
Chikula We	△	303200	802324	6038		E2	1, AAJ, M304
Chiring We	○	302539	801805	6559		E2	1,AAJ,HH51,(1981 India)
Gangchal Dhura		302300	802800	5051		E2	1 M117
Kalabaland Dhura		302600	801400	6150		E2	
Islan Parbat (Cheepaidang Area)		301500	803900	c6000		E2	(2006 UK, Moran)

Kalganga Dhura	△	302718	801546	6215		E2	1 AAJ M108
Lalle We		302900	801700	6123		E2	
Nagalaphu		301400	802500	6410		E2	
Nagling	△	300846	802853	6041		E2	1 M366
Panch Chuli-I (Nagalaphu)	○	301327	802526	6355	6905	E2	6410, 1 AAJ M421, HH58-60,(1973 India)
Panch Chuli-II	○	301251	802541	6904	6622	E2	20 AAJ M421. (1953 India)
Panch Chuli-III	○	301203	802639	6312	6314	E2	IMF-OTP AAJ M421, (1964 India)
Panch Chuli-IV	○	301151	802728	6342	6335	E2	1 AAJ M421, (1964 India)
Panch Chuli-V (Tel Kot)	○	301119	802824	6437	6439	E2	20 1 AAJ M421, (1964 India)
Rajramba	○	301512	802242	6535	6537	E2	6539, AAJ M571, (1971 India)
Ramkrishna Parbat (Sangthan), (N 133km of Almora)		302200	804900	6481		E2	M576, (1968 India)
Rock Tower		302600	801700	5599	6150	E2	IMF
Sankalpa		302600	801700	5928	5929	E2	IMF
Sangthang		502102	804731	6480		E2	HH62,(1968 India)
Shivu	○	301600	801900	5255		E2	1 M224
Suitilla-East	○	301953	802305	6333		E2	1 AAJ M256
Suitilla-West	○	301948	802248	6373		E2	HH62 (2002 India)
Suli Top	○	302413	801936	6300	6301	E2	3 AAJ M266, HH63, (1986 India)
Tridhar		302600	801700	5761		E2	
Trigal, (Karagaband Gl, NE 109km of Almora)	△	302200	802300	5986	5983	E2	M358
Yungtangto	△	300400	803400	5948		E2	

Garhwal Central

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M= 三省堂, HH=Him. Handbook, First Ascent)
Abi Gamin	○	305557	793609	7355		C	4 AAJ M14 IMF-OT-P,HH67, (1950, UK)
Arwa Tower	○	305100	792400	6352		C	(2013 USA)
Avalanche Peak	△	304700	792500	6169		C	
Balakun, (E 15km of Badrinath)		304600	792100	6471		C	M410, (1973 India)
Balbala-East	△	310126	792614	6416		C	4 AAJ M416, (1947 Swiss)
Balbala-West	△	310121	792459	6282		C	1 AAJ M416
Bangneu(Bhagnyu), Bamal Gl.	△	303700	794200	5706		C	1, HJ,Vol.70, p.76(photo)
Barmal		303700	794200	5879		C	1 M417
Barmatia, NE 15km of Lampak North		304517	795810	6041		C	1 AAJ M417
Bidhan (Parbat)(Kamet Groupe)		305153	794051	6520	6215	C	6510, 93 AAJ M441 M447
Bjadhan Parbat (East end of Mana)		301553	794051	6520		C	HH80,(1968 India)
Charmrao Parvat- I, (NW 6km of Mukut Parbat)	○	305924	793154	6910		C	
Chotashigri		310000	794000	5334		C	M319,(1971 India Ladies)
Devban (Deo Ban)	○	305203	793907	6855	6977	C	6856, 4 AAJ M337, HH89, (1937 UK)
Dhumdhar		310700	783800	5764		C	93 M350
Dhwaing Parbat		304300	794600	5793		C/E1	
Don's Peak		310600	784700	5875		C	IMF
Draupadi Ka Danda		304900	784900	5716		C	1
Durpata		304302	794427	6465		C	4 AAJ,(1939 Swiss)

Ekudant (Katrik)	○	304536	792420	6126	6100	C	Deatil Unkown, Portugal Ascent., Also ascent P5115 and named Katrik, HJ 2010, M438, (1980 India)
Ganesh Parbat	○	305817	794319	6532	6653	C	AAJ M98, HH90, IMF, (1960 India)
Garuda Bank		301400	800000	5944		C	HJ. Vol.27, 1966 (1996; St. Stephan College, India)
Geldhung	○	305339	794751	6163		C	1 AAJ M170, HH56, (1975 India)
Ghuri Parbat	○	304242	794208	6706	6708	C	AAJ M196, (1939 Swiss)
Gupt Khal		305200	793500	5788		C	M142
Garur Dome		303530	795800	6202		C	HH51, (1995 India)
Hathi Parbat	○	304104	794228	6727		C	1 AAJ, HH97, (1963 India)
Hosti		303900	794700	5066		C	1 M505
Jaoni		303100	800300	5938		C	1 M236
Kagbhusund		304900	794200	5830	5855	C	1 M92
Kalchu Dhura		302200	800700	5500		C	1
Kamet	○	305513	793537	7756		C	4 AAJ M103, HH111, (1931 UK)
Kankul Khal		303800	794100	5087		C	1
Khingur		303900	800900	5849		C	M135
Khingur Dhura		303900	801000	5264		C	M135
Kunaling, (S of the Arwa Group)	○	304536	792420	6471	6491	C	6556, (1973, ITBP, India)
Kungribingri		303600	801400	5578		C	2
Kunti Bhannar		303900	795600	5895		C	1 M161
Mana (I) (Zun Nii)	○	305252	793657	7272	7274	C	AAJ M528, HH128, (1937 UK)
Mana-NW (II)	○	305351	793546	7092		C	AAJ, HH130, (1995 India)
Mana Parbat-I		305653	791458	6794		C	HH130, (1970 India)
Mana Parbat-II		305656	791520	6771	6770	C	HH131, (1995 India)
Manda-I		305600	790000	6510		C	M534, HH131, (1991 India)
Manda-II		305522	790000	6586		C	HH132, (2001 India)
Manda-III		305406	790000	6529		C	HH132, (2001 India)
Mandani Parbat		304400	791200	6193		C	M535, HH132, (1938 Austria)
Mandir Parbat		305000	793700	6559		C	HH133, (1981 India)
Marchok	○	305100	795400	5989		C	1
Mukut Parbat (I)	○	305708	794213	7242		C	4 IMF-OTP AAJ M542, (1951 NZ)
Mukut Parbat-II (East)	○	305700	793500	7130	7630	C	1 M542, HH136, (1999 India)
Nar Parbat		304400	793300	5855		C	1 M369
Narayan Parbat (Narain)		304500	792600	5965	6000	C	1 M368 IMF
Nilgiri Parbat	○	304703	793847	6474		C	4 AAJ M379, HH141, (1937 UK)
Nilkanta (Nilkantha)	○	304442	792400	6596	6597	C	4 IMF-OP AAJ M378, HH141, (1974 India)
Otika Danda, (Head of Alaknand & Gauri Ganag)		303800	794400	5182		C/E1	1 M82
P6002 (Kalidi Area)		305403	791812	6002		C	1
P6008 (N of Satopanth)		305228	791758	6008		C	1 IMF
P6023 (Ganesh Parbat Area)		310025	794500	6023		C	1 IMF
P6029 (Ganesh Parbat Area)		305845	794758	6029		C	1 IMF
P6035 (Kalindi Area)		305332	791632	6035		C	1 IMF
P6053 (N of Chaukhamba)		302828	795735	6053		C	1 IMF
P6068 (Ganesh Parbat Area)		310000	794540	6068		C	1 IMF

P6105 (Mana Area)		310245	791300	6105		C	1 IMF
P6181 (Kalindi Area)		305600	791725	6181		C	1 IMF
P6190 (Mana Bamak Area)		305858	791915	6190		C	1 IMF
P6202 (Mana Bamak Area)		310015	791828	6202		C	1 IMF
P6209 (W of Swarogrhini)		310625	782940	6209		C	1 IMF
P6215 (Swachand Area)		304900	791000	6215		C	IMF
P6236 (Mana Bamak Area)		304832	793510	6236		C	1 IMF
P6241 (W of Swarogrhini)		310600	783000	6247		C	IMF
P6242 (Mana Bamak Area)		310045	791758	6242		C	1 IMF
P6291 (Mana Bamak Area)		305745	791710	6291		C	1 IMF
P6297 (Mana Bamak Area)		310215	791750	6297		C	1 IMF
P6297 (Near Nanda Kot)		301700	802300	6297		C	IMF
P6352 (Sela Gl. Area)		305210	791650	6352		C	1 IMF
P6388 (Mana Area)		310150	791810	6388		C	1 IMF
P6437 (Mana Area)		305858	791420	6437		C	1 IMF
P6442 (Mana Area)		310145	791125	6442		C	1 IMF
P6443 (SE of Kedarnath)		305430	791710	6443		C	1 IMF
P6465 (Ganesh Parbat Area)		305735	793920	6465		C	1 IMF
P6465 (Swachand Bamak Area)		304712	791245	6465		C	1 IMF
P6474 (Mana Area)		310155	791155	6474		C	1 IMF
P6477 (SE of Bhagirathi-2)		305000	791015	6477		C	1 IMF
P6495 (Ganesh Parbat Area)		305800	794200	6495		C	1 IMF
P6500 (W 1km of Ganesh Parbat)		305500	794300	6500		C	LM
P6504, (N 2km of Trisuli)		304935	790939	6504		C	AAJ
P6507, (On Border, E 5km of Balbala)		310158	792745	6507		C	AAJ
P6526, (E 3km of Satopanth)		305002	791609	6526		C	AAJ
P6535 (Ganesh Parbat Area on Border)		305830	794025	6535		C	1 AAJ IMF
P6538 (Cream Roll)(Sout of Nanda Devi)		301844	795702	6538		C	AAJ
P6541, (S 5km of Kamet)		305237	793537	6541		C	AAJ
P6559, (Near Kamet)		305653	793530	6559		C	AAJ
P6596, (Near Nanda Khat)		301752	795642	6596		C	AAJ
P6629,(Near Hathi Parbat)		304207	794151	6629		C	AAJ
P6635,(Near Klanka)		303513	795853	6653		C	AAJ
P6651, (E 6km of Mukut, on Border)		305702	793705	6651		C	AAJ
P6760,(NW of Mukut, on Border)		305807	793307	6760		C	1 AAJ
P6775,(NW of Mukut, on Border)		310104	793057	6775		C	1 AAJ
P6850, (Ganesh Parbat Area)		305900	793800	6850		C	1 IMF
P6855, (SE 4km Mana)		305200	773900	6855		C	
P6910, (NW of Mukut, on Border)		305930	793153	6910		C	1 AAJ
P6940, (NW of Mukut, on Border)		310203	793020	6940	6538	C	AAJ
P6977, (SE of Kamet)		305225	793810	6538		C	AAJ
P7092, (S 4km of Kamet)		305300	793537	7092		C	AAJ
Pawegarh, (NW 8km of Badrinath temple)		304700	792500	5306		C	1M391
Rata Pahar, (NE 3km of Rataban)		304700	794400	5248		C	1 M572
Rataban	○	304501	794219	6166	6130	C	6167, AAJ M572, HH144, (1939 Swiss)
Saptasing, (S 8km of Nilgiri Parbat)		304200	793800	5055	5054	C	1 93 M212
Saraswati, (E 3km of Balbala)	○	310000	792600	6940		C	HH147, (1992, Indo-Japan (Terasawa))
Semkharak	○	305100	794600	5932	5432	C	1 M271
Silakang, (Head stream Dobala gad)		305300	795600	5873		C	1 M251

Ukhi Pahar		304600	794500	5742		C	M54
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Garhwal W1

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M=三省堂, HH=Him. Handbook, First Ascent)
Bandar Punch-I(Kalnag)(Black Peak)	○	310000	783300	6389	6387	W1	4 M421, HH105,1955 UK, (1968 India)
Bandar Punch-II (White Peak)	○	310001	783316	6316	6320	W1	6102, 20 IMF-OP AAJ,HH742 M421, 1950India, (1950 UK)
Bandar Punch-III(West) (West Shoulder)	○	310022	783137	6102		W1	AAJ M421, HH74, (1984 India)
Dhundher, Badrinath N 5km	○	310700	783800	5764		W1	M350
Dudera		310700	784100	5303		W1	M348
Gangotri-I	○	305453	785046	6672		W1	1MF-OP AAJ M115, HH91, (1952 UK)
Gangotri-II	○	305406	785131	6590		W1	MF-OP AAJ M115, (1966 India)
Gangotri-III	○	305257	785251	6577		W1	20 MF-OP AAJ, (1952 UK)
Garuda Bank		305000	790000	5944		W1	M109
Hanuman Peak		305800	783500	5548	6075	W1	M406
Hanuman Tibba N of Gangotri		305700	785800	5366		W1	1 M406 Same Peak Name in ,Kullu
Hanuman Top		304600	790500	5316		W1	1 M406 IMF
Jamunotri		306000	790600	5211		W1	IMF
Jaonli-II	○	305100	785100	6038	6002	W1	M236
Jaonli-I	○	305104	785119	6632		W1	IMF-OP AAJ M236, (1966 India)
Kaili (S 3km of Jaonli)	○	304700	785500	5435		W1	Trekking peak
Lamkhaga	○	310900	783700	5764	5959	W1	5762, 1 93 M576
P5989	○	305600	790000	5989		W1	(1975 India)
P6038 (Near Gangotri)		305052	785015	6038		W1	1 IMF
P6130 (Near Suitilla)		301700	802300	6130		W1	IMF
P6684 (Near Gangotri)		304916	791433	6684		W1	1 AAJ IMF
Purbi Dunagiri		303158	795446	6489		W1	1 AAJ M478
Rudugaira	○	305600	785200	5818	5819	W1	1 M592 IMF-OP
Shastru		304300	784900	5150		W1	M238
Srikanta (Seikantha)	○	305213	784819	6133	6132	W1	20 IMF-OP AAJ,HH154, (1979 Canada)
Swargarohini-I (Surgnalin)	○	310504	783058	6252		W1	IMF-OP, AAJ M267, HH158, (1990 India)
Swargarohini-II (West)	○	310560	783300	6247	6278	W1	93 IMF-OP AAJ, HH159, M26, (1984 India)
Swargarohini- III(Tharindankar) (Tharidankar)	○	300600	782900	6209		W1	93 M295, HH160, (1984 India)
Swargarohini- IV(East)	○	310400	783200	5966	6247	W1	93 M295,HH160, (1977 India)
Tharindankar (Tharidankar), (W 2km of Swarogarthuni-West)		300600	782900	6209		W1	93 M295, (1972,India)

Garwhl W2

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M=三省堂, HH=Him. Handbook, First Ascent)
Baby Shivaling	○	305300	790400	5395	5489	W2	5606, 93 M491
Bahuna Parbat		302000	794700	6468		W2	M407
Balakun (Konaling)	△	304600	792040	6471		W2	21 AAJ, (1973 India)
Bhagirathi-I (Bhag. Parbat -I)	○	305049	790905	6856		W2	M393, 20 MF-OP AAJ HH76, (1980 India)
Bhagirathi-II (Bhag. Parbat-II)	○	305247	790756	6512		W2	20 MF-OP,AAJ M393, (1938 Austria)

Bhagirathi -III (Bhag. Parbat -III)	○	305158	790805	6454		W2	20 MF-OP,AA,J M39, (1933 UK)
Bhagirathi- North		305200	790300	6450		W2	
Bhagirathi- West		305000	790200	6361		W2	
Bhairon Jhamp, (N 3km Gangotri Temple)		310200	785700	5325		W2	1 M391
Bhartekhunta	○	304804	790208	6578	6785	W2	20 M414 IMF-OP, HH79, (1975 India)
Bhetiara Ka Danda , (SE 6km Jaonli)		304800	785300	5572		W2	1 M490
Bhrigu Parbat	○	305723	785910	6041	6000	W2	1 AAJ M473
Bhrigu Parbat- West	○	305700	785900	5944		W2	IMF
Bhrigu Pathar		305200	791000	6038		W2	IMF
Bhrgupanth	○	305240	790014	6772		W2	IMF-OTP AAJ M473, HH80, (1980Inter. Ladies)
Brahma Gupha		304700	790500	5892		W2	1 M472
Bugialkoti		302500	794000	5188		W2	1 M462
Chaukhamba-I (Badrinath-I)	○	304459	791728	7138		W2	1 MF-OP AAJ M306, HH85, (1952 Frence)
Cbaukhamba-II (Badrinath- II)	○	304356	791653	7068	7070	W2	20 MF-OP AAJ M306, (1952 France)
Cbaukhamba-III (Badrinath- III)	○	304312	791636	6974	6995	W2	20 MF-OP AAJ M306
Cbaukhamba-IV (Badrinath -IV)		304307	791528	6854		W2	1 MF-OP AAJ M306
Chandra Parbat-I	○	305205	791542	6739		W2	AAJ, HH82,(1938 Austria)
Chandra Parbat-II	○	305242	791459	6728		W2	20 AAJ M312,(1938 Austria)
Chaturangi -I (Radanath Parbat)	○	305542	791230	6407		W2	93 AAJ
Chaturangi -II	○	305500	791400	6401	6218	W2	93, HH84, (1994 India)
Chaturangi -III (Central)	○	305500	791400	6393	6303	W2	93 M309 IMF, HH83
Chaturangi-IV	○	305500	791400	6304		W2	93 IMF
Chaturangi-V	○	305500	791400	6180		W2	93
Chaturangi-Middle		305534	791230	6395		W2	HH84, (1974 India)
Chaturbhunji	○	305928	790544	6654	6655	W2	6555, 20 AAJ M306, HH85, (1951 India)
Chirbas Parbat	○	310200	790322	6529		W2	20 AAJ IMF
Chota Nag		365600	785300	5220		W2	IMF
Daschuli-I		305800	790700	5904		W2	93 M290
Daschuli-II		305700	790700	5814		W2	93 M290
Deo Parbat	○	300100	790200	6078		W2	M337
Jadhang,		311000	790000	5290		W2	94
Januhut		304600	791400	6805		W2	
Jogin -I	○	305230	785500	6465		W2	20 MF-OP AAJ M249, HH99, (1970 India)
Jogin-II	○	305421	785600	6422	6352	W2	20MF-OP AAJ M249, HH100, (1971 India)
Jogin-III	○	305208	785608	6116		W2	20 MF-OP AAJ M249, HH102, (1967 India)
Kairi, Near Khtling Gl.	○	304700	785500	5435		W2	M89
Kalidhang (Kali Dang)	○	310223	790042	6373	6371	W2	HH111
Kalindi Peak		305510	791653	6102	6060	W2	6103, AAJ IMF, M108, HH109,(1931 UK)
Kamala		305800	790500	6270		W2	93 M102
Kedarnath	○	304742	790410	6940	6968	W2	6162, 4 MF-OP AAJ M168, HH118, (1947 Swiss)
Kedarnath Dome (Kedar Dome)	○	304831	790444	6831	6830	W2	1 MF-OP AAJ M168, HH19,(1947 Swiss)
Kharchakund	○	304643	790751	6612	6632	W2	6617,6637, 1 93 M109
Kirti Stambh	○	304900	790154	6270		W2	1 MF-OP AAJ M142, HH124, (1942 UK)

Kirti Stambh-I		304900	790100	6274		W2	IMF
Kirti Stambh-II		305000	790100	6259		W2	IMF
Koteshwar-I	○	305653	790610	6080	6004	W2	6035, 93 AAJ M191, HH124, (1968 India)
Koteshwar-II	○	305800	790600	5690		W2	M191
Ku		310900	790800	5871		W2	3 M136
Lama Surjang		304400	795300	5139		W2	M575
Mahalaya		304700	790500	5829		W2	93 M529
Mahalaya Parbat		304400	790400	5979		W2	IMF
Maiali		304400	785800	5097		W2	1 M515
Mana Parbat-I	○	305653	791458	6794		W2	20 AAJ M528, (1970 India)
Mana Parbat-II	○	305656	791520	6771		W2	AAJ M528
Manda-I	○	305611	790001	6510	6511	W2	1 AAJ M542
Manda -II (South)	○	305522	790000	6566		W2	93 IMF-OP AAJ M542
Manda- III	○	305406	790009	6529		W2	AAJ
Mandani Parbat		304900	791000	6193		W2	IMF
Mandir Parbat		304940	793619	6559	6560	W2	93 AAJ IMF, (1952 UK)
Matri (Peak)	○	310042	790424	6721		W2	20 AAJ IMF,HH133, (1978 India)
Meru	○	305300	790200	6672		W2	20 M548
Meru- Central	○	305100	790200	6310		W2	
Meru- East		305200	790100	6261		W2	IMF-OP
Meru- North	○	305215	790153	6450		W2	93 MF-OP AAJ M548, HH134, (1980 Japan (Hida AC))
Meru- South (Meru Bamak)	○	305148	790207	6660		W2	93 AAJ M548
Meru- West	○	305202	790115	6361		W2	AAJ
Om Parbat (Pitragarh area)		302212	803412	6191		W2	
P-Schwaltz Tower	○	305000	790900	6556		W2	93 M440
P5520 (Jalardri Gad, Gangotri)		310650	784703	5520		W2	1 IMF
P5544 (W of Srikanta)		305732	784720	5544		W2	1 IMF
P5654 (E of Swarogharhini)		310432	784200	5654		W2	1 IMF
P5678 (Jalardri Gad, Gangotri)		310800	784700	5678		W2	1 IMF
P5736 (E of Swarogharhini)		310555	783500	5736		W2	1 IMF
P5748 (Bhatiora Ka Danda Area)		305328	792645	5748		W2	1 IMF
P5749 (W of Srikanta)		310201	783130	5749		W2	1 IMF
P5791 (N of Bandarpunchi)		310250	783510	5791		W2	1 IMF
P5800 (W of Bandarpunchi Area)		310053	783658	5800		W2	1 IMF
P5842 (Jonali Area)		305200	785030	5842		W2	1 IMF
P5873 (E of Swarogharhini)		310510	784202	5873		W2	1 IMF
P5989, (Near Gangotri)	○	305600	790000	5989		W2	M436, (1975 India)
P6023, (E of Srikanta)		305645	784910	6023		W2	1 IMF
P6035,(Bara Shigri Area)		310425	792050	6035		W2	1 IMF
P6038 , (Jonali Area)		365200	785000	6038		W2	IMF
P6161 (Near Meru)		304900	791000	6161		W2	IMF
P6193 (SE of Bhagirathi-2)		305100	790900	6193		W2	IMF
P6254 (Near Kirtistambh)		302500	790500	6254		W2	(1982 AOIHOSHI AC, Japan Attempt)
P6475 (Ganesh Parbat Area)		301700	802300	6475		W2	IMF
P6504 (SE of Bhagirathi-2)		304930	790925	6504		W2	1 IMF
P6523,(NE 2km of Dunagiri)		303133	795356	6523		W2	1 AAJ
P6529, (Between Brighpanth & Manda)		305400	790008	6529		W2	1, (1985 Japan Attempt)
P6557, (E 3km Satopanth)		305941	790907	6557		W2	AAJ
P6565, (S 2km Matri)		305907	790913	6565		W2	AAJ
P6565, (SW 5km Sri Kailash)		310024	790500	6565		W2	AAJ
P6568, (Near Meru)		305528	790000	6568		W2	1 M439
P6587, (SW 3km Sri Kailash)		305945	791225	6587		W2	AAJ

P6594, (Bhagirathi South 3km)		305000	791000	6594		W2	
P6638, (W 4km of Chaukhanba)		304451	791444	6638		W2	AAJ
P6666, (W 2km Salbal)		305001	791419	6666		W2	1 AAJ
P6668 (Swachand Area)		305000	791300	6668		W2	IMF
P6684, (SE 4km Satopanth)		305933	793307	6684		W2	1 AAJ
P6690, (S 3km Swachhand)		304700	790000	6690		W2	
P6702, (Near Meru)		305123	791037	6702		W2	1 AAJ IMF
P6715, (N 4km Yogeshwar)		310124	790722	6715		W2	1 AAJ
P6721 (Swachand Bamak Area)		304830	791328	6721		W2	1 AAJ IMF
P6730, (Near Meru)		305658	791325	6730		W2	1 AAJ
P6770, (Near Meru)		305002	791205	6770		W2	AAJ
P6772,(Near Kalidhang)		310030	790756	6772		W2	AAJ
P6796, NW 5km of Mana Parbat		305747	791255	6796		W2	1 AAJ IMF
P6803, (N 4km of Yogeshwar)		310182	790200	6803		W2	
P6805, (S 4km Swachhand)		304600	791400	6805		W2	
P6805, (SW 2km of Mana Parbat)		304633	791433	6805		W2	1 AAJ
Pahla Nag		304400	794800	5864		W2	1 M406
Parvati Parbat		304300	792000	6257		W2	HH143, (1951 NZ)
Phalanga Parbat, (W 5km of Badrinath Temple)		304000	794600	5773		W2	1 M456
Pilapani Parvat, (NW 1km of Mana Parbat)P of Uttarkashi		305757	791245	6796		W2	
Radanath Parbat, (SW 3km Mana Parbat)		305600	791300	6403	6675	W2	93 M571
Ratangrian, (SW 4km Meru)		305000	785800	5858		W2	M572
Ruin Sara		310400	784200	5487		W2	IMF
Saife		305737	790605	6166	6161	W2	6167, AAJ M205, HH146, (1979 India)
Sarup Choti		310841	791824	6108		W2	1 AAJ M214
Satopanth	○	305042	791253	7075		W2	20 IMF-OP AAJ M210, HH149, (1947 Swiss)
Shivling	○	305237	790356	6543		W2	20 IMF-OP AAJ M224, (1974 UK)
Shivling-II	○	305300	790500	6038	6505	W2	IMF
Shyamvaran		305821	790745	6135		W2	AAJ
Sonam	△	311400	791000	5755		W2	
Sri Kailas		310054	791048	6932	6939	W2	1 AAJ M266, HH151, (1938 Austria)
Sudarshan Parbat	○	305824	790543	6507		W2	1 AAJ M260 IMF-OP HH155, (1981 India)
Sujaya		305800	790600	6166		W2	93 M239
Sumeru Parbat (Sumeri) ,(ESE 7km of Kedarnath)	○	304629	790742	6331	6350	W2	93 AAJ M26, HH158, (1971 India)
Suvan	△	305500	791700	6060	5639	W2	93 M256
Swachhand Peak	○	304900	791300	6721		W2	20 M267 IMF,HH158, (1938 Austria)
Swetvarn		305858	790600	6420		W2	AAJ M256, HH161
Tara, (NE 20km of Mana Parbat)		310247	792217	6069		W2	1 AAJ M294
Thaylay Sagar, W 4km of Meru (Phating Pithwara)	○	305200	790000	6904		W2	AAJ IMF-OP 93
Thelu	○	305747	790500	6002	6003	W2	6000, 93 AAJ IMF, HH161, (1963 India)
Tihutia	○	301700	801800	5252		W2	1 M331
Trimukh Parbat (Trimikhi Parbat)		310257	791153	6422		W2	20 AAJ,HH164, (1994 India)
Trimukh Parbat-East		310257	791150	6280		W2	HH164, (1990 India)
Vasuki Parbat	○	305215	791040	6792		W2	1 IMF-OP AAJ M44, HH167, (1973 India)
Vasuki Parbat- South	○	305200	791100	6702		W2	93 M44

Yeombuk,(Yanbuk), SE 10km Kedarnath	△	304500	790900	5953		W2	1 M35
Yogeshwar	△	310000	790800	6687		W2	1
P6126		320150	774955	6126		LE	1
P6126 (Kimo)		322315	774852	6126		LC	1
P6128		315005	774305	6128		LE	1
P6148(N of KR Mts.)		323000	712500	6384		LE	1, (2001 Kumagaya, Japan)
P6151		323255	775555	6151		LC	1
P6157		323700	775845	6157		LC	1
P6163 (South of Chandra River)		320600	774200	6163		LC	IMF
P6164		314710	774700	6164		LE	1
P6170 (S of Chandra River)		322200	774700	6170		LC	IMF
P6172		321650	774825	6172		LE	1 IMF
P6187 (Bara Shigri Area)		321501	774755	6187		LE	1 IMF
P6201		322320	774418	6201		LC	1
P6217		321010	774510	6217		LE	1
P6222		315955	774728	6222		LE	1
P6222 (Losar), S of Chandra River	○	322300	774405	6222		LC	1
P6225 (S of Chandra River)	○	320800	773800	6225		LC	IMF
P6243		315900	774805	6243		LE	1
P6248		320345	774950	6248		LE	1
P6250 (S of Chandra River)		320600	774200	6250		LC	IMF
P6260		314725	775312	6260		LE	1
P6271		322135	774350	6271		LC	1 M438
P6279		321428	775200	6279		LE	1
P6283 (Gyndi, Sptit Area)		321200	774955	6283		LE	1 IMF
P6294		320910	774510	6294		LE	1
P6309		321225	774728	6309		LE	1
P6309 (Bara Shigri Area)		320550	774602	6309		LE	1 IMF
P6404		323550	773855	6404	6113	LC	1
P6507		320158	774730	6507		LE	1
P6553(S of Chandra River)	○	320130	774810	6553		LE	1
P6648		301800	795200	6648		LE	AAJ M436
Paptula		320700	772800	5334		LC	99 M407
Papusura (Fabsor)	○	321300	773200	6453	6451	LE	20 M407,M456, IMF,HH208,(1967 UK)
Parvati Peak	○	320400	774400	6632	6633	LE	:6277, 1M416
Parvati South		315100	774200	5805		LE	1 M416
Peak A, Parvati R. Upper, s of Kulu Eiger 5km		315200	774400	5974		LE	1
Phabrang (North) (Phabrang -V)	○	324700	764800	6172		LE	20 IMF,HH199, (1972Japan(Shiga AC))
Phabrang South	○	324700	764800	6140		LE	1,HH199,(1984 India)
Pinnacle		321400	773200	5029		LC	1 M448 IMF
Poonam	○	325500	764500	5700		LE	(1973 JAC Student)
Priya Darshini Peak		322400	770600	6000		LC	99 M474
Priyadarshni		322500	770200	6000		LC	IMF
Prow		320800	723400	5558		LC	99 M469
Pyramid Peak		315100	774500	6034		LE	1 M451
Ram Chukar (Ram Chukor)		320600	772900	5264		LE	1 M577
Ramjak, S of Shingo La		325100	771200	6318		LW	HH200, (1998 India)
Ratang Dru	○	320700	775800	5898		LC	99, (1956 UK)
Ratang Nulla Head	○	321100	774800	6309		SP	20 M572,(1956 UK)
Ratang Nulla North		321200	775100	6311		SP	20 M572
Ratang Tower		321200	775400	6312		SP	20 M572
Ridge Peak		314900	774300	5792		LE	1
Ringmo. E 9km of Indrasan		321600	772900	5334		LE	M590

Rizing		321200	773400	5874		LC	99
Robert's Peak		320700	773600	5867		LC	99 M606
Rock Point		320000	773000	5600		LC	36
Rocky Challenge		320800	774300	5640		LC	99
Rubal Kang (Ang Dhuri)	○	320600	774000	6187	6150	LE	6877, 20 1 M592, HH209, (1952 South America)
Sandakaent , (S of Chandra River)		322200	774700	6040		LC	IMF
Sarchu		324900	773300	5742		LC	1 M215
Satellite Peak		321300	773300	6096		LC	99 M210
Savage		323300	772500	6370		LC	99
Schnee Glocke (Milang 1)		323700	772300	5769		LC	1
Sentinel Peak head of Tos Gl.		321400	773200	5701	5700	LC	99 M274 IMF
Shakkar Kang		320400	774000	6050		LE	1 M236
Shangrila		315000	774500	5953		LC	99 M243
Shigri Parbat	○	324200	774800	6645	6526	LE	IMF,HH200, (1961 UK)
Shigri-la		321100	773500	6247		LC	99 M227 IMF
Shilatakar		322600	774200	5256	6270	LC	1 99 M251
Shitidhar		322400	770700	5924	5250	LW	1 M230 IMF
Shudo Phar		320700	773300	5488		LC	99 M246
Snow Corn (Cone)(Upper part of Bara Sigri Gl.)	○	321200	774800	6225	6303	CB/LE	99 M263 IMF, HH202, (1982 India)
Snow Dome		320900	773600	5947	5425	LE	1 99 M263
Snow Peak, (NE 3km Same name P)		314700	774500	5640		LE	1 99 M263
Snow Peak, (SW 3km Same name P)		314900	774400	5638		LE	1 99 M263
Sonnwendspitz		333700	761300	5800		LC	99
South Kanzam		322300	774200	5562		LC	1 M206
South Malana Peak		320400	772800	5429		LE	1 M206
Spire		320400	773200	5500		LE	99
Srilata (Kulti Pass Area)		322900	771300	5547		LC	IMF
Steph's (Peak), (S of Chandra River)		322200	774700	5884		LC	IMF
T-I (T=Telah Nullah)	○	324200	771600	5669		LC	1 IMF M327
T-II	△	324100	771900	6035		LC	1 IMF M327
Tagne	△	323500	774100	6111		LE	
Tara Par		320800	773300	5932		LC	99 M294
Thambu, (Kulti Pass Area)		322900	771300	5791		LC	IMF
The Keep, (S of Chandra River)		322200	774700	5548		LC	IMF
Tiger Tooth	○	321100	773500	6149	5947	LE	6249, 1 M280 IMF
Tila Ka Lahar		322600	772800	5964		LC	IMF
Tos Tichu Himal		320500	773200	5639		LC	99 M353
Umnak (P6104)		323725	714210	6104		LC	
Urmi		323000	773000	5700		LC	99 M58
West Horns		320200	773700	5600		LE	1 M50
White		320500	774100	5950		LE	1 M512
White Sail (Dharmsula)	○	321200	773400	6446	6455	LE	6445, 20 99 M513, HH206,(1941 UK)
Wives Peak		330500	771700	5639		LC	99
Yunam, N 7km of Baralacha La	○	324900	772400	6111		LC	(2005 India)

Spiti

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M=三省堂, HH=Him. Handbook, First Ascent)
Ache	○	321700	774100	6066		SP	(2009 JAC-Tokai)
Blade		321000	773600	5800		SP	99
Chau Chau Kang Nilda-I (CCKN=I)	○	321800	781000	6303		SP	M136 IMF

Chau Chau Kang Nilda-II(C-CCKN-II) (Guan Nelda South)	○	321800	781000	6303		SP	20 M135 IMF
Cheama, (Gya Group)	○	322900	782800	6230		SP	LM Sheet-6
Chongran, (S 5km of CCKN)	△	321500	780900	4985		SP	LM Sheet-6
Dangmachan	○	321900	780300	5157	5153	SP	1 M365
Dawa Kangri, (E of Kunzam La,near P.6222)	○	322100	774200	6140		SP	(2000 Tokyo RIKU Univ. Japan)
Dhhun, (S 5km of Parl Lungbi)	○	321700	781100	6200		SP	LM Sheet-6
Dhingringmo, (SW 15km of CCKN)		321900	780300	4845		SP	LM Sheet-6
Dongrimo	○	322200	774900	6160		SP	
Drisa, (Gya Group)	○	323100	782500	6275		SP	LM Sheet-6
Fluted Peak	○	320100	774400	6451	5500	SP	1 M474
Fluted, (W of Spiti Area)	○	332200	774500	6122		SP	Terasawa List 2015 ?, HH174,(1958 UK)
Gelling	○	322800	781600	6100		SP	LM Sheet-6
Gephang(Gepang)(Geypon Gho-II)		322900	771300	5870	5852	SP	M169
Guan Nelda-North (I)		321900	781000	6803	6303	SP	M136-137,HH176,(1939 UK)
Guan Nelda-South (II)		321800	781000	6157	6035	SP	M136,HH178,1 (1933 India)
Gugairang		312000	784700	5748		SP	93 M139
Gya	○	323200	782400	6794		SP	LM Sheet-6
Gya Sumpa, (Gya Group)	○	323400	782400	6480		SP	LM Sheet-6
Gyadung	△	332800	781500	6160		SP	
Gya-East	○	323100	782600	6680		SP	LM Sheet-6, HH179, (1998 India)
Gyagar	○	321400	782300	6400		SP	LM Sheet-6, HH178, (1989 India)
Gyah	△	324200	774800	6162		SP	IMF
Gya-North	○	323400	782400	6520		SP	LM Sheet-6
Hersang, (S 28km of CCKN)	○	320200	781200	5275		SP	1 M492
Kailas (Shivalinga)(Kailash)	△	314200	782100	5486	6050	SP	93 M89
Kamelang, (SES 21km of CCKN)	△	320500	780600	5902		SP	LM Sheet-6
Kanamo(Kanikma)	○	322100	780400	5963	6096	SP	20 M98
Kand Mahadev		314000	773900	5167		SP	1 M121
Kangla Tarbo-1	○	320800	775000	6315		SP	(2000 Irland)
Kangla Tarbo-2	○	320300	774600	6120		SP	(1996 India)
Kangla Tarbo-I	○	320300	774900	6315		SP	Terasawa List 2015, HH180, (2003 India)
Kangla Tarbo-II	○	320300	774600	6120		SP	Terasawa List 2015, HH181,(1977 Irish)
Kapusa(Kapsa)		320300	783500	4630	5000	SP	1
Karcha Parbat		322000	774500	6270		SP	Terasawa List 2015
Karcha Parbat (S of Chanab Riv)		321000	774400	6270		SP	IMF
Khating, (Rungar River Middle)		324100	774800	6093		SP	M97
Khhang Shiling, (Khamengar valley, South of Ratangi)	○	320900	775200	6360		SP	HJ. Vol.64 (2004 India)
Khhang Shilling	○	320500	774600	6360		SP	
Kmatang, (E 10km of Lingti village)	△	320500	781900	5902		SP	LM Sheet-6
Kuanglungba, (S 26km of CCKN)	△	302400	780900	5313	5225	SP	LM Sheet-6
Kungrotu Dhar, (12km of Deol village)		321000	763100	5000		SP	37
Kuwa, (SW 6km of CCKN)		321500	781400	5913		SP	LM Sheet-6
Labrang, (E 4km of Shilla)	○	322000	781600	5900		SP	LM Sheet-6
Lagbhor Che		322100	774400	5980		SP	
Lagma (Lungma), (N 5km of Tabo Town)	○	320900	782600	5761		SP	LM Sheet-6
Lama Kyent	○	321900	781100	6040		SP	LM Sheet-6
Larimo	○	322300	774800	5995		SP	

Lhakhang	○	321600	781200	6250		SP	
Lindu Dingkarmo-II, (Chandra ri. Kudu Valley Head)		322500	775000	5620		SP	M590
Lion	○	321400	774200	6126	6124	SP	6164, 20 1 M566, HH194,(1961 UK)
Loushar	○	322100	774800	6040		SP	
Monto, (NWN 35km of Gya)	○	323900	780300	6230		SP	LM Sheet-6
Namkha Ding		322300	782600	5665		SP	LM Sheet-6
Nanulka, (W 4km of Lingti Village, South 20km of CCKN)	△	320800	780800	5397	5444	SP	1 M380
Nun Themga	○	322200	774900	6024		SP	
P5050, (On the India & Tibet border)		300700	783700	5050		SP	LM Sheet-6
P5050, (S 3km of Monto)	△	333900	780200	5050		SP	LM Sheet-6
P5250, (SW 6km of Monto)	△	333700	780700	c5250		SP	LM Sheet-6
P5307, (E of Monto)	△	333900	781800	5307		SP	LM Sheet-6
P5410, (E 20km of Monto)		333900	781500	5410		SP	LM Sheet-6
P5488, (W 3km of Tumuting)	△	333900	782400	5488		SP	LM Sheet-6
P5615, (On the India & Tibet border)		333500	782900	5615		SP	LM Sheet-6
P5680, (W of Parang La)		322700	780300	5680		SP	LM Sheet-6
P5700, (W of Parang La)	△	322900	780100	5700		SP	LM Sheet-6
P5714, (E of Monto)	△	333500	782300	5714		SP	LM Sheet-6
P5730, (ESE 21km of Monto)	△	333600	781600	5730		SP	LM Sheet-6
P5785, (E of Monto)		333400	782000	5785		SP	LM Sheet-6
P5882, (E of Monto)	△	333700	782600	5882		SP	LM Sheet-6
P5895, (SE 10km of CCKN)	△	301100	781400	5895		SP	LM Sheet-6
P5900, (SW 9km of Monto)		333600	780600	5900		SP	LM Sheet-6
P5910, (On the India & Tibet border)		333500	782700	5910		SP	LM Sheet-6
P5950, (E 14km of Monto)		323900	781100	5950		SP	LM Sheet-6
P5962, (On the India & Tibet border)	△	321000	783100	5962		SP	LM Sheet-6
P6030, (On the India & Tibet border)	△	322300	783100	c6030		SP	LM Sheet-6
P6080, (E of Parang La)		322600	780800	6080		SP	byT.Suzuki
P6110, (SE 12km of CCKN)	△	321300	781500	6110		SP	
P6160, (E of Parang La)	△	322600	780800	6160		SP	byT.Suzuki
P6160, (W of Parang La)		322500	780600	6160		SP	LM Sheet-6
P6181, (W of Parang La)	△	322500	780500	6181		SP	LM Sheet-6
P6228, (Pkashi Raml Gl.)		322600	780900	6228		SP	
P6228, (S 7km of Khasa Gompa)	○	322700	780800	6228		SP	LM Sheet-6
P6240, (Pare Chu Right Bank)		324000	781500	6240		SP	
P6256, (On the India & Tibet border)		301800	782900	6256		SP	byT.Suzuki
P6265, (NW Face)		322600	780800	6265		SP	byT.Suzuki
P6300, (On the India & Tibet border)	△	321500	782900	6300		SP	LM Sheet-6
P6300, (On the India & Tibet border)		321600	782900	c6300		SP	LM Sheet-6
P6308, (South 6km of Khasa Gompa)	△	322800	780700	6308		SP	LM Sheet-6
P6310 (SW of Spiti Area)		324200	774800	6310		SP	IMF
P6320, (On the India & Tibet border)	△	321400	782700	c6320		SP	LM Sheet-6
P6365, (Pare Chu Right Bank)		324000	781500	6365		SP	
P6400, (On the India & Tibet border)	△	321800	782900	6400		SP	LM Sheet-6
P6721, (Near Karcha Parbat)		322000	774500	6721		SP	M438, (1977 Irland)
Pangdom	○	320600	782900	5070		SP	M423

Parilungbi, (Head of Ligti Nala)	○	322500	781000	6184	6166	SP	M413
Parkyokula, (On the India & Tibet border)	△	323100	782900	6527		SP	LM Sheet-6
Poh, (S 6km of Tabo Town)	○	320200	782300	5757		SP	1 M497
Pyagski	○	321400	774200	6090		SP	(2014 JAC-Tokai, Japan)
Ramabang	○	315700	775300	6135		SP	HJ Vol.64, (2008 Iris)
Ramabang(P6135m), (Debsa Nala Head)		320000	764800	6135		SP	2008,India,HJ. Vol.64
Ratang Nulla Head		321100	774800	6309		SP	M572
Ratang Nulla-North		321200	775100	6311		SP	M572
Runse	○	321500	781900	6175		SP	LM Sheet-6
Sarchu, (WNW 11km Balalacha La)		324900	773300	5742		SP	M215
Shilla (Silla)	○	322300	781300	6132	6096	SP	6133:6111, 93 M251 IMF,HH182,(1996 India)
Shipki, (Leo Pargial ridge)		315500	784500	6608		SP	M233
Sibu, (N 5km of Tabo Town)	○	320900	782400	5700		SP	LM Sheet-6
Singe Kang, (Right bank of Spiti River)		315600	782700	5950		SP	M254
Sisbang (Shijabang), NW 5km of Tabo Town	○	320900	781100	5843		SP	LM Sheet-6
South Kanzam		322300	774200	5562		SP	M206
Star Peak, (Leo Pargial ridge)		315500	784300	6461		SP	M259
Tangmor Ding (Tanmortina)	○	322300	782500	6232		SP	LM Sheet-6
Tanlangkari, (S 25km of CCKN)	△	320400	781000	5225	5313	SP	LM Sheet-6
Themso, (N 20km of Kinnaul Kailash)		314300	782600	5092		SP	M340
Thugiriga, (Between Sattleji Ri. & Spiti Ri)		314400	783400	5081		SP	M347
Tinga (Thanga)		313500	783200	5008		SP	M334
Tongmor, (NE 7km of Tabo Town)	△	320800	782800	5901		SP	LM Sheet-6
Tserip, (SW 1km of CCKN)		321800	781100	5974		SP	LM Sheet-6
Tumting, (N 11km of Gya)	△	323800	782800	5921		SP	LM Sheet-6
Undung Kangri, (NWN 11km of Gya)	○	323200	781900	6643		SP	LM Sheet-6 (1999 JAC-Tokai, Japan)
Ynaum, (Upper Karcha Nala, From Bharatpur Bus Stand)		321800	774500	6118		SP	(2015 India)
Zado		323000	790000	5486		SP	94
Zumto, (S 2km of CCKN)		321600	780900	5750		SP	LM Sheet-6

Kinnaur

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M=三省堂, HH=Him. Handbook, First Ascent)
Amar Parbat		315700	782300	6031	6431	KN	93 M17
Bisa Rang (Beshrang), (Near, in Tirung Gad near Kalpa village)		313400	783400	6120		KN	Kyoto Taniguchi Photo
Brangomoche, (W 12km of Ropa village)	△	314700	781900	5625		KN	
Chokas Rang, (NE 1km of Kinnaur Kailash)	△	313200	782200	5650		KN	LM Sheet-6
Chor Nlti, (Near head of Yaling Lungpa, North 1km of Lama Gompa)		315800	783100	5275		KN	LM Sheet-6
Daboling, (SE 7km of Kinnaur Kailash)	△	312600	782400	6180		KN	LM Sheet-6
Dudera, (On Kinnaur & Gangotri Road)		310700	784100	5303		KN	M328
Gangchha, (Head of Hojis Gad)	○	314100	784500	6030	6063	KN	LM Sheet-6

Gangchhua, (S 25km of Leo Pargial)	△	313900	783800	6063		KN	
Gangchhua, (S 20km of Leo Pargial)	○	314200	784300	6288	6279	KN	6063 6248, 1 M120, HH168,1(974 India)
Ghyangrang, (W 7km of Ropa village)	△	314600	782200	5250		KN	
Gramang Bal, (E 10km of Alpa village)	○	313200	783200	6248		KN	Tearsawa List
Harnam Chhang	△	315300	782700	6610		KN	LM Sheet-6
Jestang Rang, (NW 5km of Kinnaur Kailash)	△	313300	782000	4423		KN	
Jorkanden	○	313000	782200	6473		KN	LM Sheet-6,HH169, (1974 India)
Khripichi, (NW 6km of Leo Pargial)	△	315600	784000	5380		KN	LM Sheet-6
Khnej	○	322800	786000	5200		KN	Tearsawa List
Kinnaur Kailas (Shivalinga)	○	312900	782000	6050	6473	KN	6757 6816, 1 M128, M89
Kunda, (SE 10km of Charang village)		312300	783600	5248		KN	LM Sheet-6
Lakhma (Lakshma)	△	315200	784100	5439		KN	1 93 M569
Lenchich, (W 12km of Gangchha)	△	314000	783400	5372		KN	Sheet-6,M599
Leo Pargil-I (Lakhma North)	○	315400	784500	6791	6770	KN	20 M595, HH170, (1933 UK)
Leo Pargil-II(South) (Lakhma South)	○	315400	784500	6770		KN	LM Sheet-6, HH171,(1952 Austria)
Mangiang, (W 8km of Ropa village)	△	314600	782000	5240		KN	
Mangla, (SE 10km of Charang village)	△	312300	783800	5885		KN	LM Sheet-6
Manirang (Mani Kang)	○	315700	782100	6593	6200	KN	Sheet-6, M539
Manirang-South	○	315600	781900	5888		KN	LM Sheet-6,HH171, (1982 India)
Ningmarl, (NW 6km of Leo Pargial)	△	315700	784100	6173		KN	LM Sheet-6
Ninjerrya (Ninjeri) , (North 5km of Leo Pargial)	△	315000	785000	6648	6644	KN	M379
P5685, (E 8km of Charang Village)		313400	783400	5685		KN	Terasawa Photo
P5686, (SW 2km of Rangrik Rang)		311900	783700	5686		KN	
P5712, (Shaone valley head, East 5km of Shinka La)	○	311700	782300	5712		KN	Terasawa List
P5850, (N 2km of Rangrik Rang)	△	312300	783700	5850		KN	
P5877, (Near P5685)		313400	783400	5877		KN	Terasawa Photo
P5888, (S of Chenab River)		315840	782556	5888		KN	1 M437 IMF
P6014, (SE 3km of Gangchhua)	△	313800	784000	6014		KN	
P6032, (SW 4km of Phawararang)	△	312400	782800	6032		KN	
P6038, (E 10km of Nako village, nea border)		315000	791900	6038		KN	IMF-Virgin Peak
P6044, (E 10km of Nako village, nea border)		315000	791700	6044		KN	IMF-Virgin Peak
P6091, (SE 5km Manirang)		315700	782500	6091		KN	
P6132, (Armasong Nala head)	○	311500	784600	6132		KN	Terasawa List
P6148, (E 10km of Nako village, nea border)		315000	791600	6148		KN	IMF-Virgin Peak
P6154, (Armasong Nala head)	○	311500	784600	6154		KN	Terasawa List
P6223, (NW 2 km of Manirang)	△	315900	782200	6223		KN	
P6248, (NW 2km of Sesar Rang)		313500	783100	6248		KN	
P6428, (E 7km of Thargi llage)		313500	783200	6428		KN	
P6447, (W 3km of Rangrik Rang)		312200	783500	6447		KN	
P6465, Saser Rang area)		313400	783400	6465		KN	Terasawa Photo

P6484, (Right bank of Chango Tokpo, S 10km of Sumdo)	○	311700	784200	6484		KN	Terasawa List
Pamachung	△	315500	782500	5686		KN	LM Sheet-6
Parmati , (ENE 13km of Kinnaur Kailash)	△	322800	782900	5625		KN	LM Sheet-6
Phawararang, (ENE 14km of Kinnaur Kailash)	○	312600	782900	6349		KN	LM Sheet-6,HH172, (1979 India)
Raldang,(Pinnacl), SW 7km of Kinnaur Kailash	○	312800	781800	5499		KN	LM Sheet-6
Rangrik Rang, (SE 10km of Charang village)	○	322300	783800	6553	5850	KN	LM Sheet-6,HH173, (1974 India)
Reo Purgil	○	315300	784400	6816		KN	Terasawa List
Saragrado, (SW 7km of Leo Pargia)		315400	784100	5200		KN	LM Sheet-6
Saro(Sairo), (SE 14km of Kinnaur Kailash)	○	312500	782500	6080		KN	LM Sheet-6
Schshala	○	322400	782300	c4700		KN	Terasawa List
Seser Rang, (E 11km of Alpa village)	○	313400	783300	6248	6095	KN	Kyoto Taniguchi Photo, HH174, (1994 India)
Shagchan Rang, (E 12km of Alpa village)	△	313300	783400	6209		KN	Kyoto Taniguchi Photo
Shakutang Rang, (SE 13km of Alpa village)	△	313200	783500	5930		KN	LM Sheet-6
Shipki	△	314600	784500	5794	6608	KN	1 3 M233
Shri Parbat		314900	791800	6175		KN	IMF-Virgin Peak
Singekang, (Singe Kang), (E 8km of Manirang)	○	315800	782800	6031	5950	KN	6000, Sheet-6 M245
Spondang		315600	781800	5836		KN	LM Sheet-6
Star Peak	△	315500	784300	6461		KN	93 M259
Talamrang, (Right bank of Lipak Lungpa)		315400	782800	6000		KN	LM Sheet-6
Targyugsa, (N 4km of Puh village)	△	314900	783600	5058		KN	LM Sheet-6
Thugiriga	△	314400	784200	5081		KN	93
Tinga (Thanga)	△	315300	783200	5008		KN	93 M334
Tum Tum, (E 3km of Talarang)	△	315400	783100	5186		KN	LM Sheet-6

Sikkim, Assam, Arnachal

Sikkim

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2	AREA	REF(M= 三省堂 , HH=Him. Handbook, First Ascent)
Black Peak(NE 16km of Kanch)		274800	881600	6032		SW	M470 (1936 German)
Burumkhangse (Yumthang)	○	274800	884100	5635		SE	Trekking Peak
Charub		275400	882700	5537		SE	M311
Chomapu (Chora Peak),Tibet Border		272800	884700	5278		SE	M315
Chombu	○	275351	883849	6362		SE	AAJ, M323, HH35,OG35
Chomdo		270500	884300	5472		SE	M320
Chomo Yumo (Chomoyumo)	○	280208	883256	6829	6828	SE	AAJ, HH35, OG50, Open Peak
Chorten Nyma (Dodang Nima) Peak	○	275700	881100	6927		SW	M322, OG55 ,Open Peak
Chorten Nyma La (West)	△	275700	881100	6355	6972	SW	M322, OG58
Chugalung	△	274500	881500	5759		SE	M314
Chulunglha, (SE 5.5km of Kang La)		208400	884000	5447		SE	M316

Chuman Kang(Chomokan) (Lachisi)	△	275836	883146	6051	6212	SE	6512, M320
Chumankhang (Lachshi)	○	275836	883146	6212	6051	SE	AAJ, M.315, OG42
Chumankhang East		275800	883200	6050		SE	HH36, (1990 India)
Chungo Kering		280500	883900	5501		SE	M316
Chungukang		275340	883723	5842		SE	M316
Crevasse Peak		274700	881800	5910		SW	M156
Dome Kang	○	275240	880904	7400	7261	SW	7442,7260, AAJ M356 78-A-1 OTP & VP, OG68
Domo	△	275300	880900	7442	7420	SW	7495, M356
Dongkya Ri	△	275921	884740	6190		SE	M364
Dopendikang (Black Rock)		273420	884700	30		SE	M354
Dorongiri	△	273400	880500	4030		SW	
Fluted Peak	○	275220	881356	6084		SW	AAJ, M474, OG70
Forked Peak	△	273418	880944	6108	6600	SW	M460
Frey Peak (Chaurikiang valley)	○	273310	880553	5832	5830	SW	M479 Trek Peak
Gocha Peak (Guicha) Peak	○	273657	881025	6127		SW	AAJ, M190, HH36
Green Lake Peak		274700	881600	6114		SW	M152
Gurudongmar (Grudingmar)	○	275841	884209	6715	6630	SE	AAJ, M154, HH37, OG26, (1936 UK)
Janak (Outlier) (in Nepal)		275220	880537	7035	7090	SW	AAJ
Jokchengo		274310	884325	5441		SE	M249
Jongsang (Jon Song)(Jongsang Peak)	○	275252	880808	7459	7483	SW	7473, AAJ, (1930 German)
Jopuno (Thansing valley)	○	273200	881400	5936		SW	M250, Trek Peak
Kabru -I (Kabru- South)	○	273630	880649	7317	7412	SW	AAJ, M101, HH39, (1994 India)
Kabru -II (Kabru- North)	△	273703	880732	7338		SW	AAJ 78-A-2 VP & OTP M101
Kabru -III (Kabru- NE)	△	273752	880712	7353	7394	SW	7388, AAJ, M101
Kabru- IV	△	273810	880736	7245	7341	SW	7388,7395, M101
Kabru Dome	△	273517	881302	6600		SW	M101
Kanchenjunga-Central	○	274205	880920	8478	8473	SW	8496, 8482, AAJ, M118
Kanchenjunga-West (Yalung Kang)	○	274200	880800	8505	8420	SW	8432, M120
Kangbachen (in Nepal)		274300	880648	7903		SE	AAJ
Kangchengyao	○	275906	883925	6889		SW	AAJ, M117, OG29, (1912 UK)
Kangchenjunga-Main (Kongh- lo Chu)	○	274207	880901	8586	8598	SW	AAJ M118, HH39, OG A3-A11, (1955 UK)
Kangchenjunga-South	○	274131	880925	8491	8476	SW	8746, AAJ, M118
Kangla Kang		273055	880400	5560		SW	M124
Kangpup-Central		275200	884500	5581		SE	M123
Kangpup-NE		275200	884500	5642		SE	M123
Kangpup-South		275200	884500	5852		SE	M123
Kegelberg		274700	881800	5739		SW	M167
Keilberg		272400	881700	5995		SW	M90
Kellas Peak	○	275501	880722	6680		SW	AAJ, OG62
Khabur (Tumaklung) (in Nepal)		274117	875942	6331	6332	SW	AAJ, M101
Khame Khang		273500	880800	6601		SW	By Eskimo Adventure
Kokthang	○	273350	880458	6147	6398	SW	AAJ, M187, HH41, (1982 India)
Kokthang-Central		273300	880500	c6141		SW	HH42, (1998 India)
Kokthang-South		273300	880500	c6141		SW	HH42, (1998 India)
Kongyakma		280110	885028	5855		SE	M203
Kora Chonekang	△	275921	882206	6187		SW	AAJ, M195, OG61
Kora Kang-East (Korayedu) (Koriyada)	△	275800	881700	6601	6428	SW	6681, M194,AAJ, OG61

Kora Kang-West (Korayedu) (Koriyada)		275800	881700	6601		SW	M194
Kumbhakarna (Jannu)(in Nepal)		274058	880245	7710		SW	AAJ
Lachin Kang		280100	883200	6358		SE	M572
Lagerberg		274700	882000	5500		SW	M570
Lama Angden (Lamo Angdan-g(Wangden)), Lachen Area, 4km of Pyramid Peak	○	274400	883000	5868	5868	SE	6166, M578, HH42, OG70
Langbogo-East		275000	882200	5556		SW	M582
Langbogo-West		275000	882200	5538		SW	M582
Langpo Peak-North	○	275115	881150	6954		SW	AAJ, M582, OG72
Langpo Peak-South	○	275115	881150	6852		SW	AAJ M582
Langpochung Kang (Langpo Chung)(Lanchun Khan)		275119	881046	6766	6771	SW	6786,6812, AAJ, M582, Unclimbed
Lhoklamburichi	△	273800	881600	5495		SW	M601
Lhonak Peak	○	275614	880823	6705	6710	SW	AAJ, OG61
Little Siniolchu	△	274324	881807	6538	6065	SW	AAJ, M586
Lungmalha		280500	883500	5819		SE	M594
Nachego-East		274800	882700	5085		SW	M367
Nachego-West		274800	882700	5070		SW	M367
Narsing	△	273040	881706	5825		SW	M369
Nepal Gap	△	274535	881002	6350	6317	SW	6170, M384
Nepal Peak	○	274637	881100	7168	6910	SW	AAJ, M384, OG97
Nepal Peak-Central	△	274640	881030	7163		SW	M384
Nepal Peak-NE	△	274640	881030	7170	7180	SW	M384
Nepal Peak-SW	△	274640	881030	7145		SW	M384
Névé Peak	○	280300	883300	6196		SE	M383, OG54
Omi Kangri (in Nepal)		275352	875751	6829	7047	SW	7028, AAJ, M87
P6010 (W 1km of Jopno)	△	273200	771400	6010		SW	
P6517, (W 4km of Pauhunri)		275655	884900	6517		SE	
P6550, (E 3km of Chorten Nyima)		275629	881233	6550		SW	AAJ
P6554, (E 6km of Chorten Nyima)		275653	881501	6554		SW	
P6626, (SW 7km of Pauhunri)		275600	884813	6626		SE	
P6630, (NW 3km of Gurudongmar)		278000	774200	6630		SE	
P6640, (SE 2km of Kellas Peak)		275423	880749	6640	6440	SW	AAJ
P6656, (SE 3km of Pyramid Peak)		274600	881100	6656	6422	SW	6658
P6675, (NW 4km of Chorten Nyima)		275750	880850	6675		SW	AAJ
P6698, (SE 9km of Pauhunri)	△	275327	885304	6698		SE	AAJ
P6730, (SE 5km of Pauhunri)	△	275401	885228	6730		SE	AAJ
P6754, (Tsajrin) (Chabuk-North)		275311	875900	6754		SW	AAJ
P6805, (W 2km of Chorten Nyima)	△	275735	880958	6805		SW	AAJ
P6911, (S 4km of Pauhunri)	△	275544	885154	6911	6915	SE	AAJ
P7005, (E 2km of Twins)	△	274500	881100	7005		SE	Unclimbed(?)
P7032, (Pauhunri SE) (SE of Pauhunri on Khang Kyong Khangse)	△	275538	885139	7032		SE	78-A-13, AAJ, VP & OTP, Unclimbed
P7033, (South of Pauhunri)		275700	885100	7033		SE	VP & OTP, Unclimbed
P7080, (North of Pauhunri)		275700	885100	7080		SE	VP & OTP, Unclimbed
P7278, (SW 2km of Talung)		273828	880750	7278		SW	
P7353, (SW 3km of Talung)		273800	880750	7353		SW	
P7388, (S 2km of Talung)	△	272900	880800	7388		SE	
P7406, (NE 3km of Talung)		274100	880800	7406		SW	
Pandim	○	273435	881307	6691	6701	SW	6671, AAJ, M422, HH43

Pandy Sokero, P7741, (N 2km of Kanch.)		274400	881100	7741		SW	
Pauhunri	○	275713	885053	7125	7128	SE	AAJ OP (1911 UK)
Phim Lachung		274100	885000	5096		SE	M458, OG20
Putung La (Podong La) Peak		274800	881500	5977		SW	M466
Pyramid Peak (Pathibhara Peak)	○	274915	881030	7123		SW	AAJ, M452, HH44, OG197-221, A12-A15, 79, (1993 Indo-Japan (HAJ))
Rathong	○	273400	880500	6678	6679	SW	HH44, (1964 India)
Rokcha		275602	882330	5643		SW	M601
Roko		275800	882515	5974		SW	M601
Rongsha		275020	883030	5177		SW	M609
Sanglaphu (Tomo Chamo)		275836	884307	6224		SE	AAJ, M222
Sentinel Peak	○	275812	881428	6490		SW	AAJ, M274, OG59,,Open Peak
Shariki Danenchung		274300	884800	5557		SW	M241
Shudu Tsenpa SE, P6915, (S 3km of Pauhunri)	△	285530	885227	6915		SE	AAJ Unclimbed
Shudu Tsenpa (E 3km S of Pauhunri)	△	275750	885000	7032		NS	
Shudu Tsenpa (Pauhunri SW)	△	275542	885141	7032		SE	AAJ, M246 Unclimbed
Simugupchuri		272700	884800	5055		SW	M235
Simvo -IV (Simvu)(N)	△	274215	881458	6587		SW	AAJ, M234
Simvo -V (NE)	△	274223	881517	6540	6555	SW	AAJ, M234
Simvo-I(SW)	○	274044	881438	6812		SW	AAJ M234, HH45, OG113, (1979 India)
Simvo-II (SC)	△	274100	881400	6811		SW	M234
Simvo-III (East)	△	274100	881400	6671		SW	M234
Singyel Lhu		274000	882050	5712		SW	M253
Siniolchu (I)(SW)	○	274300	881900	6887	6812	SW	6888, M230, HH46, OG118 (1936 German)
Sphinx, (Pathibara East), P6824, (NE 2km of Pyramid Peak (Pathibara))	○	274928	881125	6824	6832	SW	AAJ, M264, OG76
Sugarloaf	○	274524	881312	6455		SW	AAJ,M245, OG100
Talung (Peak)	○	272915	880801	7349		SW	AAJ, M296,OG131 (1964 German)
Talung Saddle		273930	880840	6685	6745	SW	M296
Tangchung Kang		274710	882410	5303		SW	M298
Tent Peak (Kirat Chuli)	○	274710	881155	7365		SW	AAJ, M343, OG88, (1939 German)
Theukang		274900	881900	6038		SW	M336
Tingcheng Khang (Thansing valley)	○	273235	881303	6010	5603	SW	M335, HH46, Trek Peak, (1998 Indo-UK)
Twins-I(West) (Gimmigela-I)	○	274427	880942	7350		SW	AAJ, M346, OG104 (1994 Japan)
Twins-II (Gimmigela-II)		274438	881057	7005		SW	AAJ
White Wave (Anidesha Chuli)		274206	880413	6797		SW	AAJ
Yakjuknamteng		274335	882335	5643		SW	M559
Yulhekang		275836	884010	6429		SE	AAJ, M565
Zemu Gap	○	274025	881305	5861		SW	M271
Zemu Peak	△	274200	881100	7730	7780	SW	78-A-2, VP & OTP, OG127,Unclimbed
Zuchehutl		274255	880950	7741		SW	

Arnachal & Assm

PEAK NAME	Page	LAT(° ' ")	LON(° ' ")	ALT(m)	ALT2(m)	AREA	REF:M= 三省堂, OG= 尾形, HH=Ray, (First Asc.Y & C)
Bai Ri(白里) (Sendam Pu W 2km)	△	294800	925300	6024		AR	

Chumo-I (On McMhon Line) (SW 2.5km of Nyegygi Kangsang)	○	275500	923800	6890	6896	AR	Unclimbed, Himalaya Famous Mountain Encyclopedia(HFME) (名峰事典)
Chumo-II (On McMhon Line) (Nyegygi Kangsang の SW 2.5km)	○	275500	923700	6710		AR	Unclimbed P., (HFME) (名峰事典)
Gori Chen-I(On McMhon Line)	○	275300	923000	6858	6488	AR	6538, 6490, M196, HH31, (HFME) (名峰事典)
Gori Chen-II(On McMhon Line)	△	275300	923000	6848	6538	AR	6491, HH31, M196, HH31, (HFME)(名峰事典)
Gyala Peri(加拉白里)	○	294900	945900	7294	7154	AR	97 M130
Kadusan		282000	963700	5108		AR	4 M97
Kangri Karpo		292800	960600	6602		AR	7 M124
Kangto (Kangdu) (Sheihan Talbo)(康格多)	○	275400	923200	7055	6887	AR	7042, 7090, 7060,7087, 4 M121,HH33,Unclimbed p., (HFME)(名峰事典)
Kongbo Peri		292800	942500	6000		AS	97
Langiabao(in China) (Namcek の衛星峰)	○	293900	950000	6936		AS	Unclimbed P., (HFME) (名峰事典)
Langmenzbra (Gyara Peri W 10km)		294750	945200	6846		AR	
Magangongtai(Sengdam Pu N 15km)		294900	945200	6284		AR	
Makandro		295300	950100	6900		AR	97 M518
Naipen (Nai Peng)(in China)	○	293700	953000	7043		AS	(1992 Japan)
Namche Barwa(南迦巴瓦)(in China)	○	293600	950300	7782	7755	AS	97, JAC Ascent M368
Nyegygi Kangsang(Tui Kangri) (推崗日)	○	275300	923100	7047	6883	AR	7050,7206, 20 M383, (1995 IMF, India)
P6130, (E 13km of Nai Peng)		293600	954000	6130		AS	
P6222 (E of Gorichen)		293600	954200	6222		AR	HH32, (1994 India)
P6247 (E of Gorichen)		293600	954200	6247		AR	HH32, (1987 India)
P6424, (SE 10km of Nai Peng)		293500	954000	6424		AS	
P6592(Langmenzbra w 1km on the ridge)		294900	950800	6592		AR	
P6622(Langmenzbra w 1km on the ridge)		293850	950000	6622		AR	
P6806(Langmenzbra w 1km on the ridge)		294700	945100	6806		AR	
Pab Ri		292600	942000	6000		AR	97
Sanglung(加拉白 (?) 峰)	○	293900	950800	7095	7043	AS	7294, 97
Sengdam Pu(加門井巴山)	○	294800	945200	6812	6309	AS	97
Takpa Shiri	○	281000	925200	5735	6655	AR	7 M289
Tamnyen	○	291700	944600	5009		AS	
Temu Tse	○	293200	940400	5500	6500	AS	97
Tui Kangri		283400	923951	6883			
Yarlung Syangpo (Yarla Shampo)(沢当鎮) (Yalzampo river, Right Bank, SSD 38km of Tsueten)		284200	920370	6635		AR	(HFME) (名峰事典), p.77 (2007 Yamagata Mountain-eering Federation of Japan(山形岳連))